Missing Persons Checklist

If you think a person is missing, the following are actions that you can take.

Immediately contact your local law enforcement agency to report the person missing. If the person went missing somewhere else, you may contact the law enforcement agency in that area. When you contact police, tell them that you need to file a missing persons' report.

When you file a missing person's report the police will ask you a number of questions. It would be helpful if you had the following information. Do not worry; you need not delay contacting the police if you do not have all of the information below.

a) Basic information about the Missing Person

Full name:

Date of birth:

Birthplace:

Nicknames (if any):

Current and previous addresses.

Who else lived there?

Current and former employers.

b) Physical description of the Missing Person

Height

Weight

Age

Build

Hair Color/Length of Hair

Eye color?

Any Markings (tattoos, birthmarks, scars, etc)
Missing Persons Checklist

Beard/Mustache/Sideburns:

*Provide the most recent photo of the missing person*

c) Habits and Personality of Missing Person

Does the person smoke? If yes, what brand of cigarettes?

Does the person drink alcohol? If yes, what type?

Does the person use recreational drugs?

Does the person chew gum?

What type of recreation or activities does the person engage in including hobbies?

Are there novel habits that the person has? For instance, does the person have a place where they always go for coffee?

Does the person have particular banking habits?

What type of personality does the person have? Is the person outgoing or quiet? Is the person friendly or depressed?
Missing Persons Checklist

What are the values and philosophy of the person?

Is the person religious?

Does the person have any emotional problems?

What level of education or training does the person have?

Does the person go to any particular areas, bars, taverns or places of interest?

d) Clothing that the Missing Person was wearing the last time seen

Style and color of shirt:

Style and color of pants:
Missing Persons Checklist

Style and color of jacket or outerwear:

If applicable, type of headwear:

Type of glasses:

Type of gloves:

Type of footwear:

e) Trip Plans of the Missing Person the day they went missing

What were the missing person’s plans and/or activities on the day they went missing?

Where was he/she going?

Why was he/she going there?

Was the person traveling by car? If so, provide the make and model number, license plate number and registration.

Does the person have access to any other vehicles or mode of travel?
Missing Persons Checklist

f) Information about the last time the Missing Person was seen

The time and location of where he/she was last seen:

The name of the person who last saw the missing person:

The name of the person who last talked at length with the missing person:

The direction the missing person was traveling the last time seen:

The attitude of the missing person the last time seen:

Was the missing person concerned about anything before he/she went missing?

g) Overall health and condition of the missing person

Physical condition:

Any known medical problems:

Is the person suffering from Alzheimer’s disease/dementia/memory loss? If so, are they registered on Safely Home? If they are registered on Safely Home, what is their registration number? Are they wearing a Safely Home identification bracelet or carrying an identification card?

Any handicaps or disabilities:
Missing Persons Checklist

Any psychological problems:

Any medications that the person is taking:

Any addictions that the person has:

Provide the name of the missing person’s family physician and their health card number, if possible:

Provide the name of the missing person’s main dentist, if possible:

h) Potential People that the person would contact

List all of the people who the missing person may try to contact. Try to include addresses and telephone numbers (use a separate sheet if necessary):

When the missing person’s report has been filed, ask the police for the missing person’s file number. As well, ask for contact information for the investigator in charge of the file.

Secure the personal belongings and living space of the missing person until the police provide further direction. Below is a list of items of importance.

- Items such as a hairbrush, a toothbrush, or undergarments. Investigators may need to undertake DNA analysis.
- Any electronic equipment such as a cell phone or computer. What is the make of phone and the cell phone provider. As well, do you know if they were active on a chat line or other social on-line network such as MSN facebook?
- Any personal documents such as banking statements and credit card statements as well as all bank card information.
Missing Persons Checklist

- Any written material such as a journal

To make things more manageable, start a log or journal. Include all information about the missing person’s case in the journal.

The Police will likely request that there be one family contact with the police. This simplifies contact between the Police and the family. Police officers will only have to update one person about the investigation. In addition, they will know who to contact when information is needed from the family. Talk with your family and close friends about who will be the family contact. The members of your family may not want to take on this role. If so, you may decide that a close friend should be the contact person.

