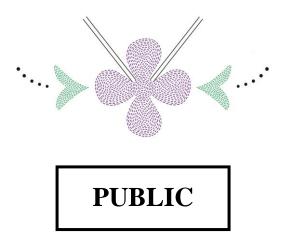
National Inquiry into Missing and Murdered Indigenous Women and Girls



Enquête nationale sur les femmes et les filles autochtones disparues et assassinées

National Inquiry into Missing and Murdered Indigenous Women and Girls Truth-Gathering Process Part I Statement Gathering Private Residence Musqueam First Nation Vancouver, British Columbia



Saturday November 24, 2018

Statement - Volume 599

Maria Siegl & Audrey Siegl, In relation to Adelene August & Genevier Sullivan

Statement gathered by Chanel Blouin

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Where not required by other statute, redactions to this public transcript have been made pursuant to Rule 55 of the Commission's Legal Path: Rules of Respectful Practice, which provides for "the discretion to redact private information of a sensitive nature where it is not material to the evidence to be given before distributing the information to the Parties. The National Inquiry will consider the public interest in releasing this type of information against the potential harmful impact on the individual whose personal information is at issue."

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Documents submitted with testimony: none.

Vancouver, British Columbia 1 2 --- Upon commencing on Wednesday, November 24, 2018 at 5:52 3 p.m. MS. CHANEL BLOUIN: Okay. This is Chanel 4 5 Blouin a statement taker with the National Inquiry into Missing and Murdered Indigenous Women and Girls. We're 6 currently in Vancouver, B.C. It is November 24, 2018, and 7 the time is 5:52. 8 9 Today, I am speaking with Maria Siegl of the Musqueam Nation, who resides in Vancouver, B.C. Maria's 10 11 here to tell her truth for her mother, Adelene August, and her friend, Genevier -12 13 MS. MARIA SIEGL: Sullivan. 14 MS. CHANEL BLOUIN: Sullivan. Maria's also here to share her truth as a survivor. Also present in the 15 room is Audrey Siegl, Maria's sister. She'll be here as 16 support and will also be sharing. Also for the record, 17 Maria, you're here voluntary to provide your truth and you 18 agree to the video taping and audio taping of your truth. 19 20 You also understand that at the end of your truth you'll be able to determine whether you would like your truth to be 21 public or private at that time. 22 MS. MARIA SIEGL: Yes. 23 24 MS. CHANEL BLOUIN: Okay. MS. MARIA SIEGL: Thank you. 25

MS. CHANEL BLOUIN: I'll just turn this down 1 2 a little. 3 MS. MARIA SIEGL: Want me to turn it down? MS. CHANEL BLOUIN: Yeah. 4 5 MS. MARIA SIEGL: Okay. MS. CHANEL BLOUIN: Thank you. 6 7 MS. MARIA SIEGL: Is that better? MS. CHANEL BLOUIN: Yeah. Can you still 8 hear it though? 9 MS. MARIA SIEGL: Yeah, I can hear a little 10 11 bit. Is it too loud? MS. CHANEL BLOUIN: 12 No. MS. MARIA SIEGL: Okay. Okay. So what do I 13 14 first remember? I think being as a First Nations, even child, men always looked at us different and hyper-15 sexualized as even in elementary school. 'Cause my -- when 16 we would play in the playground then there would be men 17 there and they would, like, show themselves to us and try 18 and interact with us but we always went away. And then by 19 20 -- like, and even other boys in the class would always, like, bug us and call us, like -- like, salmon-crotch, or 21 something. And then I'd learn how to do self-defence, and 22 23 stuff, earlier so I could always protect myself. 24 So I think by grade 6 or 7 I'd judo flipped a few boys who had tried to do inappropriate things and 25

stabbed a few quy with pencils by that time. And then 1 2 finished grade 7 and my grade 7 teacher asked me out on a date, I was 12 turning 13. And then starting high school 3 -- 12 turning 13, so then that's when, I think, the most 4 5 stuff started happening. My girlfriend said she was going to have a birthday party for me and I went to her house --6 I was still playing with Barbie dolls, and -- very 7 innocent, I think. I wasn't thinking about dating anybody 8 or anything, I was still playing with Barbie dolls. So I 9 go to the house with the party, and she's there with her 10 11 boyfriend and her boyfriend's brother, and they got me to try booze for the first time. And then they got me drunk 12 13 and then the two brothers took me and took turns raping me, 14 so that was, like, my birthday. And then after that was done, I went back and, I guess, retaliated. And then I got 15 pregnant from that and I got gonorrhea from that. Sorry, 16 that makes me, like, really laugh. 17

18

MS. CHANEL BLOUIN: M'hm.

MS. MARIA SIEGL: And my dad didn't know what happened, he just knew that I was pregnant. So he said if I didn't keep the baby then I couldn't -- that I couldn't live at home anymore. So then -- then I was living on the streets, like, Main and Hastings with my cousin, [Cousin 1] and she was a prostitute and we're both only, like, 13, 14, on Main and Hastings. We used to stay

1 at the Rainbow Hotel (ph).

2 There would be, like, a group of us that would -- we hung out with the transvestites and stuff 3 because then we were more protected, but if the cops would 4 5 come around and gather you then you would always have to -like, you get taken away to Stanley Park, and either have 6 to pay -- give them money or pay in sex so that they 7 wouldn't take you away. But they would always take all --8 we weren't doing drugs or anything, we were just drinking 9 and smoking pot, but whatever you had they would take, and 10 11 they would threaten you with going in -- into the system or going away, right? So that was a normal thing. Like, 12 13 that's what they did all the time. The police were, like, 14 so shady. When we got caught with stolen cars or being on the street because we were not allowed to be in the 15 downtown area -- I don't know what you would call that 16 17 but --

MS. AUDREY SIEGL: Red zoned.

MS. MARIA SIEGL: We were red zoned. We
weren't allowed to be down there and every time they caught
us then -- then they took us for a ride. So be -- she was
the prostitute and I would collect license plates and go
along for the ride to make sure that she was okay.
MS. CHANEL BLOUIN: M'hm. Like for her

25 safety?

