National Inquiry into Missing and Murdered Indigenous Women and Girls



Enquête nationale sur les femmes et les filles autochtones disparues et assassinées

National Inquiry into Missing and Murdered Indigenous Women and Girls Truth-Gathering Process Part 1 Statement Gathering Lower Post, British Columbia



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Statement - Volume 272 Debbie Groat, In relation to Loretta (Lora) Ann Frank Statement gathered by Yvonne Johnson

Cordia Wong / Charest Reporting Inc. #1650 – 885 W. Georgia Street, Vancouver, BC, V6C 3E8 Phone: 604-629-2373 / Fax: 604-629-2377

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Documents submitted with testimony:

- Letter from RCMP dated July 16, 1994, in respect of Loretta (Lora) Ann Frank (one page)
- 2. Missing person poster for Loretta (Lora) Ann Frank (one page)

1 February 28, 2018 2 Lower Post, BC 3 4 (PROCEEDINGS COMMENCED AT 3:59 P.M.) 5 YVONNE JOHNSON: So today is February 28th, 2018. It б 7 is 4:00 o'clock -- well, 3:59, and my name is 8 Yvonne Johnson. I'm a statement gatherer for the hunter -- or the National Inquiry for the Missing 9 10 and Murdered Indigenous Women and Girls and the LGBT community as well. And I have Debbie Groat, 11 12 who's going to share her testimony regarding her 13 cousin --14 DEBBIE GROAT: Loretta Ann Frank. YVONNE JOHNSON: -- Loretta Ann Frank. And she has 15 16 two support people, her partner --17 DEBBIE GROAT: [M.T.] --18 M.T.: [M.T.]. YVONNE JOHNSON: -- and --19 20 ROSE CAESAR: Rose Caesar. 21 YVONNE JOHNSON: Okay. And we're ready to begin. 22 Debbie's going to just start wherever -- wherever 23 you want, for as long as you want. And there --24 I'm going to take some notes just to remind me of 25 some things I might want to ask. 26 DEBBIE GROAT: M'mm-hmm. Okay. 27 YVONNE JOHNSON: Just some things that I -- that I 28 might want to probe further. 29 DEBBIE GROAT: M'mm-hmm. Okay. I -- I want this to be known that I don't want my cousin ever to be 30 31 remembered because I still don't know where she's at. She's missing since 1989. We didn't hear 32 33 from her. She had left on the bus to Whitehorse, 34 Yukon, to meet family she was going to be living 35 with to go to school. YVONNE JOHNSON: She left from here? 36 37 DEBBIE GROAT: From here, Watson Lake -- here to Watson Lake and then to Whitehorse. And she 38 39 was -- she never was seen after she -- she was --40 reached Whitehorse, and there was a video of her 41 getting off the bus and somebody meeting her, but 42 they don't know who the person was. And she was 43 never seen from again. 44 And for the longest time, there was a 45 disconnection between us here and Whitehorse, 46 so -- because our family had actually no 47 telephone, some of the family as well as family

1 dysfunction. They didn't call or anything, 2 and -- and we were living outside of the 3 community at that time, I believe. 4 And when we finally heard, it had been quite 5 some time that she had been missing, and we -- my б thoughts were that she was living with my cousin 7 and her brother and his wife, and they didn't 8 know where she was. So she just disappeared. We 9 never knew where she was, and the RCMP were 10 contacted by, I believe, our justice worker down 11 here, Mary Maje, and looked into it further and 12 started the RCMP on the -- you know, on the 13 investigating, finding out where she was. 14 And then they came and contacted me, and it was about a year la- -- year or so later, and 15 16 they said that they had reopened it and they were 17 looking for her. But it was like she walked off 18 the face of the earth, and there was just no sign 19 of her anywhere. And they asked, had we heard 20 anything, and we said, no, we haven't heard a 21 thing. 22 And then there was talk of maybe -- or she 23 would -- caught a ride with somebody to Alaska 24 and that she was married in Alaska, but that 25 didn't pan out because they investigated that as 26 well. And I had about three visits from the RCMP 27 because at that time we were, you know, right in 28 the community, and every time they couldn't find 29 anything for her. 30 YVONNE JOHNSON: Was it the same police officer each 31 time? 32 DEBBIE GROAT: No, no. 33 YVONNE JOHNSON: Different one every time? DEBBIE GROAT: Yeah, different -- different people 34 35 that came into Watson, the different RCMP. And 36 when the inquiry started happening, then they 37 were -- they came more often and interviewed my 38 aunt and different cousins and myself. And no 39 one seems to know anything about where she's at 40 or what happened, and they put out a missing 41 person notice nationally. And we still haven't 42 heard anything about where she -- what happened, 43 where she is or anything. There's just nothing. 44 And I don't want her to be forgotten. My 45 aunt died last year. Her -- just her --YVONNE JOHNSON: Her -- her mom? 46 DEBBIE GROAT: Her mom. And I don't want her to be 47

1 forgotten. Lora was -- precious girl, and she 2 was loved by us all. She was very petite. She was a tiny, tiny baby. And when she used to cry, 3 4 she could hardly cry. She was so tiny that she 5 would say "juk-juk," so we used to call her б "Juk-juk." And auntie -- auntie actually was in 7 a dream world about where she was because she 8 used to say she's married. She used to say she's 9 married, and I think it was just the way she kept 10 her memory. 11 But as time went on, she kept getting 12 further away from reality with her. And then 13 she'd say, oh, she's coming. She's going to come 14 back. She's going to come back to us. I don't 15 ever want them to forget about her. 16 YVONNE JOHNSON: Is there an investigation? Do you 17 know if the investigation remains open? 18 DEBBIE GROAT: Yes. 19 YVONNE JOHNSON: It does? And who is looking after --20 like, which jurisdiction? 21 DEBBIE GROAT: The Yukon? 22 YVONNE JOHNSON: And Watson Lake or Whitehorse? 23 DEBBIE GROAT: And Whitehorse, Whitehorse too, yep. 24 YVONNE JOHNSON: And that would be RCMP; right? 25 DEBBIE GROAT: M'mm-hmm. 26 YVONNE JOHNSON: Do you remember at the time she went 27 missing, the -- what was happening in her life? 28 DEBBIE GROAT: She was -- she was suffering with schizophrenia, and she was really close to her 29 30 counsellor in Whitehorse, and she used to always 31 keep in touch. 32 YVONNE JOHNSON: Is that counsellor around? 33 DEBBIE GROAT: I am not too sure right now if she is. 34 And she had started seeing different, you know, 35 guys, boyfriends, and one was down here. And I 36 don't know about Whitehorse. She had friends 37 at -- said they used to party around in 38 Whitehorse at certain places too, you know, and 39 we need to look at that closer, and then maybe they have. I don't know for sure. 40 41 YVONNE JOHNSON: So the police know --42 DEBBIE GROAT: M'mm-hmm. 43 YVONNE JOHNSON: -- those names? DEBBIE GROAT: Yeah. And I've -- had worked with them 44 45 to try and find out the friends she had in 46 Whitehorse because we weren't up there. We were 47 living here.

1 YVONNE JOHNSON: Uh-huh. 2 DEBBIE GROAT: And she had -- she had some close friends here too. I think they've already been 3 4 spoken to. 5 YVONNE JOHNSON: Was she treated for schizophrenia, do б you --7 DEBBIE GROAT: Yes, she was. YVONNE JOHNSON: -- know? 8 9 DEBBIE GROAT: Yeah. She was medicated --10 YVONNE JOHNSON: So --11 DEBBIE GROAT: -- yeah. YVONNE JOHNSON: -- did she take her medication? 12 13 DEBBIE GROAT: Yeah, she did. And sometimes, you 14 know, when they don't -- you know, they -- and it 15 hit later in life, you know, for her. 16 YVONNE JOHNSON: M'mm-hmm. 17 DEBBIE GROAT: Yeah. 18 YVONNE JOHNSON: Was there mental health illness like that, that ran in the family? 19 20 DEBBIE GROAT: M'mm-hmm, yes. 21 YVONNE JOHNSON: Who else had that? 22 DEBBIE GROAT: Her [family member]. 23 YVONNE JOHNSON: Older or younger? 24 DEBBIE GROAT: [Relative age], and it -- [relative age]. 25 YVONNE JOHNSON: Is she alive? 26 DEBBIE GROAT: Yeah. YVONNE JOHNSON: Does she ever share what 27 28 schizophrenia is, the kind of thoughts a person 29 has, what could happen? Could she help the 30 family understand that mental illness? 31 DEBBIE GROAT: M'mm-hmm. Well, everybody lives it, you know, and [this person]'s going through that, 32 33 like our -- my [family member]. [This person's] 34 had many setbacks, many setbacks. 35 YVONNE JOHNSON: And her mom, was she impacted by it? 36 DEBBIE GROAT: Personally, you mean, like her -- did 37 she have it? 38 YVONNE JOHNSON: No. Like, if -- when her [family member] 39 was -- I don't know -- had an episode --40 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- I don't know -- I don't know what 41 42 else to call it --43 DEBBIE GROAT: Oh --44 YVONNE JOHNSON: -- would it -- would it impact her 45 mom? DEBBIE GROAT: Yeah, it did bad. Yeah. She didn't 46 47 want [this person] around. She didn't want her