Actions your family can undertake

- Conduct a telephone search. Phone friends and family that may have some idea of where the missing person is. Start with those closest to the missing person and write all of the information down in your journal.
- If you find out any additional information from telephone inquiries pass it on to police.
- Put up flyers with a photograph of the missing person around your community. If the missing person is a child talk to Child Find Saskatchewan about the services they provide for distributing pictures and posters.
- Tell all necessary people about the disappearance of the missing person. This may include the missing person’s employer, their bank, and their doctor. If the missing person is a child you will need to contact the school they are attending.
- If necessary, arrange for the payment of the missing person’s mortgage, rent or bills. You may require legal advice on how to proceed.
Family and Friends Contact List
Use this form to record all family members and friends who have had contact with the missing person

<table>
<thead>
<tr>
<th>Name &amp; Relationship</th>
<th>Phone Number</th>
<th>Address</th>
<th>E-mail</th>
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</tbody>
</table>
## Communication Log

Use this form to record any conversations you feel are important

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time:</th>
<th>Name of Contact:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</table>

**Details of Communication:**

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time:</th>
<th>Name of Contact:</th>
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<tbody>
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**Details of Communication:**

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time:</th>
<th>Name of Contact:</th>
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</table>

**Details of Communication:**
Navigating the Missing Persons Investigation

The information provided on this fact sheet is to give families of missing persons an idea of what to expect during the investigation process. This list is meant to give a general outline of various tasks and actions investigators will take during the process and should not be considered inclusive of all tasks that occur during the investigative process.

- Adult missing person investigations are more complicated as there are privacy issues in place that do not exist with missing children investigations. Gathering information can take more time in adult missing person cases due to these privacy issues.

- In the beginning of an investigation, officers need to assess the level of risk the missing person may be facing by looking at key areas such as: routine, lifestyle, travel, what is out of character and what is common.

- The immediate family will be questioned extensively. This is intended to clarify information and gather facts. Expect questions to be personal and at times they may be uncomfortable to answer. It is important to be as factual and truthful as possible as doing otherwise could hinder the investigation.

- The questions asked are meant to move the investigation forward by eliminating information that is not relevant to the disappearance.

- Be prepared for investigators to request articles that may hold the missing person’s DNA. This is not meant to be a sign that the missing is no longer safe. It is only a precautionary measure as DNA takes a long time to process.

- Investigators appreciate having one primary contact person for the family. This allows information to flow smoothly and prevents misinformation being relayed to other family members.

- The primary investigator will provide contact information (phone, email for example) to the primary family contact and let the family know when they will be able to provide updates on the investigation.

- To protect the integrity of the investigation very little information will be shared at the beginning. As time passes and information is sorted through investigators will be able to share more.

- Items that get seized will remain as such until the investigation proves the item holds no evidentiary value.

- Investigators will ensure all searches for the missing person are conducted by professional search teams. This is to protect anything of evidentiary value.
• Families are encouraged to speak to investigators about the benefits of being onsite during a search. Some families may find that it is easier to wait at their home supported by family and friends than at the search area.

• Media releases have benefits and drawbacks. They can make the public aware that someone is missing and what the investigators are doing (such as aerial searches). They can also lead to false information being reported that waste valuable resources and time. They can also expose the family to scam artists looking to benefit off the trauma the family is experiencing.

• Family is notified of an upcoming media release whenever possible prior to the media being notified. If you have questions or concerns about the information that will be shared, discuss it with the investigators.

• Do not ever hesitate to ask questions. The investigators understand that questions will come up at all stages and encourage the primary contact to address them.

• Share any new information you receive with the investigators, no matter how unlikely, ridiculous or crazy it sounds. Let the investigators determine what information is valuable to the case.

• If an investigation reaches a point where there are no further avenues to explore and no new information is coming in, it may be transferred to the cold case investigator. This does not mean the case is closed. This means that the cold case investigator is now the primary contact for the family.

• The cold case investigator will investigate any and all new information as time and resources allow. It is important for the family to realize that there are only a handful of cold case investigators in Saskatchewan and they handle all cold cases, not just cold missing persons cases.

• The cold case investigators maintain close contact with missing persons coordinators and major case investigators. They also meet provincially twice a year to discuss cases.

• Cold cases are never closed or concluded. They are considered inactive until more information becomes available and new leads are generated.

• Cold cases investigators encourage families to dictate frequency of contact. Some families want regular updates where other families only want to be contacted if something major happens with the case.

• Keep investigators updated on primary contact information even if the investigation is now a cold case. Having a loved one go missing is very traumatic and it can be physically and emotionally exhausting. At any point that the primary family contact feels they can not continue in this role, the family can designate a new contact person.
Media Relations: A Toolkit for Families

Introduction

Speaking to the media can be hard. It is not always clear what facts to share and how and when to share them. This media kit is intended to help you with this. In addition, your family should always discuss media issues with the police. They know your case and have dealt with the media many times before.