18

MS. MARIA SIEGL: Yeah, and -- yeah, for her 1 2 safety and just -- yeah, just to make sure she was okay. I didn't have to do that but we didn't have any -- we didn't 3 know what else to do or what other options were. That was, 4 5 like, the safest thing because then there was a group of us, who were all really young, who they wouldn't make money 6 and we would all chip in to have a hotel to sleep in. And 7 -- and sometimes, like really, one customer would come 8 along and say it's only going to be one person and you get 9 in the car, then they take you for a ride, and then there'd 10 11 be like, you know, like ten guys or something. Sorry. And I didn't remember all this stuff until 12 13 this year because this year -- last year for Christmas one

14 of my friends drugged me for three days and raped me and then it brought everything up. And, I guess, I created an 15 alternate personality for all this stuff. So I kept it, 16 like, a story that wasn't me, but it was me. And I'm just 17 realizing this because I was talking to Audrey about stuff. 18 And this one time these guys had gotten us and took us out 19 20 to Surrey and, you know, like, raped us and stuff and were keeping us in this room. And we were naked and then they 21 -- they closed the door for a little bit and I jumped -- I 22 think it was the second or third floor apartment, and I 23 24 jumped out of the window naked and started running. And that's all I remember about that. But I -- in my head that 25

wasn't me that was somebody else, and I guess Audrey --1 2 through all of these experiences, my poor sister, even though I wasn't -- I wasn't living at home I would still go 3 home when stuff would happen, to my dad's house. Or show 4 5 up after, like, severe things had happened and my poor sister, Audrey, would have to take care of me, which I 6 totally forgot about and didn't realize. And, I guess, I 7 was running naked down the highway for a long time until 8 somebody tried to help me, and that was only -- like, I was 9 only 14. All that stuff had been happening. 10 11 So then out of that there's more stuff. Like, guys would always be in groups and whenever they 12 13 think -- 'cause -- Davie Street and Richards Street, and 14 Hastings and Powell were, like, areas for prostitutes, so guys would always troll for you and then they'd always --15 they liked to go in packs and like hunt you down, 16 basically. It was like a game to them. I don't remember 17 anyone really being nice or respectable. If they -- if you 18 were standing on the corner on the street, and it didn't 19 20 matter how old you were, you were just a piece of meat. And it was a really gross feeling and it made me very 21 animalistic, I think, and very violent and -- yeah. And 22 from that, you know, that I would -- I would mug people or 23 24 assess people really quickly and learn how to deal with them, wasn't a very nice person but I wanted to survive. 25

And I never sold myself. I never became a prostitute, but
I became very persuasive and learnt that I was very good
looking and that I could get what I wanted by being
charming with people. And never did drugs or anything
until I was 35, but -- which is kind of insane, especially
for where we were living.

7 And I thought I was getting saved because the first boyfriend I met I was 14 and he was 28, [C.]. 8 He's, like -- that's too old now that I realize it, but he 9 was better. He wasn't abusive or anything. It was just he 10 11 was suicidal too. He tried to kill himself. And we lived together, and it was just sex, and it somewhere safe. But, 12 I mean, now when I think about it, it's really weird for 13 14 him to be that old and for me to be that young. And then he broke up with me so then I -- then I was walking down 15 Granville Street and I met this -- these two other guys 16 from Sweden. I guess because I looked older and they asked 17 me out. And then I ended up going with [Partner 1], who I 18 was with until I was almost 28, and he was about 14 years 19 20 older, and wealthy, and physiologically and physically abusive, but it was better than being on the street and I 21 got back into school. And then I got discovered for 22 modelling, but I didn't -- I didn't realize, like, until 23 24 now how abusive it was because he was older. Like, whatever sexually he wanted to do -- he's like the first 25

I was like 14 or 15 and he and put me in the 1 person. 2 bathtub and shaved everything off of me because he didn't like -- he, like, groomed me to be who he wanted and do 3 whatever he wanted sexually. And then if he wanted to, he 4 5 would give me away to his friends for, you know, sex, and -- yeah. I was just an object I wasn't a real thing, and I 6 didn't realize that until after 'cause I was really messed 7 up. And I stayed with him for a long time and I didn't --8 yeah. 9

What else, I don't what else to think -- so 10 11 basically all the rapes, like, there were multiple rapes. Like, I remember with the police or one time with this 12 nurse that had taken care of me at St. Paul's. Then he 13 14 lived in the same building as my auntie and he invited me over for tea but that turned out to be rape. It was just 15 lots of people who you would think you would trust, and I 16 kept trusting people -- like, I still trust people, and 17 believing people. And I just turned off because it's just 18 physical, it didn't matter, just let them get what they 19 20 want and then it will be over. I mean, like, there's lots of people who have it worse or, you know, like, at least I 21 wasn't prostituted out. So that's how I survived, I think. 22 23 I can't think of anything else right now. Can you?

24 MS. AUDREY SIEGL: M'hm. That -- a timeline
 25 alongside of what Maria shared that -- that was around her

14th birthday that her friend set her up to be raped by the 1 2 brothers, and an idea of how -- how innocent we were. We bathed together until -- we say we, we -- we're a year 3 apart but we'll say when we were 12, and I didn't realize 4 5 that was confusing for people because we're sisters, you know, "not twins". But -- so at 12 we weren't -- we were 6 too (indiscernible) by the time Maria was in grade 7 she 7 was already 6 feet tall and I was not far behind in -- in 8 height. And we cried because we couldn't be in the bath 9 together because we'd always bathed. 10 11 MS. MARIA SIEGL: Yeah, we were really innocent. Our dad didn't really -- yeah. 12 13 MS. AUDREY SIEGL: We were so innocent and 14 intelligent. By the time we were three, our dad had taught us -- we were raised by a single -- single dad in east Van 15 in the 70s. By the time we were three, we could read and 16 write, do all of our math, and play chess and backgammon. 17 And we were still these beautiful, innocent, little girls 18 and Maria didn't know what it was that those boys, those 19 20 teenagers, had done to her. And it was in P.E. class, not -- a few months later she was doing sit ups and lactating. 21 And one of her friends had said, Are you pregnant? Oh, my 22 23 God. And they were freaking out and they took her to the 24 bathroom and were talking to her. They said, Are you pregnant? And she didn't know what that meant. And she 25