1 [family member] around. 2 YVONNE JOHNSON: Do you think it was like that with --3 for Lora? 4 DEBBIE GROAT: Not so much Lora. Lora's the baby. 5 YVONNE JOHNSON: But she's -- had the same illness? б DEBBIE GROAT: Yeah, m'mm-hmm. And her mom had gone 7 to residential school, so there was a -- you 8 know, the dysfunction that comes with that, the 9 heavy drinking and -- and she would --10 YVONNE JOHNSON: Lora's mom or Lora? 11 DEBBIE GROAT: Yeah, Lora's mom, m'mm-hmm. She went 12 to school at four in [Town 1 in Alberta]. Yeah. And I always -- she always seemed to be in a dream --13 14 you know, another dream world. She would say things that are, you know, that she -- that was 15 16 not really right. She'd say that she was rich, 17 you know, or -- and that's fine. But, you know, 18 she'd say, I have a plane. And when she was 19 sober, you'd never guess. She was -- because 20 she -- when we tried to help her, she came for a 21 one-day meeting and we had some counsellors in 22 and doing residential school, and she was so 23 upset by that, she couldn't continue. So she 24 just started shaking, and she said, I have to go. 25 I have to go. And she was -- nobody should ever 26 hear about what happened, she said to me. 27 YVONNE JOHNSON: I wonder if that was post-traumatic 28 stress disorder response. It sounds like. 29 DEBBIE GROAT: Yeah. And the children had a 30 non-Native father, and he was very abusive to 31 everyone in the household. 32 YVONNE JOHNSON: How many in the household? 33 DEBBIE GROAT: There was [Child 1], [Child 2] -- five, 34 kids, three boys and two girls, and my auntie abused all the time. And he was so much older 35 36 than her, it was almost like she was one of the 37 kids too. So she was like bossed, you know, 38 around --39 YVONNE JOHNSON: M'mm-hmm. 40 DEBBIE GROAT: -- and very ... 41 YVONNE JOHNSON: Is he alive? 42 DEBBIE GROAT: No. They're both gone already. 43 YVONNE JOHNSON: Any of the siblings still here? DEBBIE GROAT: All of them except for Lora. 44 45 YVONNE JOHNSON: They're all still around? 46 DEBBIE GROAT: M'mm-hmm, m'mm-hmm. And it's really 47 difficult for them to go through this.

1 YVONNE JOHNSON: Are they aware that there's a 2 statement gathering here? DEBBIE GROAT: M'mm-hmm. Well --3 4 YVONNE JOHNSON: And --5 DEBBIE GROAT: -- [Child 4] broke her ankle, so she's just come back from the hospital, and б 7 [Child 1]'s into alcoholism, really 8 serious. He's really hard of hearing, and 9 [Child 3], whose wife did the cooking 10 (indiscernible). 11 YVONNE JOHNSON: Oh. 12 DEBBIE GROAT: And maybe they will come forward. Ι 13 don't know. But I -- I wanted to because she's 14 my cousin's sister, you know. Like, she's my 15 sister's. 16 YVONNE JOHNSON: Do you know if anybody did any DNA 17 testing, if the siblings provided any --18 DEBBIE GROAT: Yes. They -- they did it --YVONNE JOHNSON: -- DNA. 19 20 DEBBIE GROAT: -- with [Aunt 1], her mom. 21 YVONNE JOHNSON: Okay. 22 DEBBIE GROAT: Just last spring, I was -- I brought 23 them -- yeah -- up there, and they talked to her, 24 and we did. 25 YVONNE JOHNSON: So this was done before she passed? 26 DEBBIE GROAT: Yeah. M'mm-hmm. 27 YVONNE JOHNSON: So there's a national database for 28 DNA. I'm wondering if her mom's DNA went into 29 that database. 30 DEBBIE GROAT: I --YVONNE JOHNSON: Do you know --31 DEBBIE GROAT: -- I don't know for sure. 32 YVONNE JOHNSON: -- if that ... you said her mom's 33 34 name was [Aunt 1]? 35 DEBBIE GROAT: [Aunt 1] was her -- her --36 YVONNE JOHNSON: How do you spell her last name? 37 DEBBIE GROAT: [Spells name]. That's her married 38 name. 39 YVONNE JOHNSON: How do you spell it, [spells name]--40 DEBBIE GROAT: [Spells name]. 41 YVONNE JOHNSON: Okay. 42 DEBBIE GROAT: [Aunt 1]. And her maiden name was 43 [maiden name]. It's almost like you just don't know 44 where to turn anymore. Where do you -- where do 45 you look? I pray all the time. And then when 46 they find something in Whitehorse, I'm always 47 wondering if it's Lora.

1 YVONNE JOHNSON: And does anybody know what she was 2 wearing, or if there's anything significant about 3 her? 4 DEBBIE GROAT: Not that I know of. 5 YVONNE JOHNSON: Any jewellery that she might have been wearing that was found in a pawn shop or б 7 anything like that? Nothing? DEBBIE GROAT: No. Yeah. 8 9 YVONNE JOHNSON: That investigation they did in 10 Vancouver, the Pickton case was -- was there 11 anybody doing any investigation for -- regarding 12 her --13 DEBBIE GROAT: I don't know. 14 YVONNE JOHNSON: -- DNA from --15 DEBBIE GROAT: Not that I know of. 16 YVONNE JOHNSON: That would be interesting to see. 17 DEBBIE GROAT: M'mm-hmm, yeah. Yeah. She was -- I 18 don't know. But for the longest time, nobody moved any on it at all, eh? 19 20 YVONNE JOHNSON: M'mm-hmm. 21 DEBBIE GROAT: So I don't know. But I don't want them 22 to forget. She's still out there somewhere or 23 miss -- or ... 24 YVONNE JOHNSON: So other than mental health illness, 25 was there something else, addiction, drugs, 26 homelessness, transiency? 27 DEBBIE GROAT: I don't know. I can't say for sure, 28 but she had just started drinking more, eh. 29 YVONNE JOHNSON: M'mm-hmm. 30 DEBBIE GROAT: And she was coming to the age of 31 drinking, anyway, so --32 YVONNE JOHNSON: M'mm-hmm. 33 DEBBIE GROAT: -- but I don't know about drugs. She 34 always had a place to stay, you know. 35 YVONNE JOHNSON: M'mm-hmm. 36 DEBBIE GROAT: I know sometimes she wanted -- she had 37 to get away from her mom and dad because she were so heavy into alcohol or something, you know --38 39 and abuse and swearing and calling and -- you 40 know, and all that. YVONNE JOHNSON: M'mm-hmm. 41 42 DEBBIE GROAT: And her brother always was there to 43 help her, but I don't know what happened really. YVONNE JOHNSON: And has he shared his story at all? 44 45 DEBBIE GROAT: I -- he -- they -- all the family, I'm pretty sure have had -- made statements. 46 YVONNE JOHNSON: M'mm-hmm. 47

1 DEBBIE GROAT: Yeah. Yeah. But the police did it on 2 their -- vou know --3 YVONNE JOHNSON: M'mm-hmm. 4 DEBBIE GROAT: -- did it on their own and ... 5 YVONNE JOHNSON: And there'd -- they'd be different police members every time? 6 7 DEBBIE GROAT: Yeah. Because, you know, how they move them around all the time. 8 9 YVONNE JOHNSON: Yeah. Yeah. 10 DEBBIE GROAT: Yeah. So ... 11 YVONNE JOHNSON: And there's the investigations unit 12 that's just strictly missing persons. 13 DEBBIE GROAT: M'mm-hmm. 14 YVONNE JOHNSON: Was that ever the case for Loretta or 15 Lora? 16 DEBBIE GROAT: Yeah. I'm pretty sure because I talked 17 to one policewoman, and she came down and was 18 doing investigating for just that --19 YVONNE JOHNSON: Okay. 20 DEBBIE GROAT: -- missing and murdered Indigenous 21 women. 22 YVONNE JOHNSON: How long ago was that? 23 DEBBIE GROAT: Last year, I got to see them when they 24 were going to do DNA. 25 YVONNE JOHNSON: Oh. 26 DEBBIE GROAT: And when I asked if it was done, I had 27 heard they were -- it was done, so they took 28 Auntie up to the police station, apparently. 29 YVONNE JOHNSON: M'mm-hmm. 30 DEBBIE GROAT: But I didn't ask her because when I 31 used to talk about Loretta, it would get really 32 difficult. She'd say, she's married and she'll 33 be home or --34 YVONNE JOHNSON: M'mm-hmm. 35 DEBBIE GROAT: -- you know. She -- she kept at home. 36 If we don't know where she's at, we can't contact 37 her, you know. YVONNE JOHNSON: Was there ever any history of suicide 38 39 or thoughts of suicide or attempts or threats? 40 DEBBIE GROAT: I'm not too clear on that, but I believe there -- the counsellors that she had --41 42 YVONNE JOHNSON: M'mm-hmm. 43 DEBBIE GROAT: -- may have some of that information. 44 YVONNE JOHNSON: And were they ever interviewed as far 45 as vou know. 46 DEBBIE GROAT: I believe they were because they had to look through records of look through records of 47

