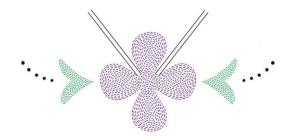
National Inquiry into Missing and Murdered Indigenous Women and Girls



Enquête nationale sur les femmes et les filles autochtones disparues et assassinées

National Inquiry into Missing and Murdered
Indigenous Women and Girls
Truth-Gathering Process
Part 1 Statement Gathering
Prince Albert, Saskatchewan



PUBLIC

Wednesday March 28, 2018

Statement - Volume 416

Aleisha Charles, Margaret Bird, Ashley Howe & Mitchell Poitras, In relation to Happy Charles

Statement gathered by Jayme Menzies

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II NOTE

The use of square brackets [] in this transcript indicates that amendments have been made to the certified transcript in order to replace information deemed inaudible or indecipherable by the original transcriptionist. Amendments were completed by listening to the source audio recording of the proceeding and were made by Maryiam Khoury, Public Inquiry Clerk with the National Inquiry into Missing and Murdered Indigenous Women, Girls and 2SLGBTQ, August 1st and 2nd, 2018 at Ottawa, Ontario.

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Documents submitted with testimony: none.

1 Prince Albert, Saskatchewan

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- 2 --- Upon commencing on Wednesday, March 28, 2018
- 3 at 4:04 p.m.
- 4 MS. JAYME MENZIES: I'm going to introduce
- 5 myself. I'm Jayme Menzies, and I am from Manitoba. The
- 6 date is March 28th, and it's 4:04. So I'm going to hand
- 7 the floor over to Mitchell, and if you don't mind
- 8 introducing yourself, and then you can get us started.
- 9 MR. MITCHELL POITRAS: My name is Mitchell
- 10 Poitras, and I am from La Ronge, Saskatchewan. I'm here to
- 11 talk about my sister that's been missing since April of
- 12 2017, and just really when she went missing. I feel like we
- 13 had only our family my immediate family helping. And
- 14 it really makes us, makes somebody feel helpless in a way
- 15 because it's such a big city, and we're not used to the
- 16 city because we live in a town. And you come to the city
- 17 to look for somebody, just, you don't know where to look.
- 18 And, yeah. You feel helpless. And, yeah. There was only
- 19 about eight of us, looking, searching. And it's just
- 20 really, I don't know, mind blowing, I guess. Like, how
- 21 we're, how we're disconnected from our own neighbours. We
- 22 no longer talk to our neighbours. We no longer have that
- 23 connection. As I was growing up, I felt a disconnection
- 24 because I did a, I did drink a lot and did drugs. But now
- 25 I'm starting to understand my connection, where I should

- 1 come from. Like, our culture is gone, our language. I
- 2 don't know my own language. Um, yeah. Just identity. My
- 3 own identity is gone and you are disconnected with each
- 4 other didn't keep it to find my sister. I think we all
- 5 should be together and working together as a community, but
- 6 my community in La Ronge because she's not even from
- 7 Prince Albert so not much people know, knew her. So it's
- 8 hard to get help from people that don't know what [who]
- 9 that person is. So I'm sure they'd help a family member,
- 10 but not just a random, random thing to do.
- 11 You girls want to say anything?
- 12 Yeah, just -- I don't know. Just really, pretty hard.
- MS. JAYME MENZIES: Can I ask you a
- 14 question about that?
- 15 MR. MITCHELL POITRAS: Um-hum.
- 16 MS. JAYME MENZIES: So when she went
- 17 missing initially, did somebody contact the police right
- 18 away, or what, what happened there? What was the timeline?
- MR. MITCHELL POITRAS: My mom I'm pretty
- 20 sure got contacted --
- 21 MS. ASHLEY HOWE: Within a week.
- 22 MR. MITCHELL POITRAS: -- yeah. Within
- 23 the week she went missing, because before she went missing,
- 24 like, before she actually went, went missing, she was
- 25 missing before that. And I guess her boyfriend had her

- 1 locked up, but the police don't investigate him or do
- 2 anything it seems. Like, they don't -- I don't know. I
- 3 don't want to say they don't care, but it seems they don't
- 4 want to, they don't want to go forward on investigating
- 5 further --
- 6 MS. JAYME MENZIES: Right.
- 7 MR. MITCHELL POITRAS: -- who the, who
- 8 the, um, guilty people might be. Like, usually when
- 9 somebody goes missing, you look, you look at their spouse -
- 10 -
- 11 MS. JAYME MENZIES: Yeah.
- MR. MITCHELL POITRAS: -- like, that's
- 13 usually the first person you think. But no, in that -- in
- 14 my sister's case they didn't -- well I don't know if they
- 15 investigated him or -- because I've seen him going around
- 16 searching, like, for two days, and then he was gone again
- 17 back to his lifestyle.
- 18 MS. JAYME MENZIES: Um-hum. Right. So she
- 19 -- nobody was hearing from her for about a week, and then
- 20 we called the cops, and then they pronounced her missing,
- 21 kind of thing.
- MS. ASHLEY HOWE: Well, we knew, like,
- 23 she was in Prince Albert, and even then, we didn't get a
- 24 hold of her, like, the next day or two. So -- and then we
- 25 all came down.

- 1 MR. MITCHELL POITRAS: And for some
- 2 reason, his mom phoned my mom, and she never talks to my
- 3 mom.
- 4 MS. MARGARET BIRD: I think the (inaudible)
- 5 [one time --] the last time we talked to her was the 2nd --
- 6 MR. MITCHELL POITRAS: Um-hum.
- 7 MS. MARGARET BIRD: -- and then the 3rd was
- 8 the last time they saw her on video. And then maybe 6th or
- 9 the 7th, I got a message, from, from [M.], that's
- 10 [Boyfriend]'s brother's wife, and she asked me what
- 11 happened to my mom. And right after that she started
- 12 naming some other guy's name. I forgot what his name was,
- 13 but I have it on my phone.
- MR. MITCHELL POITRAS: Um, [B.]? Is that
- 15 the one?
- MS. MARGARET BIRD: No, this was a
- 17 different name.
- MS. ASHLEY HOWE: (Inaudible) [That's what]
- 19 they're talking about in Saskatoon or something.
- MS. MARGARET BIRD: No, they said that he
- 21 was in La Ronge and he was, he would [A.] said that she
- 22 was last seen in La Ronge with him. She said -- I don't
- 23 know. Her story seemed, like, really mixed up, though.
- 24 (Several people speaking at the same time)
- MS. ASHLEY HOWE: By herself and she was