said, Is this from what those boys did to me? And then we 1 2 went to our mom to talk to her about what had happened, because we weren't sure how our dad would react because I 3 think most men's reaction is to shut down or to literally 4 5 want to go and kill. So doesn't really give women a good place to go when these are the options that -- that men go 6 to. So our dad then told Maria that he wouldn't have a 7 murderer in his house and that if she was going to have an 8 abortion she couldn't live there, so she went to stay with 9 our mom and out on the streets. And our mom was really 10 messed up and would -- if the police came to look for 11 Maria, excuse me, at our mom's then our mom would let the 12 13 police into the room with her knowing what they were going 14 to do to her. She would drug her and try to sell her to men, but Maria got really good at getting fast -- getting 15 out the window really fast between the two skinny houses in 16 the west end, and -- and this was all in -- in that one 17 year of, like, 14 years --18

19

MS. MARIA SIEGL: Yeah.

20 MS. AUDREY SIEGL: -- old. And one thing 21 that I know about our grandmother, our mother, our auntie, 22 my sister, my auntie, I believe my nieces, they have all 23 been raped so many times that they don't even know how many 24 times. Raped --

25

MS. CHANEL BLOUIN: (Indiscernible)

1	MS. AUDREY SIEGL: again, raped, beaten.
2	The police were some of the worst predators taking with
3	them to Stanley Park and forcing them to have whatever kind
4	of sex they wanted, including oral sex.
5	MS. MARIA SIEGL: Yeah.
6	MS. AUDREY SIEGL: And then still charging
7	them or threatening them, bringing them back to the police
8	station then making letting taking them to rooms
9	where there were no cameras and videos and letting any
10	other officer who was available come in and violate them
11	sexually all over again. Hold them hostage there and then
12	let them free with a threat that if you say anything as
13	far as I know, we don't remember any of the police
14	officer's names.
15	MS. MARIA SIEGL: I don't yeah, no.
16	MS. AUDREY SIEGL: But there were regulars.
17	MS. MARIA SIEGL: Yeah.
18	MS. AUDREY SIEGL: There were regular
19	officers. There were officers who did this on in a
20	recurring fashion and other officers knew. There was no
21	way that other officers didn't know, separate from the ones
22	who participated in the sexual assaults. That the impact
23	that I saw, the emotional, spiritual impact was that a
24	beautiful, innocent girl was spiritually mutilated. That
25	my sister has always been tough and a protector and how

Maria had to learn to live, to survive, that there was 1 2 violence and abuse amongst even the groups of -- in -- in Boys Town and with the transvestites that --3 MS. MARIA SIEGL: Yeah. 4 5 MS. AUDREY SIEGL: -- Maria and our cousin were. There was violence, abuse, sexual assaults, and 6 they're everywhere Maria went. She was being violated. 7 8 She was being abused, and she got tough and tougher, and even smarter, and even more capable of surviving in really 9 extreme circumstances that --10 11 MS. MARIA SIEGL: That I just thought were 12 normal. MS. AUDREY SIEGL: -- that it -- it became 13 14 so normalized that there was no -- there was no expectation or belief that anyone -- that anything would change, or 15 anyone would come and save them, or that they could trust 16 anybody. There were -- from the first rape, I will say it 17 has been 30 years of huge amounts of time of Maria being 18 suicidal. 19 20 MS. MARIA SIEGL: Yeah. MS. AUDREY SIEGL: And that comes out in 21 different ways with self-destructive behaviour, alcohol, 22 23 drugs, hyper-sexual behaviour that is never for any 24 satisfying, healing, connecting purposes. But because I think the temporary shut off with it that -- there were 25

times that Maria would come back to our dad's, and usually, 1 2 even though you had a key --3 MS. MARIA SIEGL: Yeah. MS. AUDREY SIEGL: -- you would knock on the 4 5 door, and I would -- I would answer the door and she was beaten or dirty clothes, you -- you knew what had happened. 6 And she just would want to go and yet -- most of the time 7 couldn't talk so we would go in the shower and stand in the 8 shower, and then get rid of all of the clothes and just sit 9 and wash and just -- just have to be so gentle, you have to 10 11 be so gentle. And then ironically, because our dad said she couldn't live there, he still kept her room, but she 12 would sit in the closet for sometimes weeks and wouldn't 13 14 come out. And it would be hard to leave and go to school and worry and come back and know if she was going to be 15 there. If she was going to be alive. 16 One of the recurring themes is that, from 17 maybe 16, Maria would always say, When I decide to kill 18

19 myself, you'll never find a body. I know what to do so
20 you'll never find me. So in the times that Maria would
21 disappear for months and our relationship was that -- we
22 come from a family of three people, our dad and the two of
23 us, and it's always been Maria and I. When we were little,
24 we would go to the bathroom together. If one had to pee,
25 we'd wake up the other one and we were so little that, you

1	know, when you you have to balance sitting on the seat?
2	We would sit back to back and have our little our little
3	night pee together. And everything we did was together so
4	this huge, devasting impact on our relationship, on seeing
5	how for Maria, to see how things affected me, for me to
6	see how things affected her. That it created massive
7	division between our dad and Maria. We never really had
8	our mom so for all intents and purposes Maria was on her
9	own. From
10	MS. MARIA SIEGL: I was never in a group
11	home.
12	MS. AUDREY SIEGL: Nope.
13	MS. MARIA SIEGL: Or anything. And with the
14	the first rape and pregnancy, it wasn't until probably
15	five or six years ago that I stopped counting the age of
16	that baby because I I had created a separate reality for
17	that baby, that that was a son that I had lost. And all
18	
	the stuff that I'm just realizing now and yeah. That I
19	the stuff that I'm just realizing now and yeah. That I created an alternate ego and personality for all the really
19 20	
	created an alternate ego and personality for all the really
20	created an alternate ego and personality for all the really bad things and I didn't even realize it until recently.
20 21	created an alternate ego and personality for all the really bad things and I didn't even realize it until recently. And that I don't know, my mind is going blank.
20 21 22	created an alternate ego and personality for all the really bad things and I didn't even realize it until recently. And that I don't know, my mind is going blank. MS. AUDREY SIEGL: That, like,