1 the doctor and any else who -- or anyone else who was a part of her life --2 3 YVONNE JOHNSON: M'mm-hmm. 4 DEBBIE GROAT: -- at school and -- yeah. 5 YVONNE JOHNSON: Did she have any children? DEBBIE GROAT: No. She never even had kids, never had б 7 a chance really --8 YVONNE JOHNSON: M'mm-hmm. 9 DEBBIE GROAT: -- to live her life. 10 YVONNE JOHNSON: So if there was any recommendations 11 you can make to the inquiry on what to do better, 12 how to improve systems, what -- what would your 13 recommendation be? DEBBIE GROAT: I would say they need to have people 14 15 who understand us as a people, where we're coming 16 from, what we've gone through, and that we're 17 human, and that every one of us deserves to be, 18 you know, not forgotten. And we all have family. 19 We're all family. 20 YVONNE JOHNSON: M'mm-hmm. And what are some things 21 that you would do as a family to not forget 22 Loretta, to remember her? 23 DEBBIE GROAT: I keep her -- I keep her picture 24 around --25 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- you know, and I -- that's the only 26 27 way I think of -- you know. Because sometimes 28 you try bringing it to the family, it hurts so 29 much I don't really want to say anything. But I 30 always mention her --31 YVONNE JOHNSON: M'mm-hmm. 32 DEBBIE GROAT: -- because I don't ever want them to forget because she never hurt anybody ever. She 33 34 was just this loving, young girl -- woman. And 35 she deserves to, you know, be found --36 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- and to be laid to rest, you know, 37 38 the way we should do it, like the way where we 39 never forget. 40 YVONNE JOHNSON: It's not my place to say, but what 41 comes to my mind is even understanding -- to 42 bring awareness --43 DEBBIE GROAT: M'mm-hmm. 44 YVONNE JOHNSON: -- to the community, or even to the 45 family --DEBBIE GROAT: M'mm-hmm. 46 47 YVONNE JOHNSON: -- about what schizophrenia is.

1 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: Like, I think that would help. 2 3 DEBBIE GROAT: We have started that. 4 YVONNE JOHNSON: Good. 5 DEBBIE GROAT: Yeah. Mental health is pretty high on our priority list right now -б 7 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- because of the seriousness of cases 8 9 and the pain that the people who are 10 misunderstood --11 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- is going through. It is being 12 13 acknowledged, and we need to really pay attention to -- we have -- we have people outside the 14 15 community who are learning to live with the 16 medication and how to survive in a home or to 17 start looking after themselves. 18 YVONNE JOHNSON: M'mm-hmm. 19 DEBBIE GROAT: And it's -- it's a learning 20 experience --21 YVONNE JOHNSON: Uh-huh. 22 DEBBIE GROAT: -- and that's what we're working on. 23 And we did a presentation in our culture camp, 24 and one of the family members stood up and spoke 25 about it and told everyone they didn't know 26 how -- how much pain it was to have family going 27 through that, and it really -- really opened 28 people's eyes because he never usually speaks. 29 YVONNE JOHNSON: M'mm-hmm. 30 DEBBIE GROAT: But he stood up and spoke about how much hurt and pain it was to see his sibling go 31 32 through that. YVONNE JOHNSON: M'mm-hmm. 33 DEBBIE GROAT: Yeah. So -- because people in the past 34 used to say, you know, that put them away --35 36 YVONNE JOHNSON: Yeah. 37 DEBBIE GROAT: -- or, you know, they can't survive --YVONNE JOHNSON: Uh-huh. 38 DEBBIE GROAT: -- or they can't function in a -- in a 39 40 community, but --41 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- it's the understanding and dignity 42 that they need. 43 44 YVONNE JOHNSON: M'mm-hmm. 45 DEBBIE GROAT: Yeah. I would say if they were -because we're in different locations nation-wide, 46 47 they need to understand us small, little

1 communities. 2 YVONNE JOHNSON: M'mm-hmm. 3 DEBBIE GROAT: They need to understand who we are as -- as different groups of people. 4 5 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: That's where we need to have that 6 7 understanding. And we have our own resources as 8 well. 9 YVONNE JOHNSON: M'mm-hmm. 10 DEBBIE GROAT: We have healers and people that can 11 help as well, and whatever we do, we do on our 12 own, and we do it to the best of our ability. 13 And usually, we do everything, and it doesn't 14 take forever to get it done or started. 15 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: You know, like, we just call everybody 16 17 together, bang, bang, and we get it done because we're the only ones here. 18 19 YVONNE JOHNSON: Yeah. 20 DEBBIE GROAT: Yeah. 21 YVONNE JOHNSON: Yeah. So is that something that can 22 be taught to the non-Indigenous groups, to teach 23 them how to live as a collective unit? Is that 24 something that can be taught? 25 DEBBIE GROAT: Be a nice -- nice thing. I mean, it 26 would be because we're still communal people --27 YVONNE JOHNSON: M'mm-hmm. 28 DEBBIE GROAT: -- you know, as First Nations. And the 29 non-Indigenous people, they have a ways to learn. 30 You know, they have a ways to go because we are 31 still, you know, connected to Earth and --32 YVONNE JOHNSON: M'mm-hmm. 33 DEBBIE GROAT: -- connected to our environment. And 34 it's showing now that not everybody's on that 35 same --36 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- you know, wavelength because killing 37 38 our Earth --39 YVONNE JOHNSON: M'mm-hmm. 40 DEBBIE GROAT: -- our home. M'mm-hmm. Yeah. YVONNE JOHNSON: Do you -- do you guys do any, like, 41 42 annual events to commemorate your lost and loved 43 ones in your community? 44 DEBBIE GROAT: We haven't really, eh? 45 M.T.: No. 46 ROSE CAESAR: No. 47 DEBBIE GROAT: Don't really, yeah.

1 YVONNE JOHNSON: Is that something you might value or 2 useful --ROSE CAESAR: Yeah, I think so. 3 4 DEBBIE GROAT: I -- I believe --5 YVONNE JOHNSON: -- the missing people? DEBBIE GROAT: -- we need to do that to start healing б 7 as well. 8 YVONNE JOHNSON: M'mm-hmm. 9 DEBBIE GROAT: You know, because a lot of us hurt 10 because we don't know where family are or, you 11 know --12 YVONNE JOHNSON: M'mm-hmm. 13 DEBBIE GROAT: And grief is so, so difficult. 14 YVONNE JOHNSON: Do you have grief counselling here, 15 trauma specialist? 16 ROSE CAESAR: No. DEBBIE GROAT: We have counsellors that come in, but 17 18 they don't specialize in grief, you know. I know 19 the old way they used to do it was really 20 different from -- from today. 21 YVONNE JOHNSON: And is that something that you can 22 bring back? Are the resources still here to bring that back, the old ways? 23 24 DEBBIE GROAT: The old people? Probably if we went 25 and talked to people, they'll tell us different 26 ways in which to deal with it because --27 YVONNE JOHNSON: M'mm-hmm. 28 DEBBIE GROAT: -- grief has really suffocated us --29 YVONNE JOHNSON: M'mm-hmm. 30 DEBBIE GROAT: -- really, really bad because there's 31 been so much of it. YVONNE JOHNSON: M'mm-hmm. 32 33 DEBBIE GROAT: And there's still pain there, and there 34 needs to be a release one day. M'mm-hmm. Yeah. 35 And it has to be done, you know, in ceremony. 36 We've got to know how our people did it before. 37 And there is people out there that know, you 38 know, and move towards our way. 39 YVONNE JOHNSON: M'mm-hmm. 40 DEBBIE GROAT: Like, we are in our own way, but 41 there's some things that are not. M'mm-hmm. 42 M'mm-hmm. 43 YVONNE JOHNSON: Is the community strong in ceremony? DEBBIE GROAT: Well, I remember lots when I was 44 45 growing up. Our people had certain ways in which 46 we conducted ourselves when things happened, and 47 I know there's a difference in Christianity. I

1 know there's a difference in born-again Christian 2 and then our way and where our way was pushed to the side and that -- and that that is something 3 4 that needs to be really brought back more. And 5 it's all land-based for our people. YVONNE JOHNSON: M'mm-hmm. б 7 DEBBIE GROAT: When we heal, we're on the land and on 8 the water, you know. And ... 9 YVONNE JOHNSON: So who would bring that back? Whose 10 responsibility is that? 11 DEBBIE GROAT: Ours, everyone, everybody's 12 responsibility. 13 YVONNE JOHNSON: How would you start something like 14 that? 15 DEBBIE GROAT: We do it right now. 16 ROSE CAESAR: Yeah. DEBBIE GROAT: Well, yeah, we do it now. Yeah. 17 We 18 have lots --ROSE CAESAR: We've got a lot of learning to do 19 20 because --21 DEBBIE GROAT: Yes. 22 ROSE CAESAR: -- we're all affected by residential school too, so --23 24 DEBBIE GROAT: M'mm-hmm. 25 YVONNE JOHNSON: Yeah. M'mm-hmm. 26 ROSE CAESAR: And it affects our family too, our 27 elders --28 DEBBIE GROAT: M'mm-hmm. 29 ROSE CAESAR: -- like Christianity, new colonization, 30 and, they kind of wasn't really acknowledged for 31 their own ways. For a lot of our elders too, they put away their regalias and stuff like that, 32 33 and we don't have traces of it or anything. 34 DEBBIE GROAT: M'mm-hmm. ROSE CAESAR: And because colonization brought a lot 35 36 of shame and --37 DEBBIE GROAT: M'mm-hmm. ROSE CAESAR: -- blame. 38 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. 39 YVONNE JOHNSON: Where I come from -- now it sounds 40 41 funny to say that -- but where I come from, we 42 have -- everybody has a gift. You're born with a 43 gift. DEBBIE GROAT: Yeah. 44 45 ROSE CAESAR: M'mm-hmm. YVONNE JOHNSON: Created -- Creator gave you a gift 46 and made you special, and you come into this 47