- 1 with [Boyfriend] when she got here. Because they met up.
- 2 MR. MITCHELL POITRAS: And another thing
- 3 that I find very disturbing, actually, is we hacked into my
- 4 sister's Facebook and we checked the messages from her
- 5 boyfriend, [Boyfriend], and there was only four messages
- 6 between each other in that whole time they were dating --
- 7 or together. They have a child together. There's only
- 8 four messages between them in that Facebook. And I looked
- 9 at all the other old messages and you could see absolutely
- 10 everyone. Somebody went in there and deleted them, which
- 11 is -- I don't know. Just makes me want to tear my hair
- 12 out. It's so obvious, like --
- MS. JAYME MENZIES: Right.
- MS. ASHLEY HOWE: Yeah, and the message
- 15 was,
- "Oh, what happened to you the other
- 17 night?"
- 18 Well, would you wait a few nights to
- 19 message her when she has nowhere else to call there besides
- 20 to see you?
- 21 MR. MITCHELL POITRAS: Um-hum. She was
- 22 going to go see him.
- MS. JAYME MENZIES: Hum.
- 24 MS. ASHLEY HOWE: Because he waited a few
- 25 days after she got there. Because, like, as soon as she

- 2 missing.

1

3 MR. MITCHELL POITRAS: And there's some

got there to P.A., that was within the day she went

- 4 footage I seen but, but, I don't know. It doesn't seem
- 5 like she's doing what they say -- the police think that
- 6 she's doing. They think that she's just digging in the
- 7 garbage. It doesn't look that way.
- 8 MS. ASHLEY HOWE: Sometimes it looks like
- 9 she's hiding in some of those pictures, too, they showed
- 10 us. But then, can't they keep following her to see more?
- 11 Like, didn't get that much out of those videos and
- 12 pictures.
- MR. MITCHELL POITRAS: And street cameras,
- 14 they didn't show us those.
- MS. MARGARET BIRD: They started bringing
- 16 up the name [A.R.], that they saw her with him, and [E.]'s.
- MS. ASHLEY HOWE: But that's not even who
- 18 she was with in Prince Albert.
- 19 MR. MITCHELL POITRAS: Yeah. He was in La
- 20 Ronge the whole time. They were just --
- MS. JAYME MENZIES: It's just a lot of
- 22 conflicting --
- MR. MITCHELL POITRAS: Yeah. They're --
- 24 MS. JAYME MENZIES: -- stuff, stuff.
- MR. MITCHELL POITRAS: It's like

- 7
- 1 [Boyfriend]'s family knew that they were trying to confuse
- 2 us on our own search.
- MS. ASHLEY HOWE: (Inaudible) [Might] even
- 4 seen her that -- when she hitchhiked. Because she stopped
- 5 by my work, and she was all by herself. She wasn't with no
- 6 one. And I guess that's when she left the apartment and
- 7 hitchhiked there.
- 8 MS. JAYME MENZIES: So did the police
- 9 start either investigating any of those guys right away or
- 10 help you start searching right away?
- 11 MR. MITCHELL POITRAS: They didn't help
- 12 search anywhere.
- 13 MS. ASHLEY HOWE: They just basically say,
- "Oh, she was missing a lot there."
- 15 MR. MITCHELL POITRAS: Yeah. They just
- 16 pretty much disregard she's a human being because of her
- 17 lifestyle.
- MS. JAYME MENZIES: Right.
- MR. MITCHELL POITRAS: So she's living
- 20 that lifestyle. They don't really seem to care. Because I
- 21 remember -- I can't remember who it was but they were
- 22 talking about a lady that's a hooker. They were talking
- 23 about that, and they were saying,
- 24 "Oh, she's just a hooker."
- MS. JAYME MENZIES: Right. So they have

1 that attitude and that --

- 2 MR. MITCHELL POITRAS: That's a human
- 3 being.
- 4 MS. JAYME MENZIES: Um-hum.
- 5 MR. MITCHELL POITRAS: It doesn't matter
- 6 what they're doing; it's still a human being. And they
- 7 have kids, they have families --
- MS. JAYME MENZIES: Right. good point.
- 9 MR. MITCHELL POITRAS: They're somebody's
- 10 sister, someone's relative, and you can't just take that
- 11 away from other people just because of their lifestyle.
- 12 Because there's people that love that person. And that
- 13 kind of mentality is not something we should be putting
- 14 into our future and our children's future. The hate needs
- 15 to be -- I don't know. It's the way people are raised. I
- 16 don't think it's the kids. There's no way kids can act
- 17 that way. Yeah, it's a lot to do with the way we're
- 18 brought up. But yeah, the help received, I don't -- I
- 19 think I seen them once, but they weren't even searching
- 20 where we were searching. They were just driving in an
- 21 alley. That was the only time I seen the police actually
- 22 searching.
- MS. ASHLEY HOWE: Couldn't have -- they
- 24 could have been not even searching for her. Just a call or
- 25 something.

- 1 MR. MITCHELL POITRAS: Yeah. They just
- 2 could have randomly.
- 3 MS. MARGARET BIRD: For a while there,
- 4 they'd come out when we, when we found something.
- 5 MS. ASHLEY HOWE: Yeah. They'd just come
- 6 check out what we'd find. Yeah.
- 7 MR. MITCHELL POITRAS: They could find,
- 8 like, shoes in the bush, and then we'd call them, and then
- 9 they'd just come and just come --
- MS. ASHLEY HOWE: They found, like,
- 11 backpack and stuff like --
- MS. JAYME MENZIES: Not necessarily
- 13 Happy's, but just people's --
- MS. ASHLEY HOWE: No, but just didn't want
- 15 to touch it and --
- MR. MITCHELL POITRAS: Um-hum.
- MS. JAYME MENZIES: Oh, yeah.
- 18 MR. MITCHELL POITRAS: In case it was hers
- 19 or --
- MS. JAYME MENZIES: Right.
- 21 MS. MARGARET BIRD: And after a certain
- 22 point, they stopped, they stopped coming out when we called
- 23 them.
- MS. JAYME MENZIES: So how, how is that on
- 25 your family here -- I guess you guys probably came into