mom our whole life, she had these alternate realities and 1 2 we were always puzzled. What is mom talking about? MS. MARIA SIEGL: Yeah. 3 MS. AUDREY SIEGL: What is she talking 4 5 about. She would say how she raised us, and she taught us this, and she taught us that. 6 MS. MARIA SIEGL: And she didn't. 7 MS. AUDREY SIEGL: She actually wasn't 8 there. She was gone for most of our life. She would come 9 back for a day, a week, she -- a month. Maybe she lived in 10 11 the west end a lot of the time. And from when we were babies -- because Maria had a whole year of having our mom 12 and dad, just the three of them, and Maria and our mom were 13 14 very close. And then knowing that what happened to our mom. Our mom was residential school, but she was taken at 15 4 before she was even taken from this Musqueam community in 16 1957, '58, I think that would have been. Men in the 17 community and our family had already been messing around 18 with her and they were also residential school. We're two 19 20 or three generations residential school, so the impact's not just a residential school and colonization, but the 21 normalization of rape, sexual violence, alienation, 22 23 exclusion, policies created by governments, enforced by 24 systems of laws and police forces that, as Maria said, we -- we have no value unless it's to serve or police any of 25

those entities. So seeing what that did to our mom had an 1 2 impact on us that she was drunk a lot of the time. She was always in abusive relationships. She would get herself 3 steady and then -- and then she would just disappear again. 4 5 MS. MARIA SIEGL: And when -- when I lived with my mom, the guy that she was dating, [Mom's 6 boyfriend], used to beat us both up but then I got tired of 7 it so then I stabbed him with a fork and a knife because he 8 kept trying to, like -- like, he was an asshole. And then 9 all the neighbours finally found out all the stuff that was 10 11 going on, and they were, like, really surprised and upset about it. And I was like, Oh, that's just how it is. 12 Yeah, I used to have a quick escape route out of the 13 14 bedroom. I kept a garbage can by the window so that I could jump out because that's when -- yeah, the police 15 would -- they knew where I lived so then they would -- with 16 my mom when I was living there, then they would just come 17 to the door and ask for me. I was really messed up. 18 And then -- I'm trying to think of what 19 else. Sorry, my mind just went blank. But basically, it's 20 a lot of abuse. And all of us, like even my girlfriend, 21 Genevier Sullivan [Note: the following thirty-three lines 22 23 of testimony about Ms. Sullivan, who passed away on March 24 30, 2018, were removed pursuant to Rule 55]. MS. CHANEL BLOUIN: Cause how old was she? 25

MS. MARIA SIEGL: She was doing -- she's a straight 'A' student studying to be a nurse and she was about 32 now. I met her when she was 19. Then she travelled, like, the world, like, a hobo, hopping trains and was very strong and -- and feisty. [Two further lines about Ms. Sullivan removed pursuant to Rule 33].

But, yeah, with the sex stuff for me. I go 7 through stages where -- so basically through all of this it 8 has made me super competent, but I peak to survive -- like, 9 survival living only and then I crash and then I'm 10 11 suicidal. It wasn't until the last year that I've stopped thinking of, like, my plan for suicide. I always had a 12 13 plan. This is the first year, ever, that I've been able to live in -- in a place consistently, not been moving, not 14 been homeless, and feel safe, unpack stuff, like, my teddy 15 bear from when I was 1. And to, like, to feel safe in a 16 place. But -- but there's lots of weird little habits from 17 all the survival living, like always hiding, like, weapons 18 around the house or always being ready at -- in an instant 19 20 to, like, fight. That's the biggest, hardest thing for me is to stop being like that. I don't have to stop being 21 like that but I don't have to think everyone's a threat all 22 the time, and that's the hardest thing is that I'm very 23 angry and I'm always on edge and I'm ready to fight at any 24 moment. Like if someone knocks on my door that's 25

unannounced, I have three doors I can go out of to come and 1 2 see who they are. Like, all that kind of stuff. Thinking that way. It's only been one year not thinking like a 3 survivor, reactionary or that people are out to get me. 4 5 But there's always been problems with, like, stalkers and men and just -- it's gross. But that's why I wanted to 6 talk about it was for my girlfriend, Genevier, and for mom, 7 and for everybody else, so that people know that -- there's 8 lots of people who knew what was going on and there's lots 9 of opportunists and perverts and pigs that take advantage 10 11 of that, and it's -- it needs to stop. That's all I can think about right now. 12 MS. AUDREY SIEGL: And now in the last year 13 14 or so, so it's been --MS. MARIA SIEGL: Oh, the physical illnesses 15 out of admitting and realizing. Like, when I told my 16 sister -- she didn't know what had happened because it was 17 Christmas day -- see it's always on big days that this --18 these wonderful rapes happen. Christmas eve, Christmas day 19 20 and Boxing day, this person had drugged me for three days 21 and --MS. CHANEL BLOUIN: This was a year ago? 22 23 MS. MARIA SIEGL: Yeah. And raped me. And 24 then everything else started coming out. And I was living with Audrey and I was really partying hard, and -- and, 25

like, doing lots of cocaine. Like, that's how I just used 1 2 to stay numb 'cause that's how you -- I became, like, a hustler because I just always wanted to be drunk and always 3 wanted to be high, and there's -- and I never had to sleep 4 5 with anybody or anything, if you just ask enough of these pig men they will make sure you're fucked up forever 'cause 6 that's how they like you. Never have to pay for anything, 7 we can always get a free ride. But -- yeah, I don't know 8 what I was going to say. 9 MS. AUDREY SIEGL: Then how --10 11 MS. MARIA SIEGL: Oh, that -- now that I've been dealing with all this rape stuff. I've had -- I've 12 been, like, insanely sick. I've been asking for help with 13 14 a trauma therapist, holistic therapist, drug and alcohol therapist. Trying to get on disabilities so that I can go 15 to treatment, and all of these physical things are coming 16 out, like cysts and tumors, and my vagina and uterus. 17 Like, I had the entire summer of going into hospital every 18 day for two days for surgeries and they never froze me. 19 20 Like, is that normal to not freeze somebody when you're going in for an operation every two days and they're 21 cutting you open and taking stuff out of you? Like, that's 22 not normal I don't think, but it's just every time I tried 23 to deal with things properly, I never get the help that I 24 want. It seems like it's, like, a never-ending battle and 25