This media kit has the following sections:
 a) Information the media may ask for;
b) Deciding who should be the family spokesperson;
c) Putting on a news conference;
d) Creating a media advisory;
e) Holding a media scrum;
f) One-on-one interviews;
g) Creating a statement to the media;
h) Contacting the media in long term missing persons cases; and,
i) Raising public awareness without using the media.

A) Information the media may ask for:

• What the person looks like (physical appearance, tattoos, birth marks, height and what the person was wearing when they went missing, etc)
• Where the person was last seen
• A recent photo of the missing person (photos that clearly show the person’s face are needed)
• The phone number of the local police or RCMP and the name of the investigator who is handling your case.

B) Deciding who should be the Family Spokesperson

What is a family spokesperson?

A family spokesperson is the person who will be the family contact with the media. Any member of your family or a close friend can take on this role. Family members may not want to deal with the media. If this is the case, a friend of the family may want to be the family contact.
The police may also be able to provide someone to inform the media. Your family may want to have two people in mind for this role. If one person is unavailable, the other person can fill in.

Here are a few pointers:

• The person should feel confident speaking to the media;
• The person should be able to keep messages to the media clear and brief;
• The person should know about the missing person's case so he/she does not have to stop and check basic facts;
• The person should be able to remain calm when dealing with reporters who may ask hard questions.

C) The News Conference

If you hold a news conference you can talk to all media outlets at once. This decreases the number of times you will need to talk with the media. If you can, get a person with media experience to help put on the news conference.

Someone with experience will have media contacts and understand the news cycle. They will also look after details that may otherwise be forgotten. You can talk to the investigator in charge of your case. Ask the investigator to put you in contact with a media spokesperson.

Try to hold the news conference away from your home. You may want to keep your house free to continue efforts to locate your loved one. Choose a location, such as your local police station, that has a room set up for news conferences. Other options may be a local church hall or a business that has a board room.

D) Creating a Media Advisory

A Media Advisory tells the media about a future news conference. It provides the time, date, and location of the news conference. It also describes when your loved one went missing. A contact number is included so questions can be answered about the news conference.

Below is an example of a Media Advisory. You can use it to help make your own. Send the Advisory to all media outlets the day before the news conference either by fax or email. If fax or email is not an option deliver the media advisory to each outlet.

<table>
<thead>
<tr>
<th>Media Advisory</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 14, 2006- The Family of Jane Doe will talk to the media about her disappearance. She has been missing since June 13, 2006 from her home in Big City. The RCMP will be in attendance.</td>
</tr>
<tr>
<td><strong>Time:</strong> 10:00 am</td>
</tr>
<tr>
<td><strong>Date:</strong> June 15, 2006</td>
</tr>
<tr>
<td><strong>Location:</strong> United Church Hall</td>
</tr>
<tr>
<td>234 Local Church Way</td>
</tr>
<tr>
<td>Big City, Province</td>
</tr>
<tr>
<td><strong>Contact Info:</strong></td>
</tr>
<tr>
<td>RCMP Communication person</td>
</tr>
<tr>
<td>Family Member</td>
</tr>
<tr>
<td>Direct XXX.XXX.XXXX Cell XXX.XXX.XXXX</td>
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<tr>
<td>Cell XXX.XXX.XXXX</td>
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Example
E) Media Scrum

A scrum is like a news conference but it is not formally organized. A group of reporters will interview a person at the same time. You may have noticed on TV shows like CSI Miami and Law and Order that after a court ruling the defendant is asked many questions. That is a media scrum. Scrum can be stressful but they provide families with a way to get important facts to the public.

If possible, have someone with experience in communications set up the scrum. This person will tell the media what questions will be answered and how long the scrum will last.

The family spokesperson should state his/her name and relationship to the missing person. Family members often prepare a statement (see statement section of this toolkit). The information in the statement should be discussed with police. The spokesperson should read the statement and give reporters the chance to ask a few questions. Refer questions about the case to the lead investigator. Do not comment on gossip or rumors. Thank reporters for coming and be firm when you tell them that the scrum is over. If you like, you can ask someone to moderate the news conference and bring it to a conclusion.

F) Giving One on One Interviews

One on one interviews are optional. You don’t have to agree to an interview if you don’t want to. If your family has an interview, the family spokesperson should be well prepared. Your family should decide on a few key points for discussion during the interview. The spokesperson should try to stick to these points. If you are worried about the interview remember that you are in control. The spokesperson can stop the interview at any time. Always discuss with the police what facts should be released to the media during the interview.

G) Creating a Statement to the Media

A statement to the Media is an easy way to involve the media in your case. It contains basic facts about your loved one. It should provide enough information to allow a reporter to create a story for broadcast or print. Below is an example that you and your family can follow. The format could be used for a missing man, woman, or child:

Example:
Statement to Media by the Family of Jane Doe

June 14, 2006- The family of Jane Doe would like to issue the following statement regarding Jane Doe.