- 1 Prince Albert and spent some time searching?
- MR. MITCHELL POITRAS: Yeah.
- 3 MS. JAYME MENZIES: So how did it affect
- 4 the family having to do that?
- 5 MR. MITCHELL POITRAS: It took a lot of,
- 6 it took a lot of money.
- 7 MS. MARGARET BIRD: Energy.
- 8 MR. MITCHELL POITRAS: Yeah.
- 9 MS. ALEISHA CHARLES: I got dumped.
- 10 MS. JAYME MENZIES: Just because you were
- 11 devoting so much time to --
- MS. ALEISHA CHARLES: Yeah.
- 13 MR. MITCHELL POITRAS: To searching.
- MS. MARGARET BIRD: Emotionally draining.
- MS. JAYME MENZIES: Yeah.
- MR. MITCHELL POITRAS: Yeah. Yeah, just -
- 17 I don't know. We just all probably feel so helpless,
- 18 like, it's such a big city, because we're not used to the
- 19 city and we don't know where the people that live that
- 20 lifestyle, we don't know where they go. Like, we asked the
- 21 people on the streets where spots are and we found a few
- 22 places, but no, no evidence of my sister.
- MS. MARGARET BIRD: And it's just one piece
- 24 of evidence is when her hat was found. Some guy found it.
- 25 I forgot where it was. I think (inaudible) [it was]

- 1 Twilight Hotel (ph), maybe.
- 2 MR. MITCHELL POITRAS: Yeah. That sounds
- 3 right.
- 4 MS. MARGARET BIRD: That guy showed it to
- 5 [Boyfriend] and he said,
- 6 "Hey, this is Happy's hat."
- 7 Because he saw my mom's name in the
- inside of it. And then right away, [Boyfriend] got really 8
- 9 mad and grabbed the hat out of his hand and said -- he
- 10 swore at him and said -- I forgot what he said. But he, but
- 11 he put it in his backpack. And then that guy told my Kukom
- 12 (ph) about it. And then my Kukom told the police. And
- 13 the police didn't do anything with it
- 14 MS. JAYME MENZIES: They didn't go ask
- [Boyfriend] about that or anything? 15
- 16 MS. MARGARET BIRD: No.
- 17 MS. ASHLEY HOWE: Like, they could have
- 18 did, did more at the time with [Boyfriend] and then his
- 19 mom, and -- I don't know.
- 20 MS. MARGARET BIRD: It's just suspicious
- 21 when she left. Like, she's been in the apartment for
- 22 years, and all of a sudden, once my mom goes missing, like,
- 23 a month later, she's out of there.
- 2.4 (Several people speaking at the same time)
- 25 MR. MITCHELL POITRAS: Changed her

- 1 vehicle.
- MS. JAYME MENZIES: Who's this, sorry?
- 3 MS. MARGARET BIRD: [Boyfriend]'s mom.
- 4 MR. MITCHELL POITRAS: [Boyfriend]'s mom.
- 5 MS. JAYME MENZIES: Oh, okay.
- 6 MR. MITCHELL POITRAS: That's who he lives
- 7 with.
- 8 MS. JAYME MENZIES: Oh, okay.
- 9 MS. ASHLEY HOWE: And when he had her
- 10 before, [Boyfriend]'s mom was in that house.
- 11 MR. MITCHELL POITRAS: Yeah, yeah. She
- 12 let [Boyfriend] keep Happy, and we thought she was missing.
- MS. JAYME MENZIES: Right.
- 14 MR. MITCHELL POITRAS: And she was beaten
- 15 to the point where he didn't want to let anybody see her,
- 16 and his mom let him do that.
- 17 MS. JAYME MENZIES: When did this incident
- 18 happen? Is this --
- MR. MITCHELL POITRAS: Um, about a -- was
- 20 that about a year before she went missing? Or -- I don't
- 21 know. That was quite a while, actually --
- MS. ASHLEY HOWE: Because he would always
- 23 beat her. ...
- 24 MR. MITCHELL POITRAS: Yeah.
- 25 (Several people speaking at the same

- 1 time)
- 2 MS. ASHLEY HOWE: (Inaudible) [They
- 3 probably just] took it too far, I'm thinking. I don't
- 4 know.
- 5 MS. ALEISHA CHARLES: That was, like, three
- 6 or four years ago.
- 7 MR. MITCHELL POITRAS: Yeah. I don't
- 8 know. Time flies.
- 9 MS. JAYME MENZIES: So I did have a few
- 10 more questions, but maybe I'll just open the floor to you
- 11 two to just, kind of, share whatever comes to mind for a
- 12 bit. If you don't mind introducing yourself first, and then
- 13 we can kind of (inaudible) a little bit.
- 14 MS. MARGARET BIRD: My name is Margaret
- 15 Bird. I'm Happy's second oldest daughter. I'm 21, from La
- 16 Ronge. This has been, like, a really hard year for me.
- 17 And I've been through me and my family have been through
- 18 a lot and... from when she first went missing, the first
- 19 year I, I wasn't getting a really good feeling, but I still
- 20 had a lot of hope. But I tried to push away that feeling
- 21 that she, she was gone. Then after a month rolled in, I
- 22 started feeling like she wouldn't, she wouldn't leave us
- 23 for this long and she's never -- the only time I've been
- 24 that, been that, been away from her for that long when I
- 25 was in foster care. And she was, she was always talking

- 1 with my Kukom (ph). I just felt like something was, wasn't
- 2 right. Something happened to her. Because things started
- 3 not adding up with [Boyfriend] and his family. And, and,
- 4 and it's a really hard thing hearing people say that we'll
- 5 find her and I'm sure she's okay, she'll be okay. Because
- 6 somewhere I felt like she wasn't okay. She was, she was
- 7 gone. Because if my mom were still alive, she's be here
- 8 right now. I don't know what to expect from here on out.
- 9 I just hope that the cops will do what they can. And I
- 10 still pray that we find her. I don't really think about it
- 11 too much anymore. It's just -- it just makes me frustrated
- 12 because they could have done a lot more from the beginning
- 13 -- the cops. They could have had a, a search party go out.
- 14 They could have checked the whole area with the whole town
- 15 or city with dogs.
- MR. MITCHELL POITRAS: They could have
- 17 told everyone to look in their backyards like they did for
- 18 the other lady that went missing and they found within a
- 19 week.
- MS. MARGARET BIRD: We believe that maybe
- 21 her body's been moved. So if they were out there from the
- 22 beginning, we could have found her.
- MR. MITCHELL POITRAS: Like, even saying
- 24 it on the radio, just say,
- 25 "This woman is missing, can you