all of these physical symptoms are coming out. All of 1 2 these psychological symptoms are coming out and I'm happy to deal with it now but it's tiring and I'm tired of not 3 being treated -- I don't feel like I'm being treated fairly 4 5 for that amount of help that I think I need to deal with all that because it's a lot. 6 7 MS. CHANEL BLOUIN: M'hm. MS. MARIA SIEGL: That's how I feel, and I 8 want other people -- like, I want First Nations women to be 9 treated fairly. Like, just to think that our mom was 10 11 forced to have a hysterectomy because she was Native. You know, like, all those things. It's just like little things 12 13 inside your head. But that was normal for us to be treat -- treated bad but I'm tired of it. I'm tired of asking 14 for help and not getting help. I think it has to change. 15 MS. AUDREY SIEGL: Or -- I want to say, the 16 17 better part of two decades Maria has been looking for a doctor, a simple GP, and a therapist to talk to, to deal 18 with what is real post-traumatic stress. And not just 19 20 PTSD, the brand new defined CPTSD, the complex. MS. CHANEL BLOUIN: M'hm. 21 MS. AUDREY SIEGL: Because this isn't just 22 23 inter-generational, it is, you know, 200 years of the same 24 things happening to our women that it becomes normalized. And it becomes normalized for us because the way the 25

doctors, the way the police -- all of the people who --1 2 MS. MARIA SIEGL: Are supposed to help you. MS. AUDREY SIEGL: -- we're told are 3 supposed to help are some of the worst violators and 4 5 predators or the worst turn a blind eye, turn the other cheek, I'm not going to do anything to help. And where it 6 leaves people is exactly where my sister ended up and this 7 8 last year of not have to worry so much about suicide and about spinning out and -- what -- what people call 9 relapsing. Do you know Maria has this home because our mom 10 11 died of a fentanyl overdose. MS. MARIA SIEGL: In her own 12 13 (indiscernible). 14 MS. AUDREY SIEGL: Before this Maria was floating around from 14 years old for 30 years. Now, for 15 30 years, my sister has had to find ways to survive, not 16 just violence, sexual trauma and abuse, but neglect and 17 endangering already the most endangered and targeted 18 population in Canada. 19 20 MS. CHANEL BLOUIN: M'hm. MS. AUDREY SIEGL: That's not just inhumane, 21 it's evil. That -- I look at my sister and I still see the 22 23 beautiful little girl. It took forever for her to be able 24 to -- to see -- to actually look in the mirror and see herself again. To -- the process of learning to trust 25

again. The process of learning to -- something simple,
like just unpack. Something simple, like here's a nice set
of dishes, and Maria has a hard time accepting the nice
things that go in -- nice gifts or -- because, I mean, we
have our own healing to do in our relationship.

MS. MARIA SIEGL: And the fact that my mom 6 was in that abusive relationship with so many, that -- for 7 the last couple years I was taking care of her because she 8 had a broken knee, so I was bathing her, taking her to the 9 toilet and everything. And the entire time, while trying 10 11 to help her and telling her how much I love her and how much I want to know her, she's getting fucked up on crack, 12 13 and drinking, and there's people here all the time. And I 14 have to, like, board my door up so that people don't walk in on me all the time. When she's just messed up, and she 15 can't hear me. She never -- I just wanted to know her, and 16 she never heard me, like, she never listened. She couldn't 17 listen. She was so far gone and so messed up and so lost 18 that she couldn't accept love and then -- then I started 19 20 doing drugs with her and drinking with her. And then I was like I can't fucking do this, like, this is just the worst. 21 And then I go and did the same thing that I started being 22 the biggest coke head ever, like, high every day. And it 23 24 led to me having -- my mom dies and then I had a -- a crazy seizure for a really long time. 25

That's another thing that we're trying to 1 2 deal with, is that I had a seizure last year and it was longer than ten minutes, and I don't remember, like, people 3 that I met in the last two years. Like, I am going to job 4 5 sites and introducing myself to people and they're just like, Oh, we worked together. And I'm like, I don't know 6 who you are. My short term memory is -- is really fucked 7 up, but they're just trying to tell me that it was just a 8 grand mal seizure, it wasn't that. And if I look at my 9 entire history of everything, thinking about stuff, I've 10 11 always had seizures, absence seizures. There's all these things, see? And then now I got to fight for this, like, 12 try and ask for help for that. Because they're just like 13 14 -- they just poo-pooed it and, Well it just -- it was a one off seizure and it's just because you did drugs and 15 alcohol. And I'm like, Well, normal seizures you don't lose 16 17 your memory to that extent. MS. AUDREY SIEGL: And your motor skills. 18 MS. MARIA SIEGL: And -- and I -- yeah, I 19 20 had to -- my motor skills and speaking, I stuttered for a

1 and to my motor skills and speaking, I stattered for a
21 long time and -- yeah, my body was really beat up from
22 that. Like this last year has been the worst physical year
23 ever, it's just tiring and I'd like to be healthier but I
24 need to -- I want this stuff gone.

25

MS. CHANEL BLOUIN: M'hm.

 1
 MS. AUDREY SIEGL: For -

 2
 MS. MARIA SIEGL: Audrey has been taking

 3
 care of me.