1 world with this gift. 2 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: Is there gifted people in the 3 4 community? 5 ROSE CAESAR: M'mm-hmm. M.T.: Like (indiscernible) -б 7 DEBBIE GROAT: Oh, yeah (indiscernible) --M.T.: Like, that picture I showed you. 8 9 YVONNE JOHNSON: M'mm-hmm. 10 M.T.: My grandma and her grandpa, boy, them 11 old people knew how to mourn for p- -- they 12 really knew how to mourn for people. 13 ROSE CAESAR: Yeah. And we do have a lot of people 14 with gifts. 15 DEBBIE GROAT: Yeah. 16 ROSE CAESAR: But they just -- they don't use it. 17 DEBBIE GROAT: M'mm-hmm. 18 ROSE CAESAR: But a lot people, you know -- like, 19 there's a lot of good hunters. 20 DEBBIE GROAT: Oh. 21 ROSE CAESAR: There's a lot of good drum players. 22 DEBBIE GROAT: M'mm-hmm. ROSE CAESAR: They can sing. They can speak their 23 24 language. 25 DEBBIE GROAT: M'mm-hmm. 26 ROSE CAESAR: They gather history and stuff like that. 27 There is a lot of gifted people. It's just we 28 need to instill their pride back. 29 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. M'mm-hmm. Yeah. 30 YVONNE JOHNSON: So how -- how do you do that in this 31 community? DEBBIE GROAT: Well, usually, we go out on the land 32 33 and practise --34 ROSE CAESAR: Yeah. DEBBIE GROAT: -- and we practised all of that all 35 36 along the land. 37 YVONNE JOHNSON: M'mm-hmm. 38 DEBBIE GROAT: We have little camps here and there, 39 and of course they need more work, but I always 40 say when we're out there we're free. 41 YVONNE JOHNSON: And the kids, do they know that? 42 DEBBIE GROAT: Oh --ROSE CAESAR: Yes. 43 DEBBIE GROAT: -- they're free. They're just happy. 44 45 YVONNE JOHNSON: Do they know that they have gifts? 46 DEBBIE GROAT: Well, long time ago, they call us "reborn." And we were reborn with gifts. I 47

1 remember that. 2 YVONNE JOHNSON: Today's kids, your grandkids, for example, do they know --3 4 DEBBIE GROAT: They have gifts? 5 YVONNE JOHNSON: Yeah. б DEBBIE GROAT: When you tell them, you know, like that 7 you are special --8 YVONNE JOHNSON: M'mm-hmm. 9 DEBBIE GROAT: -- or you excel in something. Those 10 are your gifts. Yeah. 11 YVONNE JOHNSON: Go deeper with your grandkids with 12 that. Go deeper. 13 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. 14 YVONNE JOHNSON: And kids, they -- the little, little 15 kids --16 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- the five-year-olds, the 17 18 three-year-olds, they know, and they're really 19 connected, in my experience. 20 DEBBIE GROAT: M'mm-hmm. Yeah. 21 YVONNE JOHNSON: And they'll tell you what makes them 22 special. They'll tell you. DEBBIE GROAT: Yeah. M'mm-hmm. M'mm-hmm. 23 24 M.T.: We just come from where Matt's son 25 danced 26 DEBBIE GROAT: Yeah. He dances and they sing, the 27 drums. Yeah. He danced when he was 18 months. 28 YVONNE JOHNSON: M'mm-hmm. Yeah. And what -- what 29 does his dance mean? Is it a --30 DEBBIE GROAT: It's an --31 YVONNE JOHNSON: -- is it a healing dance? DEBBIE GROAT: -- expression of -- he was just into 32 33 the crowd, wanted everybody just laughing and 34 dancing --35 YVONNE JOHNSON: M'mm-hmm. 36 DEBBIE GROAT: -- and it was even with a pamper on in 37 his little outfit --38 YVONNE JOHNSON: Yep. DEBBIE GROAT: -- you know --39 40 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- he was all in a little regalia. 41 42 M.T.: In pampers while he was dancing YVONNE JOHNSON: Yeah. 43 44 DEBBIE GROAT: They just put him up there, and he just 45 started. YVONNE JOHNSON: I -- I --46 47 DEBBIE GROAT: That stage --

1 ROSE CAESAR: I think -- I think we recognize we have 2 kids -- a lot of us knows our old traditional laws --3 4 YVONNE JOHNSON: M'mm-hmm. 5 ROSE CAESAR: -- and stuff like that, and what happens when a woman is becoming a woman. And we have a 6 7 lot of laws in our traditions. DEBBIE GROAT: Yeah. M'mm-hmm. 8 9 ROSE CAESAR: It's just that they need to be more --10 DEBBIE GROAT: More back. 11 ROSE CAESAR: -- yeah -- more -- there's -- we speak a 12 lot of our language too. 13 YVONNE JOHNSON: M'mm-hmm. 14 DEBBIE GROAT: M'mm-hmm. 15 ROSE CAESAR: And we're learning too. We're 16 learning --17 YVONNE JOHNSON: Yeah. 18 ROSE CAESAR: -- right along with our younger 19 generation. 20 DEBBIE GROAT: M'mm-hmm. 21 ROSE CAESAR: And it just kind of -- you've got my 22 mind going. You keep asking all kinds of 23 questions, but what do you do? I mean, what kind 24 of ceremonies do you do to regenerate interest 25 and stuff like that? 26 DEBBIE GROAT: M'mm-hmm. ROSE CAESAR: Because, you know, we can't keep saying 27 28 saying there's too much alcoholism and drug 29 addiction. We have to go beyond that. 30 YVONNE JOHNSON: Yeah. 31 ROSE CAESAR: But how we get our people involved? YVONNE JOHNSON: And -- and that's what I -- that's 32 33 what I'm getting at. 34 DEBBIE GROAT: M'mm-hmm. ROSE CAESAR: Yeah. 35 36 YVONNE JOHNSON: And when I say, what are you doing? 37 I mean, Debbie, what are you doing? DEBBIE GROAT: M'mm-hmm. Yeah. 38 YVONNE JOHNSON: And what are you doing, exactly what 39 40 are you doing? Because we can't blame the 41 nation. We can't blame the government. From 42 this point on, because we know that we have these 43 issues --DEBBIE GROAT: M'mm-hmm. 44 45 ROSE CAESAR: Yeah. YVONNE JOHNSON: -- and we know historically that 46 47 government, they --

1 DEBBIE GROAT: Yeah. 2 YVONNE JOHNSON: -- know all these things to bring us to where we are today. But we know that. 3 4 DEBBIE GROAT: Yep. 5 YVONNE JOHNSON: So from this point on, how are we going to live? We have -- I think we have a 6 7 responsibility to move forward --8 DEBBIE GROAT: Yeah. 9 YVONNE JOHNSON: -- move ourselves forward. 10 DEBBIE GROAT: And I -- and I totally agree. I don't 11 want to stay in this -- the -- the past. I want 12 to move forward as well, but, you know, I want my grandson to be proud of where he's from --13 14 YVONNE JOHNSON: So who's --DEBBIE GROAT: -- who he is. 15 YVONNE JOHNSON: -- going to teach him that? 16 17 DEBBIE GROAT: We do. 18 YVONNE JOHNSON: When you say "we," what do you mean? DEBBIE GROAT: As a family, we do. 19 20 20 YVONNE JOHNSON: Okay.21 DEBBIE GROAT: And as a nation, we have to as well, YVONNE JOHNSON: Okay. 22 you know. YVONNE JOHNSON: M'mm-hmm. 23 24 DEBBIE GROAT: Yeah. 25 YVONNE JOHNSON: I'm trying to get you to say --DEBBIE GROAT: Yeah. 26 YVONNE JOHNSON: -- "me." 27 28 DEBBIE GROAT: Me, grandma. 29 YVONNE JOHNSON: That's my responsibility, to teach 30 this much. 31 DEBBIE GROAT: Yeah. M'mm-hmm. 32 YVONNE JOHNSON: Because you can't say "we." When you 33 say "we" --34 DEBBIE GROAT: Then I'm adding everyone. 35 YVONNE JOHNSON: -- then you're not taking 36 responsibility. 37 DEBBIE GROAT: Responsibility, yeah. YVONNE JOHNSON: You're asking the whole group to take 38 responsibility. It has to come from you and you 39 40 and you, like individually. 41 DEBBIE GROAT: Yeah, I know. 42 ROSE CAESAR: Yeah. Yeah, I know. DEBBIE GROAT: That's where it starts. 43 YVONNE JOHNSON: Yeah. And we talk -- like you said, 44 45 we talk and talk and talk about it. 46 47 ROSE CAESAR: Yeah. We talk. Yes. YVONNE JOHNSON: And nobody -- nobody does anything.