1 please check outside your house?" 2 Or -- we don't have the authority to go 3 and investigate people. Like, we know people that could have been doing this kind of stuff, but we can't go, we 4 don't have the authority. We don't have a badge and we 5 6 can't go, like, do that kind of stuff. 7 MS. ALEISHA CHARLES: Because [Boyfriend] and [R.]'s place was basically her last place of residency, 8 9 something like that. Because she must have been there for 10 a little while. They should have gone to check there. MR. MITCHELL POITRAS: Yeah. 11 12 another thing. They didn't often bother checking 13 [Boyfriend]'s house. Like, yeah, I don't know. Like, that's the main thing that investigators should be looking 14 15 at. As a police officer, you got to look at the spouse, 16 because those are the two that would be fighting. It's not 17 some random person out, out there. It's usually the couple 18 that are fighting. And something probably happened or --19 MS. ASHLEY HOWE: Yeah. Or check the 20 vehicle that, they could find, like, maybe blood, blood 2.1 traces or something in there. 22 MR. MITCHELL POITRAS: Yeah, DNA. 23 MS. ASHLEY HOWE: They could have found 24 more evidence at the beginning. Now it's --25 MR. MITCHELL POITRAS: Now she switched in

- 1 her [vehicle] -- and she doesn't have that apartment
- 2 anymore.
- MS. ASHLEY HOWE: (Inaudible).
- 4 MR. MITCHELL POITRAS: I didn't want to
- 5 point fingers at them, and I don't want to blame anybody,
- 6 but the lack of investigation is incredible. I would be
- 7 ashamed to be an investigator on that case, to call myself
- 8 a police officer and wear that badge. Because I'm sure
- 9 they don't really have anything -- we did more
- 10 investigating in that case than the police officers did.
- 11 We even hacked into my own sister's Facebook which they
- 12 said they would do.
- MS. ASHLEY HOWE: They were waiting for
- 14 someone from --
- MR. MITCHELL POITRAS: California, they
- 16 said.
- 17 (Several people speaking at the same time)
- 18 MS. ASHLEY HOWE: -- Facebook, they just
- 19 took it from us.
- MR. MITCHELL POITRAS: Yeah. And didn't
- 21 let us see anything else.
- 22 MS. ASHLEY HOWE: Because we called them
- 23 right away when we got into it. We just checked those
- 24 messages from [Boyfriend] and circulation pretty much, and
- 25 (inaudible) [browsed through, see] if there was anything.

1 MS. JAYME MENZIES: (Inaudible) [Should -] do you want to introduce yourself and say a few words? 2 3 MS. ALEISHA CHARLES: My name is Aleisha 4 I'm 22. I'm my mom's oldest daughter -- Happy. 5 I'm from La Ronge as well. I always delete my messages on my Facebook. I, I like a clean, I like a clean message 6 7 thingy, and my mom's Facebook, she left, she left it on, on my tablet, and I locked her out. I didn't look at any of 8 9 her messages because I, I respected that. But something 10 was telling me to look, though. She wasn't gone yet. She 11 didn't leave, yet, but I wanted to -- I felt like I needed 12 to look. I just, I just stopped my curiosity there and 13 just turned it off and her last messages to me I deleted. I tried to not think about that feeling that I had that 14 15 this was the last time, because I knew when I first felt 16 her hugging me that -- before she was leaving on April 1st, 17 when she hugged me, I knew it was going to be the last time 18 I saw her. And it was a really short hug. Wasn't even two 19 seconds. And I just said, "See you later," 20 and she left. And I took off her 2.1 22 If I had listened to my feelings, if I had, if I Facebook. 23 hadn't just ignored that feeling that I had, I could have

checked her messages and seen, seen that she was going to

go and see [Boyfriend]. And she always, she always used to

24

25

- 1 say that she'd never go back to him, but -- because he was
- 2 really abusive. But you know, you know, it's hard not to go
- 3 back to someone when you think that it's the only person
- 4 that would ever want you. And that's how she thought. So
- 5 she was, she was going to P.A. to go see [Boyfriend]. I
- 6 found out the next week that she was, she was missing on
- 7 the, on the seventh. I was still trying to not believe it.
- 8 I already had this really dark feeling inside that she
- 9 wasn't around anymore, that she wasn't even with us
- 10 anymore, but some (inaudible) [like Margaret] said I tried
- 11 to drown that out and just believe it wasn't true and tried
- 12 to hope. After that, I was, I was kind of spiralling with
- 13 my emotions. They were, they were going crazy and my, my
- 14 boyfriend at the time that's my baby's daddy couldn't
- 15 handle, handle what I was going through. It was too much
- 16 for him because he was, he was already a suicidal person
- 17 and dealing with me and his own feelings at the same time;
- 18 he couldn't do it. And he just broke up with me right away.
- 19 And he stopped seeing his son, too. So I had to kind of
- 20 try and deal with it alone, I guess. And as more time went
- 21 by, I still had hope, but -- I was still spiralling and I
- 22 got a new boyfriend since then and with that one I was
- 23 being the worst girlfriend ever. I was just -- I was -- I
- 24 had -- I cried a lot because I missed my mom. And -- I
- 25 don't know. We just kind of all accepted that she wasn't

- 1 alive anymore. And I was, I was, I started getting really
- 2 violent, and I didn't project any of that to my son. But I
- 3 did, I was very violent with my boyfriend. Like, I know
- 4 that it's wrong of me to do that. I just -- I didn't know
- 5 how else to deal with my emotions. And I hadn't been to a
- 6 sweat in a long time, either. And I was also having
- 7 miscarriage after miscarriage, and it was just getting
- 8 worse and worse throughout this whole year. And
- 9 I just, I just wish I could talk to my mom. Talk to her
- 10 about everything. It's, it's really unfair that everything
- 11 that could have been done wasn't done to find her. We
- 12 could have had closure. I think I feel like I need a
- 13 funeral to move on because it doesn't, it doesn't seem
- 14 like, it doesn't seem like -- I don't, I don't even put it
- 15 in words. Because in my dreams when, when I see her, it
- 16 just seems like she came back and I wind up missing her all
- 17 over again. Like, she's just freshly left. And it's not -
- 18 it hasn't -- that closure isn't there because I don't --
- 19 I haven't seen her, and that's just what I need, I think.
- MS. JAYME MENZIES: A question, a question
- 21 for any of you. Have, have you been offered any services
- 22 from any organization for, like, a therapist or a
- 23 counsellor or a psychologist or any kind of grief support
- 24 or anything like that? Has any -- have any organizations -
- 25 or even the cops or the justice system or anything -