24

MS. AUDREY SIEGL: Happily. A lot of our 4 5 women by the time they get to a point where they're actually capable and ready to start dealing with what they 6 -- what they have endeared, they -- because of the lack of 7 support and because with this work that I do and watching 8 what's happened to my women my whole life, I've been lucky 9 because -- because they protected me. I did not have as 10 11 bad of things happen to me because they protected me, but I've seen that when the women start to try to heal, 12 spiritually and emotionally, it comes out physically 13 14 because what -- because they carried it for so long where -- where is it supposed to go when you have therapists and 15 counsellors, when you have doctors, when you even have 16 dentists who have such huge wait lists. When you go to 17 hospitals and you're not taken seriously when -- if you 18 smell like booze or if you are honest about the fact that 19 20 -- that you do drugs, automatically everything is dismissed. If you say you have an anxiety issue or 21 depression then it's not treated with the seriousness that 22 23 it deserves, and this is another huge reason why so many of 24 our women just don't make it.

25

MS. MARIA SIEGL: It's easier to stay drunk

and high then to try and deal with the system and deal with 1 everything. Like, it's -- it's been such a really hard 2 cycle for me to break, to not run and get completely drunk 3 and wasted because there's lots of stuff that's coming up, 4 5 and it's, like, that's my instant thing to just go. Let's go on a bender for, like, a week. But I'm doing good. 6 MS. AUDREY SIEGL: And --7 MS. MARIA SIEGL: 8 But it's -- and I don't 9 want that anymore, but it's really hard. And I didn't realize how much of a problem it was because for the last 10 11 year I was like, Oh, no, no. I can deal with it. I can deal with it. And then I'm like actually no. Like when my 12 13 girlfriend died, then I held off for a couple months but 14 then I -- then I went and got crazy but I, actually, asked Audrey for help and admitted what I was doing. Because I 15 was, like, I can't be embarrassed because I feel like I'm 16 going to lose control to the point where I won't stop, and 17 I'll just kill myself with doing drugs. And I didn't want 18 to do that. Like, finally after saying and realizing how 19 20 much I affected everybody in my family and that they did care. Like when I actually reached out and told my dad and 21 my sister that day. I said, I want to die because it 22 happened again. And I'm -- you know, like it hasn't 23 happened for a long time but every time you get drunk 24 there's always some creep hanging around who thinks Native 25

1	women are easy. I hate saying that but that's how they act
2	and that they can watch you get drunk or give you booze and
3	then they can take you up and do what they want with you.
4	And I lots of times I fight, lots of times I don't so
5	I'm I don't want that anymore.
6	MS. CHANEL BLOUIN: M'hm.
7	MS. MARIA SIEGL: I just want to be
8	healthy and I want to help people. That's it. I think
9	that's everything. Yeah. Thank you.
10	MS. CHANEL BLOUIN: I have a question.
11	MS. MARIA SIEGL: Yeah.
12	MS. CHANEL BLOUIN: So for your healing now,
13	what what do you do to
14	MS. MARIA SIEGL: Well, I was seeing a
15	therapist. I have a holistic therapist and I have
16	(indiscernible) yoga. Like Musqueam, we have a lot of
17	options, but I need to I want to go away to treatment.
18	MS. CHANEL BLOUIN: M'hm.
19	MS. MARIA SIEGL: Like, I want to go away
20	for, like, a couple months, and I need trauma treatment
21	because, like, the amount of anger that I have that I just
22	keep down and I'm polite and nice when really I just want
23	to, like, massacre people.
24	And, like, there won't be any records of
25	anything with all the cops because they never did anything.

Like I never have any charges pressed on me. I've never 1 2 had charges pressed on me for anything, so there is no record of anything. There is no one to, like, hold 3 accountable. I just have to say what happened and then let 4 5 it -- I just have to let it go, and, hopefully, that will stop happening to other girls because I know it still 6 happens. And the amount of -- like, even living here on 7 the rez, I have -- I know a whole family where this young 8 girl that I've had drinks with, and she'll message me and 9 she'll be drunk and then she'll pass out and then her 10 11 uncles will rape her, and she's like it happened again. Just like that it happened again, and I'm like, What am I 12 13 supposed to do with that? How can I make it stop? What can we do to make it stop? 14

Like, I'm -- I'm tired of this. Or how many 15 girls I've found on Musqueam -- it's like I'm a magnet for 16 dogs and women who've been raped. If I walk anywhere, I 17 usually find them. Like, there was this other girl a 18 couple summers ago who's running down the street in her 19 20 underwear and she had just had a baby and bunch of guys raped her that year. And she told me who it was, and I 21 went to the house with a baseball bat, but nobody was 22 23 there, of course. And she wouldn't give a statement just like I would never. Like, why am I going to call the 24 police? They're just as bad. Like, they don't help. 25 And

1	when I got attacked here with my mom last time by my mom's
2	husband, they didn't even let me go stay in safe housing.
3	MS. AUDREY SIEGL: The police.
4	MS. MARIA SIEGL: The police or anybody. I
5	had I got kicked out and I was attacked in my sleep, and
6	I'm, like, I don't want to fight anymore. I just want to,
7	like, be normal. I'm like 46, 45. Can I please stop
8	fighting.
9	MS. CHANEL BLOUIN: M'hm.
10	MS. MARIA SIEGL: Like, do I have to fight
11	until the last day? Sure. Yeah, maybe it's nice being a
12	gladiator but it's a little tiring.
13	(LAUGHTER)
14	MS. MARIA SIEGL: But I think that's about
15	it. Yeah.
16	MS. CHANEL BLOUIN: One last question I want
17	to add.
18	MS. MARIA SIEGL: Yeah.
19	MS. CHANEL BLOUIN: Do you have
20	recommendations that you thought of? Because the
21	Commissioners will be watching your statement.
22	(Indiscernible)
23	MS. MARIA SIEGL: Oh, for where I'm going to
24	go?
25	MS. CHANEL BLOUIN: No. Recommendations

more that could help ensure that First Nations women are 1 2 safe. MS. MARIA SIEGL: Well --3 MS. CHANEL BLOUIN: And just like moving 4 5 forward, if -- if that's -- if there's something that you've thought of just, like --6 7 MS. MARIA SIEGL: I think --MS. CHANEL BLOUIN: -- something that could 8 be put in place, like a policy or --9 MS. MARIA SIEGL: I don't -- I never --10 11 MS. CHANEL BLOUIN: -- or safe housing for 12 instance. MS. MARIA SIEGL: Yeah. Well, they need to 13 14 listen to what we're saying and believe us, help us, and actually, like, why don't we have -- I think everyone needs 15 to -- the hardest thing is to break down the barriers 16 because there's so many generations of barriers, and 17 secrecy, and hiding, and shame. You'd have to break that 18 down first and then people will be able to be honest, but 19 communities protect their -- communities we need to remove 20 the rapists out of communities. I didn't grow up here, but 21 I see how it is and it's not a joke, it's disgusting, and 22 23 it is happening consistently and it's generational. But we 24 need to have like a real safe house, people really listening, and opportunities to, like, heal. Like, there 25

