## **Tracy Denniston**

Nain, Newfoundland and Labrador Home:

#### **Professional Overview**

Inuk Social Worker talented at setting clients at ease and structuring treatment plans around each client's needs and strengths. Passionate about social and community-oriented work that is committed to providing the highest level of care to clients.

## **Summary of Skills**

- Inuk frontline health support for Murdered and Missing Women, Nunatsiavut Region
- Trauma and Inter-generational Trauma therapy
- **Excellent Social Skills**
- Extensive experience with Provincial Court System
- Community outreach and multi-disciplinary team networking
- Attentive Listener
- Extensive experience in group facilitation
- Family-Centred

Facilitator and training in Suicide Prevention and Grief Bereavement Counselling

# Education Bachelor of Social Work- Generalist Social Work Practitioner May 2013 Memorial University of Newfoundland - St. John's, Newfoundland, Canada Diploma in Social Work June 2000 Memorial University of Newfoundland - St. John's, NI, Canada

### Work History

Acting Executive Director Nain Transition House Inc February 2018 to date, Nain

The Executive Director is the leader of the organization responsible for overseeing, managing the day to day operations of the Nain Transition House Inc. including staff and the services they provide. I am also responsible for managing women and their safety when they enter and stay at the shelter because they are experiencing or fleeing violent situations.

#### Summary of Responsibilities:

- Responsible for eight in-house staff;
- Responsible for any Human Resource issues that arise with staff.
- Responsible for women who enter the shelter who are experiencing or fleeing violence situations;
- Responsible for treatment planning for women who are enter the Nain Transition House.

#### Victim Services Regional Coordinator

August 2014 to Present (Currently on a leave of absence)

Working independently out of Nain and responsible for regional Inuit communities of Hopedale, Makkovik, Postville and Rigolet with the help of a supportive team in St. John's, NL. Worked with voluntary clients who have been victimized by crime.

#### Summary of Responsibilities:

Carried a caseload of clients referred by the Royal Canadian Mounted Police (RCMP). I would complete, register and document their files using the Victim Impacts Management System (VIMS) in conjunction with the Provincial and Federal court. I would provide short term counselling and crisis intervention services to adult and child victims of crime; especially those victimized by violent offences. Conducted psychosocial assessments to determine case plan of victims to refer to appropriate resources such as Crown Attorney, RCMP for example and conduct pre-court preparations to victims of crime.

#### Status of Women Project Coordinator

Nunatsiavut Government, Department of Health and Social Development-Hopedale & Nain April 2014 to August 2014 November 2014 to date

Working independently in Hopedale and Nain with supervisory support from Makkovik, I gathered information, conducted surveys, met with community members to develop a program; *I am a Kind Man-Pitsiatovunga Angutik Project*.

#### Summary of Responsibilities:

I gathered information, conducted surveys, met with community members to develop a program, *I am a Kind Man-Pitsiatovunga Angutik Project* that is culturally specific for Inuit to be implemented and delivered to Nunatsiavut beneficiaries. I began developing the Inuit specific manual of the *Pitsiatovunga Angutik Project*. I managed to locate two men who were interested in becoming trainers of this project to facilitate the while program once the manual was completed. This project's goal was to help deliver

awareness and prevention of violence against women in Nunatsiavut. This program is aimed at being delivered to Nunatsiavut male population.

#### Mental Health and Addictions Counsellor Labrador Grenfell Health- Hopedale May 2013 to March 2014

While working with a multi-disciplinary team, I helped to provide specialized professional addictions and mental health services to residents of Hopedale.

#### Summary of Responsibilities:

- Provided intake, screening, and comprehensive assessments including bio psychosocial assessments to clients who access services of mental health and addictions team,
- Carried a caseload of clients (mental health and addictions) who I completed regular weekly therapy sessions with,
- Completed clinical documentation of Client Referral Management System (CRMS),
- Developed partnerships with other community groups to deliver mental health and addiction programs for all age areas for the residents of Hopedale,
- Developed and facilitated addictions and mental health programs as required for the needs of the residents of Hopedale and attended and participated in interdisciplinary team functions.

#### Mental Health Worker

Nunatsiavut Government, Department of Health and Social Development - Nain and Hopedale, NL

January 2008 to December 2009

Responsible for the delivery of services to all ages of Inuit beneficiaries as they pertain to mental health and wellness.

#### Summary of Responsibilities:

- Facilitated individual counselling sessions on a weekly basis,
- Developed, implemented and facilitated on topics or issues raised by community. ie./ bullying in the schools, evaluated and addressed individual client needs and concerns,
- · Co-facilitated sharing circles,
- Co-facilitated a land based treatment of a family who lost a loved one to suicide,
- Developed, implemented and co-facilitated a six week program for involuntary clients, adult men on probation,
- Consulted with other professionals regarding the treatment of specific clients,
- Educated residents and their families regarding other community resources,
- Maintained case history records and wrote detailed reports,
- Completed pre-assessments with clients to determine areas of need to be worked on with the client. ie/ anger issues.

Prior work experience from years 2001-2008 included: Community Services Worker, Social Worker at Jens Haven School, Counsellor at Martin Group Home and Crisis Intervention Worker at the Nain Transition House.

## **Training and Workshops Completed**

- Frontline Health Support, Murdered and Missing Indigenous Women, Goose Bay and Ottawa
- Mental Health First Aid, Inuit specific, January 2018
- Trauma Informed Practice, September 2017
- Mothers Against Drunk Drivers (MADD) September 2017
- Trauma Dogs, September 2017
- De-escalating Potentially Violent Situations, February 2017
- Women's Wenlido Self Defence, March 2015
- Non-violent Crisis Training, April 2015

## Memberships and Affiliations

- Nunatsiavut Government Beneficiary.
- Newfoundland and Labrador Association of Social Workers (NLASW).
- Member of the Take Back the Night Committee
- Board member for Torngat Arts and Crafts