- 1 reached out to anybody in the family for -- to offer that
- 2 sort of stuff?
- 3 MR. MITCHELL POITRAS: Not me.
- 4 MS. MARGARET BIRD: Not for me, either.
- 5 MR. MITCHELL POITRAS: We're the forgotten
- 6 ones, I guess you'd say.
- 7 MS. JAYME MENZIES: Do you know if anybody
- 8 in the family has been informed of options about that?
- 9 MR. MITCHELL POITRAS: I think they would
- 10 have told the rest of us if --
- MS. JAYME MENZIES: Yeah.
- MR. MITCHELL POITRAS: -- because we all
- 13 got out there at that time and we all help either other
- 14 out.
- 15 MS. JAYME MENZIES: Um-hum.
- MR. MITCHELL POITRAS: And my parents are,
- 17 like, I'm very grateful for my parents because they're both
- 18 very powerful spiritual people, and they helped us become
- 19 who we are today. Like, me and my bothers and my sister,
- 20 we all respect everybody. We don't hurt anybody, we don't
- 21 do anything. Which is why I don't understand why somebody
- 22 would even hurt my sister. Because we were raised to not
- 23 hurt people. And my sister, even if she was under the
- 24 influence, she wouldn't go out of her way to hurt somebody.
- 25 She's just not that kind of person. Like, that's how I

- 1 think everybody should be. I'm not saying we're all, we're
- 2 all great, but we got to have those values of helping our
- 3 neighbour. Respecting others, respect them the way you
- 4 want to be treated. No matter what you're going through.
- 5 Yeah. They -- I think they've helped me a lot.
- 6 MS. JAYME MENZIES: Your parents have?
- 7 MR. MITCHELL POITRAS: Yeah. And our, our
- 8 teachings.
- 9 MS. JAYME MENZIES: Yeah. I heard mention
- 10 of a sweat. Have you guys done any sort of sweats or
- 11 ceremonies or anything since?
- MR. MITCHELL POITRAS: Not as much because
- 13 my dad is sick.
- MS. JAYME MENZIES: Oh.
- MR. MITCHELL POITRAS: Yeah. So, we're
- 16 usually doing a lot of them --
- MS. ASHLEY HOWE: A lot of people that came
- 18 to the sweats, all of those people have been coming to
- 19 help.
- MS. JAYME MENZIES: Um-hum.
- 21 MS. ASHLEY HOWE: (Inaudible) traditional.
- MS. JAYME MENZIES: Right.
- MS. ALEISHA CHARLES: There's a sweat every
- 24 week in Stanley Mission, but --
- MS. ASHLEY HOWE: Can't always make it over

- 1 there.
- 2 MS. ALEISHA CHARLES: It's really hard to
- 3 get over there.
- 4 MS. ASHLEY HOWE: The roads --
- 5 MR. MITCHELL POITRAS: Yeah. The roads
- 6 are horrible to Stanley.
- 7 MS. ALEISHA CHARLES: I would like to be
- 8 able to go there most [more] often, and maybe (inaudible)
- 9 bridge (inaudible) pretty much.
- MS. ASHLEY HOWE: And then the sweats, too,
- 11 when they had the sweat over there, people are putting it
- 12 down, the sweat they have at their house.
- 13 MR. MITCHELL POITRAS: Yeah, it's still,
- 14 still very ridiculed, like, our tradition.
- MS. JAYME MENZIES: By?
- 16 MR. MITCHELL POITRAS: By our own people.
- MS. ASHLEY HOWE: Like, his neighbours -
- 18 drug dealer, partier neighbours saying,
- "I don't know why they have sweats
- over there. It doesn't make me
- 21 comfortable."
- He's not bugging anyone. It's in their
- 23 own yard.
- 24 MR. MITCHELL POITRAS: It's like me saying
- 25 I don't want that church sitting there.

- 1 MS. JAYME MENZIES: Right.
- 2 MR. MITCHELL POITRAS: It's the way --
- 3 it's our way of -- it's not even a religion. It's a way of
- 4 life, it's spirituality. And (inaudible) [we don't] go by
- 5 our religion. We accept all religions in our way of life.
- 6 Like, we have a lot of different religions coming into the
- 7 sweat, too. My dad invites people from out, outside of
- 8 our, our ways, I guess.
- 9 MS. JAYME MENZIES: Margaret, have you,
- 10 have you spoken to anyone? A professional or any -- gone
- 11 to any sweats or anything like that, that have helped you
- 12 since?
- MS. MARGARET BIRD: I talked to a lady
- 14 once but -- at the hospital. I didn't really feel
- 15 comfortable talking to her, though. So I didn't go back.
- 16 MS. ASHLEY HOWE: Yeah, those people, they
- 17 do not make people feel comfortable.
- 18 MS. MARGARET BIRD: I've been to a sweat
- 19 down south -- a couple of them. Whenever we have a sweat
- 20 here it's usually on a day that I work, and I can't, like -
- 21 I don't know, like, give up hours. So I don't go to
- 22 sweats too often, but I'm not, like, you know, into drugs
- 23 or alcohol or anything either.
- MS. ASHLEY HOWE: Sweats are okay, but it's
- 25 still not the closure we need. It's not going to bring her