1 We -- everybody has great ideas. 2 ROSE CAESAR: Yeah. DEBBIE GROAT: Yeah. 3 4 YVONNE JOHNSON: I think I have the best ideas in the 5 whole world. DEBBIE GROAT: M'mm-hmm. 6 7 YVONNE JOHNSON: I've invented things and created 8 things --9 DEBBIE GROAT: Yeah. 10 YVONNE JOHNSON: -- but I've never took --11 DEBBIE GROAT: M'mm-hmm. 12 YVONNE JOHNSON: -- action towards anything. 13 M.T.: It's like my grandson, he killed only 14 chick- -- how many chickens was that? I take him on the river bank, and I show him how to pluck 15 16 them. 17 YVONNE JOHNSON: M'mm-hmm. 18 M.T.: Well, this first one he plucked, he 19 took it to his grandma. YVONNE JOHNSON: Yeah. 20 21 M.T.: (indiscernible) run with that 22 chicken. 23 YVONNE JOHNSON: Yeah. 24 M.T.: But I taught him how to clean it --25 DEBBIE GROAT: Well, you have to --M.T.: -- and, you know, teach him how to 26 27 cut them, you know. YVONNE JOHNSON: Yeah. 28 M.T.: And now he knows, and he's eight 29 30 years old. 31 YVONNE JOHNSON: And, see, that's -- that's that kind of action that I'm talking about --32 33 DEBBIE GROAT: M'mm-hmm. 34 YVONNE JOHNSON: -- that we need to do with our lands. ROSE CAESAR: And speak our language more. 35 36 YVONNE JOHNSON: Yeah. 37 ROSE CAESAR: I mean, I speak my language a lot at 38 home, and my older son -- I've got two sons, and 39 they could speak, but one is not fluent as the 40 younger one. The younger one, I can speak with 41 him, but even my grand- -- but I always speak my 42 language no matter where, in stores and --43 DEBBIE GROAT: M'mm-hmm. 44 YVONNE JOHNSON: M'mm-hmm. 45 DEBBIE GROAT: M'mm-hmm. 46 YVONNE JOHNSON: M'mm-hmm. 47 ROSE CAESAR: When I see somebody in post office or

1 someone, I'll just greet them in my language and 2 ask them how they're doing. And if other people don't understand, it's -- it's not my problem. 3 4 YVONNE JOHNSON: Yeah. That's right. Yeah. That's 5 right. DEBBIE GROAT: M'mm-hmm. б 7 ROSE CAESAR: I realize, you know, when we say things, 8 we could do this, we could do that. You really 9 make sense when you say, what are you responsible 10 for? 11 YVONNE JOHNSON: Yeah. Yeah. Yeah. 12 DEBBIE GROAT: Yeah. M'mm-hmm. YVONNE JOHNSON: So -- sorry. I didn't mean to cut 13 14 you off. 15 ROSE CAESAR: Yes. 16 DEBBIE GROAT: Nope. 17 YVONNE JOHNSON: So when we're talking about 18 remembering Loretta --19 DEBBIE GROAT: M'mm-hmm. 20 YVONNE JOHNSON: -- and -- and you say I don't want 21 her to be forgotten. I want her to be 22 remembered. What are you going to do to have her 23 to be remembered? And how do you want her to be remembered and for how long? 24 25 DEBBIE GROAT: M'mm-hmm. 26 YVONNE JOHNSON: Just you don't have to answer that, 27 but just --28 DEBBIE GROAT: Yeah. M'mm-hmm. 29 YVONNE JOHNSON: -- just think about it or be aware 30 of --31 DEBBIE GROAT: Well, we've -- we've done that with my -- our daughter, how we remembered her and --32 33 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- because of the young people, and 34 35 they were having such a difficult time, that we 36 all got together with pictures, and then we 37 talked and laughed and had food, and we sat 38 around and cried. 39 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: And we did those type -- types of 40 41 things, and it did -- it really helped because we 42 were all thinking of things, and it all was the 43 same. So we were -- I'm thinking the same thing with Lora --44 45 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- even though -- like, I tried to --46 47 or I keep away from the alcohol because I have

1 triggers, and I have gone through alcoholism, but 2 that also keeps me away from my family --3 YVONNE JOHNSON: M'mm-hmm. 4 DEBBIE GROAT: -- because a lot of them are alcoholic. 5 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: And I'm thinking if I have anything, б 7 then I need to accept them --YVONNE JOHNSON: M'mm-hmm. 8 9 DEBBIE GROAT: -- how they are, because I can't change 10 it anymore. And there are people in this world 11 that live with alcohol, but it doesn't destroy 12 them like it has our people --13 YVONNE JOHNSON: M'mm-hmm. 14 DEBBIE GROAT: -- you know, in my life. And -- but that's what I'm thinking is that I'll hold -- I'd 15 16 like to hold something for my family. 17 YVONNE JOHNSON: M'mm-hmm. 18 DEBBIE GROAT: Because --19 M.T.: The thing I wouldn't mind to see is 20 how -- is [Children 1, 2, 3, and 4], they're 21 going to have the same DNA. 22 DEBBIE GROAT: M'mm-hmm. 23 M.T.: Can't they go to a DNA -- and get 24 their DNA -- because she has to have the same 25 DNA. 26 YVONNE JOHNSON: M'mm-hmm. 27 M.T.: It's her brothers and sisters. And I think that's one of the maybe top priorities 28 29 that -- that's going to have to be looked at. I 30 mean, somebody has to go in for DNA, her 31 immediate family and stuff. DEBBIE GROAT: Auntie did it. It's --32 33 M.T.: That's the only way I can see if 34 they're going to find anything, or if something 35 comes along, then they'll know for sure. 36 DEBBIE GROAT: Yeah. 37 M.T.: But if there's no DNA taken, how are they supposed to find out. 38 39 DEBBIE GROAT: [Aunt 1] did it. 40 M.T.: Oh. 41 DEBBIE GROAT: M'mm-hmm. Well, I'd better find out 42 for sure too. 43 YVONNE JOHNSON: Or maybe even somebody from her --DEBBIE GROAT: The kids. 44 45 YVONNE JOHNSON: -- dad's -- her dad's side maybe? DEBBIE GROAT: They're not even here. Don't even --46 M.T.: Don't know where they're from. 47

1 DEBBIE GROAT: They're -- I don't know. 2 M.T.: But her brothers and sister is here. DEBBIE GROAT: Probably Ontario or somewhere. 3 4 YVONNE JOHNSON: And that -- that would help if her --5 one of her siblings. DEBBIE GROAT: M'mm-hmm. Yeah. б 7 YVONNE JOHNSON: The -- the other thing, again, it's 8 not my story. 9 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. 10 YVONNE JOHNSON: It's not my experience. But you said 11 her siblings are -- cannot talk about her. 12 DEBBIE GROAT: Uh-huh. YVONNE JOHNSON: They have so much grief. 13 There --14 maybe there needs to be a grief --15 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: I don't know -- just talking circle 16 17 or something. 18 DEBBIE GROAT: Yeah. M'mm-hmm. YVONNE JOHNSON: Just the immediate family, just to 19 20 have a discussion about her, so they could 21 express their grief --22 DEBBIE GROAT: Yeah. 23 YVONNE JOHNSON: -- their -- their injury from it --24 from the loss. 25 DEBBIE GROAT: Yeah. YVONNE JOHNSON: And has there ever been any 26 27 discussion of whether or not she's alive? You 28 know, what does the family believe? 29 DEBBIE GROAT: M'mm-hmm. 30 YVONNE JOHNSON: And if there's a possibility that 31 she's not alive, what -- what happens then? 32 DEBBIE GROAT: M'mm-hmm. 33 YVONNE JOHNSON: What's the family willing to do? 34 DEBBIE GROAT: M'mm-hmm. 35 YVONNE JOHNSON: You know, those sorts of things. 36 Those are some of the discussions maybe the --37 DEBBIE GROAT: Yeah. YVONNE JOHNSON: -- siblings needs to have --38 39 ROSE CAESAR: Yeah. 40 YVONNE JOHNSON: -- so they can do their grieving and 41 process. 42 DEBBIE GROAT: Yeah. ROSE CAESAR: Yeah. I hear you. 43 YVONNE JOHNSON: This is something -- something to 44 45 think about. Like, I'm not telling you what to 46 do. To do --47 DEBBIE GROAT: Well -- well, I know we need to do