25

are many reserves where lots of women probably couldn't 1 2 have the funding to go away to trauma treatment. 3 MS. CHANEL BLOUIN: M'hm. MS. MARIA SIEGL: Or, you know, just being 4 5 safe period. Like, there is no bus from here, at Musqueam, to go to the bus stop, and it's like 2 kilometres of black 6 walking through the bush. And there's -- we just have to 7 walk it, if you don't have a car then you just have to walk 8 it. Like, why don't we have a -- a safe system or anything 9 like that? It's insane. People are just still in denial, 10 11 people need to listen. And that's what I think. And I think, all girls should learn self defence starting at age 12 5. It helped me, otherwise, I'm sure I'd be dead. That's 13 14 all I can think of for now. And we need our own -- our own, like, safe 15 house. We have a safe house, but they pick and choose who 16 goes in there. I'm, like, How's that possible? Like, if 17 you get attacked that doesn't -- and you need somewhere to 18 stay, you don't have a right to go there? I didn't have 19 20 anywhere to go, it was insane. But that's all I can think of. 21 MS. AUDREY SIEGL: And for your -- so Maria 22

22 MS. AUDREY SIEGL: And for your -- so Maria
 23 does archeological work. It's -- it's her calling.
 24 It's --

MS. MARIA SIEGL: Yeah.

MS. AUDREY SIEGL: -- it's her skills. 1 And 2 because of all of these, not just physical but emotional, side effects of -- coping mechanisms of the life -- of 3 everything that's -- that's happened. Because of the 4 5 anxiety, the PTSD, Maria hasn't been able to work. And it's not that she doesn't want to work, she gets up and she 6 get ready and then a crippling panic attack will take hold. 7 And then since the seizure she's had -- she's had minor 8 seizure -- she's had other seizure symptoms since then. 9 There actually have been little tremors and seizures 10 11 happening all along. MS. MARIA SIEGL: Yeah. 12 13 MS. AUDREY SIEGL: And then that's it, she 14 -- she can't leave the house, so then she can't go to work. What about the income for women? What about the emotional, 15 physical, spiritual, and financial support? And making 16 available resources so that actual real healing can happen, 17 and if that means it's on the land or if that means it's --18 someone needs to be in their home, whatever that looks 19 20 like, there need to be access to whatever it takes to make that happen. Because my sister has been fighting so hard 21 for so long and in the last year making such amazing 22 23 progress, and leaps and bounds in dealing with stuff that would break most people. That we are pushing for support 24 for her. 25

MS. MARIA SIEGL: And it -- like, it's hard 1 2 to keep a normal job when you're just trying to make sure that you want to wake up and deal with the day. 'Cause I 3 still -- all the stuff is bubbling up and percolating out. 4 5 So how do you explain that to somebody? Oh, I can't come to work today because I had nightmares about, like, the 6 rapes or whatever, like running. Like whatever trauma has 7 happened is coming out -- is coming out in dreams and it 8 makes it hard for me to function. Like sometimes I don't 9 leave my house for -- unless Audrey's here. 10 11 MS. AUDREY SIEGL: Because it's been -- it's been since spring, at least, that every night for hours and 12 13 hours each night, the memories are surfacing 14 and --MS. MARIA SIEGL: And I -- I can't just shut 15 it down. I can't break this cycle. I just -- I keep 16 17 trying but how do you keep a job with that? You don't tell your employer, Oh, I can't come to work because I'm having 18 rape nightmares. Like, no body wants to hear that. 19 MS. AUDREY SIEGL: No. So a lot of the 20 time, like, the safe space is -- is the truck. We have 21 some, like, normal -- we have a normal little route we go 22 23 and do together and it --24 MS. MARIA SIEGL: She takes me out. MS. AUDREY SIEGL: -- if I didn't have my 25

sister when I -- if my sister hadn't taken care of me 1 2 before, I wouldn't be here. And now for me to be able to use the skills and the healing that I've been lucky enough 3 to find because they protected me. Just to make sure that 4 5 she can leave the house, that she knows that somebody loves her --6 7 MS. MARIA SIEGL: Yeah. MS. AUDREY SIEGL: -- that -- that she's not 8 9 alone. Most of our women have nobody. MS. MARIA SIEGL: And who do you trust? 10 11 MS. AUDREY SIEGL: Yeah. We're still learning to trust each other. 12 13 MS. MARIA SIEGL: Yeah. Because I didn't 14 even -- yeah. I didn't -- I didn't even know that she knew all that stuff about all the stuff that was happening 15 because I don't remember it. 16 MS. AUDREY SIEGL: And that --17 MS. MARIA SIEGL: Yeah. 18 MS. MARIA SIEGL: -- had a whole new level 19 20 that then Maria had spent months carrying the weight of feeling terrible that I knew these things, and -- and then 21 seeing how it has affected me. So there needs to be other 22 23 people in between her and I because it -- in a lot of ways it's too close. 24 MS. MARIA SIEGL: M'hm. 25