- 1 back.
- MS. JAYME MENZIES: Um-hum.
- 3 MS. MARGARET BIRD: It's, it's healing.
- 4 Still I feel, like -- I still feel like I'm trying to get
- 5 though every day. Like, try and make it through the day.
- 6 MS. ALEISHA CHARLES: I seen a mental
- 7 health officer. I don't know how to -- what they're
- 8 called. Someone that lets you talk to them or something,
- 9 about three times, I guess. But, by the end of the third
- 10 one, they said I was healed and that I was good to go.
- 11 MS. MARGARET BIRD: Yeah. Whenever I
- 12 talked them, too, they were, like,
- 13 "Oh, it looks, it looks like you
- 14 already know what you need to know."
- And that was, just, like, the first visit.
- 16 Like, she'd tell me things I already knew. Like, didn't
- 17 really make me feel any better.
- 18 MS. ASHLEY HOWE: Yeah. Some days are
- 19 easier, some are harder, it just depends. Because they
- 20 don't know what you're going through, they just say,
- "Oh, okay. You seem okay."
- MS. JAYME MENZIES: These people that you
- 23 spoke to were they in Prince Albert or available in La
- 24 Ronge for you guys?
- 25 MS. ALEISHA CHARLES: They were in La

- 1 Ronge. And I do find that I feel a lot happier after I go
- 2 to a sweat lodge, but I don't get to do that often.
- MS. MARGARET BIRD: I agree.
- 4 MR. MITCHELL POITRAS: Yeah. It gets rid
- 5 of a lot of bad energy.
- 6 MS. MARGARET BIRD: It's a (inaudible)
- 7 [lot] clean [--]
- 8 MR. MITCHELL POITRAS: (Inaudible) [It]
- 9 clean, cleans your system it feels like. (Inaudible)
- 10 [Relieving].
- 11 MS. MARGARET BIRD: We just, like, lack
- 12 funds for gas to, to go out of town, to go to the sweat or
- 13 to get wood, too, to have a sweat at our place. So either
- 14 way you're still spending, like, \$100 or more. Because you
- 15 got to get wood and flakes (ph) for praying.
- MS. ALEISHA CHARLES: And tobacco, and you
- 17 got to get everything every time.
- 18 MR. MITCHELL POITRAS: All the (inaudible)
- 19 [Yeah --].
- MS. JAYME MENZIES: So my understanding is
- 21 there hasn't really been much of an investigation, no
- 22 charges have been laid against anyone. What's -- does your
- 23 family have a plan going forward or -- as individuals or as
- 24 a family, what do you think are the next steps? Are you
- 25 guys going to continue searching or is the -- are the

- 1 police still investigating? Like, what happens now?
- 2 MS. MARGARET BIRD: There's a search in
- 3 May. A search we've been fundraising for.
- 4 MR. MITCHELL POITRAS: Once the snow melts
- 5 more, we'll be able to see the, see everything again. But
- 6 it'll probably just be -- well, I don't want to think
- 7 negative, because you always get a negative outcome, but if
- 8 we stay positive and go search, hopefully we can find
- 9 something.
- 10 MS. JAYME MENZIES: Um-hum. What kind of
- 11 -- so for your family and for other families that are going
- 12 through this because unfortunately, there are too many
- 13 families that have to deal with this sort thing what kind
- 14 of things could be in place that would make this process
- 15 easier for you guys? Whether it's funding or something
- 16 that the cops do differently or mental health, you know,
- 17 mental health aids or, you know, anything. Like, what
- 18 could make this whole process easier for your family?
- MR. MITCHELL POITRAS: I think having,
- 20 having something set up for people to be able to have their
- 21 voice heard more widely. Instead of just, kind of, hidden
- 22 investigation, kind of. Because we were trying to put it
- 23 on Facebook and trying to get -- but we're not popular
- 24 people so we don't get much help. Like, having a voice, I
- 25 guess. Having somebody voice out it that this person is

- 1 missing and if you see her then try and look out your, your
- 2 backyard or your apartment or wherever your anything. I
- 3 don't know, it's just really -- it's kind of hard because
- 4 it's a city. In a smaller town, it'd be easier to set up
- 5 something to help people.
- 6 MS. JAYME MENZIES: Yeah. Um-hum.
- 7 MR. MITCHELL POITRAS: Yeah. I think that
- 8 would be the biggest help because, like, having more, more
- 9 bodies, I guess.
- MS. JAYME MENZIES: Okay.
- MR. MITCHELL POITRAS: Yeah, more people.
- MS. ASHLEY HOWE: Check more to the outside
- 13 so (inaudible) [I think --] because they -- I don't know.
- 14 They think more in the highways, they're going to have to
- 15 do a long search, and it will take a while.
- 16 MR. MITCHELL POITRAS: And investigators
- 17 that actually know how to use a computer, because the ones
- 18 we spoke to didn't even know how to use their phones.
- 19 Their touch screens and their computers. And that guy said
- 20 he doesn't know much about technology, so I don't know how
- 21 he's going to search in these files when he doesn't know
- 22 anything. It doesn't make sense to be in that area of
- 23 work. Yeah. Just really it feels like the police are just
- 24 too busy for us. Maybe there's too much crime in the city
- 25 here going on that they can't help with the search. I

- 1 don't know. Like, yeah. They didn't -- I don't know why,
- 2 they still didn't investigate him -- well I don't -- I'm
- 3 pretty sure they didn't because he's still roaming around.
- 4 MS. JAYME MENZIES: Um-hum.
- 5 MR. MITCHELL POITRAS: I don't know why.
- 6 Like, if he was guilty, would you let somebody walk around
- 7 society that -- I don't know. Especially for somebody to
- 8 beat a woman until he doesn't want to let her out of the
- 9 room. Like, somebody like that probably has the what do
- 10 you call it conscience to take another person's life.
- 11 Because if you even hit a woman once, then you probably
- 12 don't even have a conscience at all, because no man should
- 13 be hitting any woman. It doesn't matter. It's not how he
- 14 should have been raised. If I even hurt a woman, holy
- 15 shit. My dad would beat the shit out of me. But I guess
- 16 it's the way you're raised. Some people just don't have
- 17 the time for their kids or something, I don't know. But
- 18 his dad -- well, I guess I shouldn't go into that, but --
- 19 yeah. I think he should be investigated soon anyway, or at
- 20 least talked to. There's something up with that.
- 21 MS. ASHLEY HOWE: They could have followed
- 22 him around or something at the beginning because then
- 23 something -- he'd probably go back there.
- 24 MR. MITCHELL POITRAS: And he wasn't
- 25 sleeping in his apartment because when they were searching,