1 something. It's just getting, you know, that --2 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- reinforcement because we have had, 3 you know, losses in our community, you know, 4 5 and -- bad -- in really bad ways. And I think we need to do ceremonial for it because alcoholism б is really hard on our people. And we sit in our 7 8 house. We're not touched, but then we are. 9 YVONNE JOHNSON: Yeah, yeah. 10 DEBBIE GROAT: Yeah. We think we're not touched, but 11 if anything happens, we are. 12 YVONNE JOHNSON: Yeah. DEBBIE GROAT: Is it (indiscernible) --13 14 YVONNE JOHNSON: My understanding of alcohol and drug 15 addiction is that it's a symptom of a trauma. 16 DEBBIE GROAT: Yeah. 17 YVONNE JOHNSON: Some people believe alcoholism and 18 drug addiction is a disease, and it's in your 19 DNA, and it's a sickness. 20 DEBBIE GROAT: M'mm-hmm. 21 YVONNE JOHNSON: I feel like it's a symptom --22 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- of unresolved trauma and pain. 23 24 DEBBIE GROAT: M'mm-hmm. 25 YVONNE JOHNSON: So if that's the case, then why don't 26 we talk about the trauma. Why don't we uncover 27 what that trauma is --28 DEBBIE GROAT: Yeah. YVONNE JOHNSON: -- and do some healing regarding 29 30 that. And children will bury secrets, they think 31 are secrets, and adult tells a child, I'm doing 32 this to you because I love you, and don't tell 33 anybody --DEBBIE GROAT: Yeah. 34 35 YVONNE JOHNSON: -- and, you know, kids will take that 36 to their graves --37 DEBBIE GROAT: M'mm-hmm. 38 YVONNE JOHNSON: -- because they don't know that as 39 adults --40 DEBBIE GROAT: M'mm-hmm. 41 YVONNE JOHNSON: -- that part of them because it was a 42 traumatizing experience --43 DEBBIE GROAT: M'mm-hmm. 44 YVONNE JOHNSON: -- they're going to bury it and go 45 back to being a child and remember that they had 46 to lock that up. 47 DEBBIE GROAT: M'mm-hmm.

1 YVONNE JOHNSON: But in healing work --2 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- a lot of them will realize, hey, I 3 4 was five years old, and I didn't know better. 5 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: And I carried this until I'm 50. б 7 DEBBIE GROAT: Yeah. Yeah. Happening every day --8 YVONNE JOHNSON: Yeah. 9 DEBBIE GROAT: -- to our people. 10 M.T.: Trauma is such a big issue in our First Nation communities. 11 12 YVONNE JOHNSON: It is. 13 M.T.: Not only residential schools. 14 Residential school was a --YVONNE JOHNSON: M'mm-hmm. 15 16 M.T.: -- big -- for my personal, me --17 DEBBIE GROAT: M'mm-hmm. 18 M.T.: -- was a big trauma. But not only 19 residential school, you've got to think of it. 20 You know, there's traumatized by being given to 21 another family --22 YVONNE JOHNSON: Yeah, yeah. M.T.: -- or something else. 23 24 DEBBIE GROAT: Uh-huh. 25 M.T.: And, you know, you may not know they were given there to protect you or something, but 26 27 they didn't know that --28 YVONNE JOHNSON: M'mm-hmm. Yeah. 29 M.T.: -- so people are traumatized and --30 YVONNE JOHNSON: Yeah. For all you knew, you were given away because nobody liked you. 31 32 DEBBIE GROAT: Yeah. Abandoned. 33 YVONNE JOHNSON: Like, what a rejection; right? What 34 a horrible way to reject -- to grow up, thinking 35 that nobody loved you. 36 DEBBIE GROAT: Yeah, yeah. 37 M.T.: You know, it's a hard -- that's a really big issue, trauma. 38 YVONNE JOHNSON: Yeah. And, you know, child welfare 39 40 and apprehension and foster care --41 DEBBIE GROAT: M'mm-hmm. Jail, yeah. YVONNE JOHNSON: -- even jail, you know. 42 DEBBIE GROAT: M'mm-hmm. 43 YVONNE JOHNSON: Kids going to jail or adults going to 44 45 iail --46 DEBBIE GROAT: M'mm-hmm. M'mm-hmm.
47 YVONNE JOHNSON: -- young adults, you know. They were

1 displaced over and over. 2 DEBBIE GROAT: Over and over and over, m'mm-hmm. YVONNE JOHNSON: But, yeah -- and that's another thing 3 4 that First Nations communities are just starting 5 to recognize, is that they're traumatized. DEBBIE GROAT: M'mm-hmm. б 7 YVONNE JOHNSON: And they're just being aware of what 8 trauma is. 9 DEBBIE GROAT: Then you could see the rippling 10 effect --11 YVONNE JOHNSON: Yes. 12 DEBBIE GROAT: -- that has --YVONNE JOHNSON: Yeah. 13 14 DEBBIE GROAT: -- happened to us --15 YVONNE JOHNSON: Yeah. 16 DEBBIE GROAT: -- and where you can identify why. And 17 then, like, I look around, we did trauma with --18 roots of trauma. 19 YVONNE JOHNSON: M'mm-hmm. 20 DEBBIE GROAT: And, oh, my goodness --21 YVONNE JOHNSON: M'mm-hmm. 22 DEBBIE GROAT: -- what an eye-opener. It was like, 23 oh, my -- a lot of work. 24 YVONNE JOHNSON: Yeah. 25 DEBBIE GROAT: But now we can -- I can understand --26 YVONNE JOHNSON: M'mm-hmm. 27 DEBBIE GROAT: -- you know --28 YVONNE JOHNSON: And there's -- it's not very new 29 anymore. It's been around for some time. 30 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: We call it "trauma informed 31 32 practice," like in the helping field. 33 DEBBIE GROAT: M'mm-hmm. 34 YVONNE JOHNSON: It's a way to live. The ones that 35 are informed can live that way, and they 36 recognize it and --37 DEBBIE GROAT: Yep. 38 YVONNE JOHNSON: -- those that are -- continue to live 39 with injury --40 DEBBIE GROAT: M'mm-hmm. 41 YVONNE JOHNSON: -- and allow injury to dictate their 42 lives. You know, when we do trauma informed 43 work, we're being sensitive to that and recognize 44 it, instead of saying, well, you're nothing but a 45 drunk --DEBBIE GROAT: Yeah. 46 47 YVONNE JOHNSON: -- or you're just a drug addict, or

1 you're just a whore --2 DEBBIE GROAT: Yeah. YVONNE JOHNSON: -- or whatever we could -- you know, 3 4 what we say to people, you know. 5 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: When we recognize that they've been б 7 traumatized, would we really speak like that? 8 Would we really label, you know --9 DEBBIE GROAT: No. 10 YVONNE JOHNSON: -- like the way we do --DEBBIE GROAT: Yeah. That's right. 11 YVONNE JOHNSON: -- if we knew? But what if they 12 knew? What if they knew what trauma was and if 13 14 they rec- -- could recognize it, would they 15 change? 16 DEBBIE GROAT: Yeah. YVONNE JOHNSON: And then would they see it in others, 17 18 and would they teach it and keep moving it, you 19 know? 20 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. 21 M.T.: Well, my last time in trauma, I 22 was -- there was one non-First Nations there, and 23 he tells his stories. He just got up, and he said, you know what? He said, I get this feeling 24 25 only First Nations people get traumatized, but he 26 said, I saw my mother shot. Isn't that 27 traumatized? Do you think I wasn't traumatized? 28 And we're just, wow, you know, that's something 29 different, you know. YVONNE JOHNSON: Yeah. 30 M.T.: And he just said, seems like only 31 First Nations will be traumatized, but now I 32 33 realized I was traumatized. YVONNE JOHNSON: Yeah. 34 M.T.: I'm not First Nations, but he --35 DEBBIE GROAT: M'mm-hmm. 36 37 M.T.: -- said, I saw my mother get shot. Ι had to be traumatized. He's in jail the rest of 38 39 his life, in and out --YVONNE JOHNSON: M'mm-hmm. 40 41 M.T.: You know. 42 YVONNE JOHNSON: Yeah. M.T.: And that's what he got up and said 43 44 that, (indiscernible) I've never heard something 45 like that. 46 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: M'mm-hmm. 47

1 M.T.: But he was being honest. 2 YVONNE JOHNSON: Yep. Because it -- he -- he just 3 became aware. 4 DEBBIE GROAT: Of --5 M.T.: Yeah. He became aware after every one of us shared for two, three weeks, four б 7 weeks, whatever it was. And just out of the blue, he got up and he said, First Nations people 8 9 aren't the only ones. Are they the only ones 10 that get traumatized? He said, I had to be 11 traumatized. I saw my wife -- my mom get shot. 12 YVONNE JOHNSON: Uh-huh. 13 M.T.: I had to be traumatized. Is that why 14 I'm in jail? I'm not blaming. 15 YVONNE JOHNSON: M'mm-hmm. 16 M.T.: I just find out why I'm always in and 17 out of jail. 18 YVONNE JOHNSON: Yeah. Yeah. DEBBIE GROAT: M'mm-hmm. 19 20 M.T.: And we just couldn't believe it, you 21 know. He just -- he --22 YVONNE JOHNSON: M'mm-hmm. M.T.: -- finally found out why, what 23 24 trauma -- what -- how -- why he was traumatized. 25 DEBBIE GROAT: M'mm-hmm. 26 M.T.: But he never did think he was 27 traumatized before. (indiscernible) --28 YVONNE JOHNSON: M'mm-hmm. 29 DEBBIE GROAT: Well, I look at it, and we have lots of 30 work, eh. 31 M.T.: M'mm-hmm. 32 YVONNE JOHNSON: How much are you responsible for 33 because you cannot take on the world or the --34 DEBBIE GROAT: Nope. 35 YVONNE JOHNSON: -- nation? 36 M.T.: For my trauma, I'm 100 percent 37 responsible to work on it. YVONNE JOHNSON: M'mm-hmm. 38 M.T.: Nobody else can work on it but me. 39 40 YVONNE JOHNSON: M'mm-hmm. Unless it impacts your 41 marriage. If it impacts your marriage, then she 42 has a responsibility. 43 M.T.: Yeah. Well, it did impact it. My --44 my trauma from the residential school did 45 impact --YVONNE JOHNSON: M'mm-hmm. 46 M.T.: -- my whole family. 47