1 MS. AUDREY SIEGL: And there's only so much 2 that I can do. MS. MARIA SIEGL: Yeah. And dealing with my 3 therapists and stuff -- well, I don't know. It's like the 4 5 -- the labels that you put on stuff, that doesn't mean that's just who you are so then they put you in this little 6 category and then that's the only treatment you get. I 7 don't want to be on anti-depressants, I don't think that's 8 the answer. I think the answer is dealing with the trauma. 9 MS. AUDREY SIEGL: M'hm. Yes. 10 11 MS. MARIA SIEGL: And they always just want to stick you on -- on anti-depressants and leave you alone. 12 13 And I'm, like, that isn't working. I've been trying that 14 for 30 years and it isn't working. I need, like, real help. 15 MS. AUDREY SIEGL: And the alcohol and drug 16 counsellor down here hasn't been available for six weeks. 17 MS. MARIA SIEGL: No, she's sick --18 MS. AUDREY SIEGL: So on -- on the 19 20 reserve --21 MS. MARIA SIEGL: No, there was a change over. I got a hold of her. 22 MS. AUDREY SIEGL: So because of these --23 24 again, a lack of funding and looking at the real trauma and abuse that -- that happens within First Nations 25

communities, to First Nations women, having more than one 1 2 alcohol and drug counsellor available so that people aren't waiting four --3 MS. MARIA SIEGL: M'hm. 4 5 MS. AUDREY SIEGL: -- weeks, six weeks, three months. Whether the reason is legitimate, if a 6 person is in -- is in a situation where they need now, a 7 week, three weeks, six weeks is too long to wait. 8 MS. MARIA SIEGL: And then they just shut 9 down and they don't want to leave the house. So I'm, like, 10 11 well I have heat, hot water, internet, a dog, I could just stay here. Putter away. But I miss the person. Like, I 12 13 miss going for hikes. I miss going for my walks and I miss 14 -- like, I'm positive but I -- I want to go back to work. I love my job, but it's just too hard to deal with right 15 now, too much stuff. But I want to go back. Like, that's 16 part of the reason for living for me. Is -- I think that 17 helped saved my life, definitely, archeology. 18 MS. CHANEL BLOUIN: M'hm. 19 MS. MARIA SIEGL: So problem doing stuff, 20 it's just a problem breaking the cycle and dealing with the 21 actual shit. Yeah. Do you have any other questions? 22 23 MS. CHANEL BLOUIN: How'd you like people to

24 remember your friend and your mom?

25

MS. MARIA SIEGL: As two really crazy strong

1	First Nations women who held on as long as they could and
2	then finally something cracked. And I don't want I
3	don't want to crack. I want to live now. This is the
4	first time ever in my entire life that I want to live.
5	After her, like, what's the point? Like, I don't want to
6	be another story. I want a good story for all of us to
7	come out of this, not just tragedy. Yeah.
8	MS. CHANEL BLOUIN: Thank you for sharing.
9	MS. MARIA SIEGL: Yeah. Thank you for your
10	time.
11	MS. CHANEL BLOUIN: Thanks.
12	Upon recessing at 6:47 p.m.
13	Upon reconvening at 7:01 p.m.
14	MS. MARIA SIEGL: I've met this girl from
15	Somalia and I was modeling and then she had a place in
16	Paris and she was married to some really rich French guy.
17	And they invited me over and when I got there it wasn't at
18	all how they said it was going to be. I was depressed
19	because I was fighting with - with [Partner 1], all we did
20	was fight. Like, if I didn't do what he wanted and, like,
21	give him all of my money, basically, then he would be
22	really mad because we had lots of businesses, but I was
23	making really good money modeling. And so I took off to go
24	to France to stay with her, and when I got there, I had
25	this little room, they had locked me in a room where I

1	didn't have a key and I was mentally broken. And they just
2	dressed me up and took me out to this club to go on
3	dates with men. And that was a friend. And I thought I
4	was so defeated, like, I either have one two things, I'm
5	defeated, and I just give in and do it because I don't want
6	to fight and I don't want to be hurt. It's just easier if
7	you give in because then you don't get hurt so much, and
8	then you just turn off you think it's just your body.
9	Or or you fight, and yeah.
10	That's one thing I wanted to add to it, was
11	that it didn't matter what country or where ever you are
12	there's always people that wanted to take advantage of your
13	weakness but also eat I feel like I've been eaten alive
14	consistently because I'm Native and because I'm good-
15	looking.
16	MS. CHANEL BLOUIN: M'hm.
17	MS. MARIA SIEGL: And it destroyed me and
18	that's why I gained, like, probably, 70 to 100 pounds, so
19	people would stop looking at me because I'm tired
20	objectified. I'm tired of being a thing or a novelty. You
21	know, like, when my husband used to travel around, we'd be
22	in Sweden and it'd just be like, Oh, look at she she's
23	so pretty and she she has good manners, like like I'm
24	a savage beast and I'm tamed. It was disgusting.
25	That's what I just wanted to add, was the

the novelty factor for First Nations women. Like look at 1 2 the lies about Pocahontas and shit, right? 3 MS. AUDREY SIEGL: And that even now that you've put on weight, they still --4 MS. MARIA SIEGL: Oh, yeah. 5 MS. AUDREY SIEGL: -- it's still -- nothing 6 has changed. 7 MS. MARIA SIEGL: Nothing's changed. It 8 doesn't matter if I'm skinny or fat, men still are creepy. 9 MS. CHANEL BLOUIN: And you wanted to add 10 11 about --MS. MARIA SIEGL: That's --12 13 MS. CHANEL BLOUIN: -- Malaysia? 14 MS. MARIA SIEGL: Oh, being so ashamed of being First Nations, I created a lie that I told everybody 15 when I did -- when I was able to go back to school, 'cause 16 I had a little bit of stability, that I told everybody that 17 I was a Malaysian princess' daughter. That my father was a 18 naval officer and my mother was Malaysian. She died giving 19 20 birth to me. And until last year, my girlfriend didn't know that that wasn't true. I lived with -- she had lived 21 with that lie all along and it's pretty trippy to be that 22 23 ashamed of who you are, to hide everything to not be First 24 Nations, but -- but being something else fantastical was okay. And that's it. 25

1	MS. CHANEL BLOUIN: Okay. Thank you.
2	MS. MARIA SIEGL: Thank you.
3	Upon adjourning 7:04 p.m.

LEGAL DICTA-TYPIST'S CERTIFICATE

I, Debra Diemert, Court Transcriber, hereby certify that I have transcribed the foregoing and it is a true and accurate transcript of the digital audio provided in this matter.

uba Dunnet

Debra Diemert January 6, 2019