- 1 they seen him sleeping in the graveyard, which is a weird
- 2 place to be sleeping.
- 3 MS. JAYME MENZIES: Do any of you guys
- 4 want to share some memories of your mom or your sister or
- 5 just kind of -- whether it's from when you were really
- 6 little or just more recent? Just kind of things about her
- 7 that you'll remember and that will honour her memory a
- 8 little bit?
- 9 MR. MITCHELL POITRAS: Yeah. She was
- 10 really, she was really good at fishing.
- 11 MS. JAYME MENZIES: Fishing?
- MR. MITCHELL POITRAS: Yeah. When I was
- 13 smaller, I remember my dad caught a fish and right away my
- 14 sister already had it cut up ready to cook. I was, like,
- "Holy, man. She's good."
- And then when I was younger, too, she
- 17 took me snare fishing, and just fish after fish they were
- 18 just pulling up. Like, I was this (inaudible) ["Grab this
- 19 one! Grab this one!" And I had] two poles with the, the
- 20 wire on it. And then when she'd pull one out, I'd give her
- 21 the other pole and she'd grab that pole and pull another.
- 22 Yeah. She was just really good. She taught me lots.
- 23 Yeah, she used to take us walking every day, too. Well,
- 24 took me walking and her kids. Go uptown every day. She
- 25 was a really, really awesome big sister.

- 1 MS. JAYME MENZIES: Aleisha? Is there
- 2 anything you'd like to share?
- MS. ALEISHA CHARLES: Whenever I'd have
- 4 troubles with anything, it seemed like she was the easiest
- 5 person to talk to about it. She wasn't judgmental and
- 6 she'd -- she wouldn't talk about how bad I was or anything
- 7 like that when I was telling her how I was feeling about
- 8 something. She was -- she can understand and she'd
- 9 sympathize with me and things like that. And it was really
- 10 the main person that I talk to about those things. She was
- 11 just, like, my, my emotional rock. And like, kind of hard
- 12 to find one that's as good as her, that was as good as she
- 13 was. But that -- she was good at making me laugh. She was
- 14 really weird. If I was getting overly upset or something,
- 15 she'd just do something really weird, like, all of a sudden
- 16 make a funny face or make a weird sound and I'd stop what I
- 17 was thinking and I'd just start laughing. She was really
- 18 good at that. And (inaudible) [I miss her a lot].
- MS. JAYME MENZIES: Margaret, did you want
- 20 to share anything?
- MS. MARGARET BIRD: She was really, she
- 22 was really kind. When I would be upset she'd like
- 23 Aleisha said she'd be supportive and she'd just listen.
- 24 And I remember two years before I graduated, I asked her if
- 25 she was going to make it to my graduation, and she said she

- 1 would. She was living in P.A. when I graduated, but still
- 2 she found a way to come see. She took a bus to La Ronge.
- 3 MR. MITCHELL POITRAS: Yeah. I almost had
- 4 to dance with her for your graduation, then her mom showed
- 5 up.
- 6 MS. ALEISHA CHARLES: She stood in place,
- 7 with my dad as well. She always gave us advice and always
- 8 told me to be kind to my sisters.
- 9 MR. MITCHELL POITRAS: She told me to get
- 10 my nephew, she wanted me to be watching him for a while now
- 11 because her boyfriend's brother is actually watching him
- 12 now. And I don't know, she doesn't like them, I guess.
- 13 Like, she said that her -- like [Boyfriend]'s brother is
- 14 more abusive than he is. So she wanted me, she wanted me
- 15 to take [Child 1].
- MS. JAYME MENZIES: Who's [Child 1]?
- MS. MARGARET BIRD: [Child 1].
- MR. MITCHELL POITRAS: A year, a year old
- 19 then --
- MS. ASHLEY HOWE: He was nine, eh?
- 21 MR. MITCHELL POITRAS: Yeah, two years
- 22 older than my oldest son. I still remember. I think she
- 23 wanted me to get him because she doesn't want him to be
- 24 raised by someone like that.
- 25 MS. MARGARET BIRD: And some of it kind of

- 1 shows [Child 1], too. He's sneaky and very secretive.
- 2 He's such a good boy, but, like, they're going to --
- 3 MR. MITCHELL POITRAS: Poison him. Yeah.
- 4 Poisoning his mind with their upbringing, I guess or his
- 5 upbringing -- [Boyfriend]'s brother. Because they were
- 6 brought up by a very abusive man, their father. And that's
- 7 actually why their mother left them, I'm pretty sure,
- 8 because he beat her so badly. But she just moved away, came
- 9 to P.A.
- 10 MS. JAYME MENZIES: Ashley, do you have
- 11 anything you wanted to share about Happy?
- 12 MS. ASHLEY HOWE: Just hard to talk.
- 13 MR. MITCHELL POITRAS: Like, it doesn't
- 14 make sense that some random person would just go pick her
- 15 up and take her away. That's what the story's supposed to
- 16 be. She was last seen with her boyfriend, though, and they
- 17 were fighting. I'm no police officer, but that doesn't take
- 18 much investigation. Yeah, she was always kind to
- 19 everybody, no matter what she was going through.
- MS. MARGARET BIRD: She loved kids, all our
- 21 nephews, nieces, grandbabies. Even when she got mad at us,
- 22 she'd point -- she'd come back later and apologize. Or if
- 23 I went to go apologize, she'd right away give us a hug.
- 24 MR. MITCHELL POITRAS: She was really good
- 25 at sewing and beading. That's one thing she was really

- 1 good at. It only took her two days to make a pair of mitts
- 2 or something, with beading; and those are nice, big mitts,
- 3 too. She was good at cutting hair, she was good at
- 4 everything. Just a real awesome big sister.
- 5 MS. JAYME MENZIES: I don't have any more
- 6 questions for you guys, but if there are any, kind of, last
- 7 thoughts, whether it's about frustrations with how the
- 8 process went or memories of your mom or your sister or
- 9 recommendations to the inquiry commissioners that will be
- 10 hearing your story -- anything like that.
- 11 MR. MITCHELL POITRAS: I recommend maybe
- 12 have a little seminar to get people to treat everyone
- 13 equally. Like, maybe even police officers and -- yeah.
- 14 They should treat every case as the last. Nobody should be
- 15 treated any differently. Race, color, beliefs, it doesn't
- 16 matter. Everyone deserves justice. We want justice for my
- 17 sister.
- 18 MS. MARGARET BIRD: She'd been through so
- 19 much in a lifetime. If I'd been through as much as she has
- 20 been through, I would have been gone a long time ago. She
- 21 was really strong.
- 22 MR. MITCHELL POITRAS: Yeah. Just I think
- 23 they just can't forget, can't forget about everyone.
- 24 Because we are human too. We weren't even considered
- 25 humans until '80s, I'm pretty sure. (Inaudible) [And