1 DEBBIE GROAT: M'mm-hmm. 2 M.T.: I never knew that until I went there. 3 DEBBIE GROAT: M'mm-hmm. M.T.: I headed back twice. 4 YVONNE JOHNSON: Yep. 5 б M.T.: You know, that's --7 DEBBIE GROAT: Because it was all locked away. M.T.: You know, it's -- it's something 8 9 that's -- we were moving back home. I'll tell 10 you a little part of it. We were moving back 11 home. We were happy. Then when I was staying in 12 my uncle's house, and here we turned on this road 13 that used to go to the farm towards (indiscernible) --14 DEBBIE GROAT: (indiscernible). 15 M.T.: -- soon as we turned on that road, I -- everything felt just -- nobody even knew I 16 17 was in residential school. Deb didn't even know. 18 DEBBIE GROAT: I didn't know the abuses. 19 M.T.: Nobody knew I was in there. And soon 20 as we turned on that road, and I was one of the guys -- remember, he had that farm. 21 22 ROSE CAESAR: M'mm-hmm. 23 M.T.: His name was [G.W.], and he 24 was one of them that actually molested me, 25 and nobody knew. It was 35 years I put it away. DEBBIE GROAT: Yeah. 26 M.T.: I just put it away, joked around, 27 bullshit and be like, that was bullshit. And we 28 29 went -- we just turned in that road, and near 30 everything came tumbling -- I just -- I just 31 really buggered up, screwed up. 32 DEBBIE GROAT: M'mm-hmm. M.T.: And that's how it came to me, and 33 34 that affected my whole family. I did not know 35 it --36 DEBBIE GROAT: Uh-huh. 37 M.T.: -- was doing that. I did not know it 38 was affecting my family. YVONNE JOHNSON: M'mm-hmm. 39 40 M.T.: And then when they got that and 41 residential school together, you know, that 42 residential school -- you know, there was some 43 stupid, strict rules, I think of it, you know. 44 And that's what -- how that -- when you find out 45 what it's doing and what's happening, that's where you start working on --46 YVONNE JOHNSON: Uh-huh. 47

1 M.T.: You can't do the whole thing at once. 2 You've got to do certain issues, eh. YVONNE JOHNSON: You're -- you're taking out -- off 3 4 the (indiscernible). 5 DEBBIE GROAT: Yeah. YVONNE JOHNSON: And when you do that, you're also б 7 rewriting, re-authoring your story, you know. We 8 call ourselves -- I'm an addict. I was a victim of residential school. I'm a survivor. You 9 know, we say these things, and then we do our 10 11 trauma work. Well, now who am I? I used to be all these -- I -- I identified myself by my 12 13 childhood experiences, by my childhood traumas 14 but now I've healed from that. Now who I am --15 what am I now? 16 DEBBIE GROAT: M'mm-hmm. 17 YVONNE JOHNSON: And how -- how do I walk? 18 M.T.: But I may be a survivor of 19 residential school, but now I am who I am. I am, 20 you know, the parts I worked on. 21 YVONNE JOHNSON: M'mm-hmm. So you're this great 22 person who's moving forward --M.T.: Well, I'd like to think so. 23 24 YVONNE JOHNSON: -- breaking systemic cycles and 25 teaching and, you know, those things; right? So 26 when I say you have to re-author your story. You 27 have -- you're not those things anymore that you 28 were told you were. Now you're this great human being that everybody --29 M.T.: I moved on. 30 YVONNE JOHNSON: -- loves. Yeah. 31 M.T.: I moved on from that --32 33 YVONNE JOHNSON: Yeah. Yes. M.T.: -- after I understood --34 35 YVONNE JOHNSON: Yes. M.T.: -- all the issues, I moved on. 36 37 YVONNE JOHNSON: M'mm-hmm. 38 M.T.: But sometimes, you can go back. 39 YVONNE JOHNSON: For briefly. 40 M.T.: Just briefly, and then you try to get 41 out of it sometime, you know. 42 YVONNE JOHNSON: M'mm-hmm. M.T.: Deb and I, we try to smudge every 43 44 morning, eh. 45 DEBBIE GROAT: But we still have work to do --46 M.T.: Yeah. 47 YVONNE JOHNSON: Yeah.

1 DEBBIE GROAT: -- yet --2 M.T.: We still have work to do. It's never --3 DEBBIE GROAT: And --4 5 M.T.: It doesn't -- it doesn't end just б because you went there. 7 YVONNE JOHNSON: M'mm-hmm. M.T.: I mean, it's up to you to work on it. 8 9 YVONNE JOHNSON: Uh-huh. And your kids, and your 10 grandkids --11 DEBBIE GROAT: M'mm-hmm. 12 YVONNE JOHNSON: -- and your great-grandkids, like, 13 they need a teacher. They need to be taught. 14 DEBBIE GROAT: Yeah. 15 YVONNE JOHNSON: And those cycles have to be broken --16 M.T.: (indiscernible). 17 YVONNE JOHNSON: -- and over and over. And you teach your kids to break cycles as well. 18 19 M.T.: Well, just like our mothers. 20 YVONNE JOHNSON: M'mm-hmm. 21 M.T.: Deb's mom and my mom, they used to 22 live across the river, and as soon as the --23 armies -- army got here, they loaded all First 24 Nations kids in an army truck -- this is coming 25 from mom and her mom, and --26 YVONNE JOHNSON: M'mm-hmm. 27 M.T.: -- that's -- they took them Fort --28 Dawson Creek in (indiscernible) --29 ROSE CAESAR: Yeah. First. 30 M.T.: They never stopped, the kids' mom tell us. And the kids pee and poop themselves. 31 32 They just keep on going, the army trucks. They 33 stop in (indiscernible), you see. 34 DEBBIE GROAT: M'mm-hmm. 35 M.T.: And when they got to the Dawson 36 Creek, there was a big church. They made the 37 tents and stuff, and mom never saw the train, 38 never mind army truck. And so the train come in 39 and all the non-First Nations, they went into cattle cars -- they -- mom went in cattle cars. 40 41 DEBBIE GROAT: M'mm-hmm. 42 M.T.: It's just they didn't know where they 43 were 44 YVONNE JOHNSON: M'mm-hmm. 45 M.T.: And that's -- see, that's -- my mom, 46 me was there too, Deb's mom, and, you know, 47 that's two generations.

1 YVONNE JOHNSON: Uh-huh. 2 M.T.: You may as well say three because you 3 may as well say my son's --4 DEBBIE GROAT: Four. 5 M.T.: Four, yeah, grandson. б DEBBIE GROAT: That's the way I think of it. 7 YVONNE JOHNSON: Yeah. DEBBIE GROAT: Because we're still not healed, you 8 9 know, totally --YVONNE JOHNSON: Yeah, yeah. 10 DEBBIE GROAT: -- and still working on things and our 11 12 grandsons -- what is in my -- my heart is, like, 13 I want them to walk strong and, you know, be as 14 healthy as we can have him --15 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- you know, without that other stuff 16 17 coming in on him. And that's really -- it's 18 difficult because his mom's side is the same way, 19 residential. 20 YVONNE JOHNSON: M'mm-hmm. 21 DEBBIE GROAT: So he can get it from four people. 22 YVONNE JOHNSON: M'mm-hmm. 23 DEBBIE GROAT: That's me and [M.T.], Selina (phonetic), and my son. And then there's -- his other 24 25 grandmothers, who were in the school too. One 26 little innocent, healthy, you know, beautiful 27 child --28 YVONNE JOHNSON: M'mm-hmm. 29 DEBBIE GROAT: My grandfather treated me like gold. Т 30 was the oldest granddaughter, and boy, you know, 31 I had such a beautiful grandfather. He used to 32 say I'm grandma and I'm grandma (sic) (indiscernible). You know, so grandma and 33 34 grandpa, he'd say, because grandma's not here. 35 And I want to be like that. What my grandfather 36 gave to me, I want to give to my grandson. And I 37 said I want to be the best grandma ever because I 38 never knew no grandmas, only my grandpa. 39 YVONNE JOHNSON: M'mm-hmm. 40 DEBBIE GROAT: His -- my grandma died when my mom was 13. And all the kids, that's why they went to 41 42 residential school, and then my dad on my dad's 43 side, we don't even know them. We know them by 44 name --45 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- where they live, but we don't really 46 know them. And he didn't want to take us to see 47

1 them. He said, no, you stay here. You got --2 you know, we asked him. Like, where's your family, you know? He said, oh, they're down 3 4 south or in Calgary. They're in Alberta. It's 5 okay. We're good here, until we got older. Then he took us to see them. б 7 YVONNE JOHNSON: M'mm-hmm. 8 DEBBIE GROAT: Yeah. So and we just have one little 9 grandson, and that's the light. We were in a 10 dark place --11 YVONNE JOHNSON: M'mm-hmm. 12 DEBBIE GROAT: -- for a while. But he came, and he's 13 like a little light. 14 YVONNE JOHNSON: So you have a responsibility to keep 15 that light going. DEBBIE GROAT: M'mm-hmm. Yeah. Because he's going to 16 17 carry on. 18 YVONNE JOHNSON: M'mm-hmm. 19 DEBBIE GROAT: We're not going to be here. He's going 20 to carry on. And I want him to help our people. 21 (indiscernible). 22 YVONNE JOHNSON: A little dancer. 23 DEBBIE GROAT: M'mm-hmm. Yeah. Yeah. He is a 24 beautiful baby boy. I always call him "baby," 25 eight. 26 M.T.: He'd tell his -- he'd tell his papa 27 if he had another grandbaby, grandma wouldn't 28 smother me so much. 29 YVONNE JOHNSON: He's nervous? 30 DEBBIE GROAT: No. He's just -- he likes --31 M.T.: He says --DEBBIE GROAT: -- his attention because we --32 33 M.T.: What you going to do if we had 34 another (indiscernible)? I'll open the door and 35 let him go out. DEBBIE GROAT: Yeah. 36 37 M.T.: But Deb was always saying our people, our grandpa and grandma, boy, they knew how to 38 grieve. I just think of it, you know, their 39 40 emotions -- boy, grandma --41 DEBBIE GROAT: They scream and --42 M.T.: -- was -- grandma was --YVONNE JOHNSON: What -- somebody must know that. 43 44 DEBBIE GROAT: They do. 45 YVONNE JOHNSON: Somebody must know that process. 46 M.T.: Yeah. 47 YVONNE JOHNSON: And somebody needs to bring it back.

1 M.T.: She always brings that up. Deb 2 always brings that --3 YVONNE JOHNSON: Yeah. 4 M.T.: -- up about my grandma. 5 DEBBIE GROAT: M'mm-hmm. M.T.: She can just start and just -- just б 7 different. 8 YVONNE JOHNSON: Uh-huh. 9 M.T.: It was -- they knew how to do that. 10 YVONNE JOHNSON: Learn it and bring it. 11 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. Well, we had to 12 in a hurry. We had our losses. YVONNE JOHNSON: M'mm-hmm. 13 14 DEBBIE GROAT: Oh, just it's like you don't even want to be alive, eh, and nothing else mattered but 15 16 wanting to be gone. 17 YVONNE JOHNSON: You lost your daughter? 18 DEBBIE GROAT: Yeah. She would have been 33 today. 19 M.T.: I showed you that picture of her. 20 YVONNE JOHNSON: Yeah. DEBBIE GROAT: M'mm-hmm. And we could have -- like, 21 22 we went really downhill, and I think we went to places where you wanted to die, like -- or you 23 24 could have died, you know. 25 YVONNE JOHNSON: M'mm-hmm. M'mm-hmm. DEBBIE GROAT: And now it's like we -- we're in a good 26 27 place with her. 28 YVONNE JOHNSON: Sorry. 29 DEBBIE GROAT: Okay. Wondering where we were --30 YVONNE JOHNSON: That's [Person 1]? 31 DEBBIE GROAT: That's [Person 1]. UNIDENTIFIED MALE SPEAKER: Yeah. I need the key for 32 33 mine. I need my (indiscernible) back to drum. 34 DEBBIE GROAT: Oh, okay. 35 UNIDENTIFIED MALE SPEAKER: It's at 5:00 o'clock. 36 DEBBIE GROAT: Right. 37 UNIDENTIFIED MALE SPEAKER: Have you got a key? 38 DEBBIE GROAT: M'mm-hmm. I've got my key. YVONNE JOHNSON: This is -- this is what I call an 39 40 intervention. 41 UNIDENTIFIED MALE SPEAKER: I'm sorry, I'm sorry --42 interrupted. I'm sorry very much. I just -- I 43 just need my (indiscernible). DEBBIE GROAT: He shouldn't even drum. 44 45 M.T.: What? DEBBIE GROAT: He shouldn't even drum when he's 46 47 drinking.

1 M.T.: You should go tell him. 2 DEBBIE GROAT: He should know that. Go tell him. 3 M.T.: It's not good. 4 DEBBIE GROAT: Yeah, [Person 1]. Yeah. He's suffering 5 lots. Yeah. б YVONNE JOHNSON: It's from -- you already said it --7 what does he suffer from? DEBBIE GROAT: Well, he needs to deal with the 8 9 grief --10 YVONNE JOHNSON: M'mm-hmm. 11 DEBBIE GROAT: -- for loss and relationship, and to 12 some being there and him here and just 13 everything, you know. 14 YVONNE JOHNSON: So go learn how your mother-in-law 15 used to grieve --16 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- and bring it to your family --17 18 DEBBIE GROAT: M'mm-hmm. M'mm-hmm. Yeah. YVONNE JOHNSON: -- and then come and teach me. 19 20 DEBBIE GROAT: Yeah. M'mm-hmm. 21 M.T.: Wow, it's 5:00 o'clock. 22 DEBBIE GROAT: A lot of our young people suffer. 23 YVONNE JOHNSON: So if we go back to Loretta --24 DEBBIE GROAT: M'mm-hmm. 25 YVONNE JOHNSON: -- what kind of recommendations -- if 26 you could make recommendations for change and how 27 her circumstances were addressed, what are some 28 ideas that you would give to the inquiry? What 29 can be done differently? 30 DEBBIE GROAT: Well, like I said, know where we're at, 31 know where the people are --32 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: -- and honour them, honour the missing. 33 34 We need to honour them and in conversing here with you, I know, you know, what we need to do --35 36 honour our people who are out there and who we 37 don't know where they're at or -- so that it's not forgotten. We'll all be together, 38 acknowledge them. And I really believe that we 39 40 need to know where each nation is at --YVONNE JOHNSON: M'mm-hmm. 41 42 DEBBIE GROAT: -- in regards to healing. And I don't -- you know, yes, we learn about what has 43 44 happened to us, but we need to move forward. Т 45 want to move forward for my grandson and future. 46 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: I want our kids to be healthy, you 47

1 know, and happy and thriving as First Nations, 2 Kaska Dena, and to honour each other, get along, 3 work together. 4 YVONNE JOHNSON: M'mm-hmm. 5 DEBBIE GROAT: It's what I'd love to see, and all -acknowledge our roles. 6 7 YVONNE JOHNSON: M'mm-hmm. DEBBIE GROAT: We had roles before. We had roles. We 8 had clans. We had all these systems in place 9 10 that made us, you know, a functioning people. YVONNE JOHNSON: M'mm-hmm. 11 12 DEBBIE GROAT: You know, we wouldn't be here -- my mom 13 used to say, if your grandfather and my -- if all 14 your ancestors weren't strong, you wouldn't be 15 here. And she said they were strong with their 16 mind, their body, everything, she said. 17 YVONNE JOHNSON: M'mm-hmm. 18 DEBBIE GROAT: If they were weak, they'd all be lost, 19 and you wouldn't be here today. They were strong 20 people, and we still can be, and we are. 21 YVONNE JOHNSON: M'mm-hmm. 22 DEBBIE GROAT: We've come this far. Thank you. 23 YVONNE JOHNSON: Thank you. So it's five after 5:00, 24 and we're going to conclude our -- our statement 25 gathering. 26 M.T.: M'mm-hmm. 27 YVONNE JOHNSON: If you agree -- I'm -- I'm not going 28 to close it on you. If you're ready to close 29 it --30 DEBBIE GROAT: M'mm-hmm. YVONNE JOHNSON: -- we can close it now. 31 DEBBIE GROAT: I'm ready. 32 33 YVONNE JOHNSON: Okay. Thank you. DEBBIE GROAT: Thank you. Thank you, Rose. Thank 34 35 you, hun. 36 M.T.: Yeah. Thank you. 37 DEBBIE GROAT: Yeah. Thanks. 38 39 40 41 42 43 44 45 46 47

ROSE CAESAR: Thank you. (PROCEEDINGS ADJOURNED AT 5:05 P.M.) Reporter's Certification: б I, Cordia Wong, Official Reporter in the Province of British Columbia, Canada, do hereby certify: That the proceedings were transcribed by me from audio files provided of recorded proceedings, and the same is a true and correct and complete transcript of said recording to the best of my skill and ability. IN WITNESS WHEREOF, I have hereunto subscribed my name this 21st day of March, 2018. Cordia Wong Official Reporter