- 1 learning that in school | kind of, like, what the heck?
- 2 Like, you don't know about that until you get educated, but
- 3 it's something I don't think they want people to actually
- 4 know. Because people that aren't from Canada don't even
- 5 know about it. They don't know a lot of things that
- 6 happened here.
- 7 MS. ALEISHA CHARLES: I noticed when
- 8 talking to the street people, almost every single one that
- 9 I've ever talked to, when I mention my mom, they know her
- 10 and they know her boyfriend. And before, before it
- 11 was really well known that she was missing, and then before
- 12 she even went missing, if I talk to anybody about my mom,
- 13 they'd say how much they don't like [Boyfriend] with him --
- 14 with her. They don't like her with [Boyfriend].
- MS. MARGARET BIRD: You'd bring up her name
- 16 and they're, like,
- "Oh, I know her. She's so nice.
- She's so, she's so kind."
- They'd have a lot of good things to say
- 20 about her and then brought up [Boyfriend] and --
- 21 MR. MITCHELL POITRAS: It would be, like -
- 22 yeah. It's like nobody liked him around here. Or even
- 23 in La Ronge, too. Like, they didn't -- there was a few
- 24 guys trying to beat him up if they see him before she went
- 25 missing. Because he's repeatedly beated [sic] her, like,

- 1 beaten. She's been beaten too many times and I think
- 2 they're getting sick of seeing her like that. But even --
- 3 yeah. I, I went after him once but wasn't able to do
- 4 anything because he ran away. And I was only, like, 16. I
- 5 think he was, like, 20 something. But that's what cowards
- 6 do. Can't stand the man. Can't stand up to a man because
- 7 that's why they hit a woman. It makes them feel strong or
- 8 something. I don't know.
- 9 MS. ALEISHA CHARLES: I don't have
- 10 anything to add.
- 11 MS. JAYME MENZIES: Okay. Margaret? Any
- 12 last thoughts.
- 13 MR. MITCHELL POITRAS: We can't give up.
- MS. ASHLEY HOWE: Yeah. [Boyfriend] needs
- 15 to be investigated more because he was, like, what? The
- 16 number one suspect. He was with her for so many years and
- 17 even after she went missing not long, he was already with
- 18 someone else. Right away.
- MR. MITCHELL POITRAS: He probably beat
- 20 that girlfriend, too.
- MS. ASHLEY HOWE: And that was the only --
- 22 not even two weeks. There's something wrong with that
- 23 picture.
- 24 MR. MITCHELL POITRAS: Yeah. How could
- 25 you forget somebody you're in love with in two weeks?

- 1 Because he was with another woman two weeks after she went
- 2 missing. That doesn't make sense. He should be out there
- 3 searching for the woman he loved, if he really loved her.
- 4 It's the mother of his son. I don't know where his head's
- 5 at, but --
- 6 MS. MARGARET BIRD: I'll (inaudible) [When
- 7 they broke up before I don't] recall seeing him with anyone
- 8 else or making public or Facebook or anything.
- 9 MS. ASHLEY HOWE: Yeah. It was public on
- 10 Facebook right away. That's how we all seen it.
- 11 MR. MITCHELL POITRAS: Because they were
- 12 off-and-on a lot, like, for a long time, too. And he's
- 13 never been with anybody but for some reason, as soon as she
- 14 went missing, he posted it all over.
- 15 MS. ASHLEY HOWE: Because he knew she was
- 16 gone. Who knows, maybe she could have helped, too, if they
- 17 were together that quick.
- 18 MR. MITCHELL POITRAS: And he trembled,
- 19 was trembling. Like, he was trembling when I was
- 20 questioning him. Why the hell is he trembling if I'm just
- 21 asking him a simple question of where my sister is? He
- 22 doesn't need to be like,
- "Thank you,"
- like, he just -- he can't even look me in
- 25 the eyes and tell me that he doesn't know where my sister

- 1 is. He just keeps looking away, looking everywhere. Like,
- 2 just can't be a man and look me in the eye and tell me he
- 3 doesn't know. It just doesn't make sense. I'm sure there's
- 4 a lot of families out the there that will not, will not be
- 5 receiving much help, either. Because there's a lot of
- 6 things happening in this world; it's not, not good at all.
- 7 MS. ASHLEY HOWE: Most of the unsolved
- 8 cases are Aboriginal, so that says something.
- 9 MR. MITCHELL POITRAS: Like, for all we
- 10 know, it could just be somebody random, even. Because
- 11 with, with all the crazy people.
- MS. ASHLEY HOWE: Not much people, like, go
- 13 missing around here. So --
- MR. MITCHELL POITRAS: Yeah.
- 15 MS. ASHLEY HOWE: It (inaudible) to the
- 16 fact. It's all I've got to say. Just, we need more help.
- 17 MR. MITCHELL POITRAS: Yeah. More help
- 18 from the investigators (inaudible) [as well]. Because we
- 19 have no authority to good interrogate people, interrogate
- 20 people. Like, they should have at least investigated him
- 21 because he was the closest to her. Not just ask him a few
- 22 questions and say,
- "Okay. Be on your way."
- 24 Like, I think, like, now that I think of
- 25 it, I should have did it at that time, call her in and say

- 1 she'd robbed a bank because that way they'd actually find
- 2 her. Because they care more about money than the people.
- 3 They're not there to protect the people, they're there to
- 4 protect and investment. That's how it is.
- 5 MS. JAYME MENZIES: It's pretty smart.
- 6 MR. MITCHELL POITRAS: Um-hum. That's why
- 7 I can't be Chief. Too honest.
- 8 MS. JAYME MENZIES: I'll leave that one
- 9 alone. Well, thanks for sharing, you guys. I'll maybe
- 10 turn off the recorders, and we can kind of just debrief a
- 11 little bit. Do that sound okay?
- 12 MR. MITCHELL POITRAS: Um-hum.
- 13 --- Whereupon the proceeding concluded.

I HEREBY CERTIFY THAT I have, to the best of my skill and ability, accurately transcribed from a pre-existing recording the foregoing proceeding.

Cardyn McCarthy

Carolyn McCarthy,

Stenographer and Authorized Court Transcriptionist