On June 13th, 2006, Jane Doe was reported to the police as missing. Repeated attempts to contact her by family members failed. Jane Doe is 35 yrs old, has a husband and two small children. At this time, we are working with police to locate Jane.

We are very worried about Jane. It is not like her to not contact her family or to miss work without calling in to report her absence. Jane does not have a history of any illnesses. We can not think of why Jane would walk away from her family or disappear in the manner which she has.

We are asking the public to please look at the pictures of Jane included. As well, Jane’s picture can be seen on missing persons’ posters which have been placed (or posted) in local public areas. If you have seen Jane or know anything which could help us find her, please contact the local police at XXX.XXX.XXXX or call Crime Stoppers at XXX.XXX.XXXX.

A quick message to Jane: We love you and wish that you would come home. Your children and husband miss you and we would like you to contact us ASAP. We are very worried about you. We love you.

H) When a loved one has been missing for a long time

Sometimes a missing loved one will remain missing for a long time. If this is true in your case, you may want to contact the media to bring attention back to your case. You can do this in any of the ways outlined above. As well, you may want to hold a vigil or awareness walk. If you do, invite the media to the event.

I) Creating Public Awareness without using the Media

There is no guarantee that the media will cover your case. Here are a number of ways to raise public awareness about your missing loved one without using the media:

- Create and put up posters around your neighborhood. The Saskatchewan Association of Chiefs of Police has many samples of posters of missing persons that you can follow (http://www.sACP.ca/missing/details.php?id=13).
- Create a page on Facebook or some other social networking site. These sites provide access to many people who may not see a poster.
- Hold a vigil or an awareness walk.

Conclusion

Contact with the media is important. The media are able to bring attention to your case. The increased attention may produce leads from the public. This may help locate your missing loved one.
Try to remember that you control the relationship with the media. You and your family decide when, where, and in what format you are going to interact with the media. In addition, you and your family, along with police input, decide what facts will be released to the public.

This toolkit is a basic source of advice for you and your family. If you have any questions about the media talk to the police agency in charge of your case. They can direct you to someone who can help you with media related questions.
Guide to Working with Social Media

Instructions and information to support you in using Social Media in your search for your loved one. Includes Facebook, Bebo, Twitter, and Hotmail (for those who do not have a current email).

Facebook Instructions:

Note: In order to set-up a Facebook account you need a current email – if you do not have one, please go to the Hotmail instructions in this guide first to get an email account. All of your sign-up information will be sent to the email you provide to Facebook.

We recommend that you set up a profile for yourself first in your own name then start a “group” for your loved one. Groups are great – you can message people, and share information easily, however it’s important that you make your group an “open” group with limited privacy so that as many people can see this as possible.

IMPORTANT – you will not be able to be “friends” with your missing loved one as they need to accept your request by signing in. You will need to monitor their personal “Profile” through someone who is already friends with them (like their close friend/partner).

Getting Started

• Type in www.facebook.com and you will see blanks in which to type your name, email and information. Click on “sign up” (note: type your name exactly as you want it to appear).

• Facebook then redirects you to a security page. Enter the security check and click “sign up”.

• STEP 1: You are directed to your “Getting Started” page where you have the option to search for friends, you have the option to skip this step by clicking “skip”, found on the bottom left of the page.

• STEP 2: Facebook then directs you to set up your “Profile Information” where it asks about the schools you attended/work details etc. Again you have the option of skipping this at the bottom left of the page.

• STEP 3: you are prompted to upload or take a picture for your profile that can be seen on your profile to friends and family, again the option to skip is on the left. We recommend you load a picture of yourself, or your loved one.

• Next, you will enter the “Welcome” page where you will be guided through all of the profile options. On this page you are able to search friends by name or email.

• An important option on this page is your personal security options – found at the top right of the page – you can set your personal security to be high, and still leave security open if you start a group for your loved one. Remember that the tighter the security on your profile, the fewer people can see it.

• On the left side of the page you have the options to create events, send messages, create groups, etc. This is where you would create a group for your loved one.

• When using this site, please be mindful that if you add people you don’t know as friends, your profile runs the risk of being hacked. You can report spam and hackers on your page – in order to share the missing person’s information, this may be a risk you choose to take. Ask friends and family for more tips on security.

• The more family and friends you add as friends or invite to the group, the bigger the network – information can travel in hours across the country. Send messages to your friends and family asking them to share information widely.
Guide to Working with Social Media

**Bebo Instructions:**
- Go to www.bebo.com
- Click on the “Join Bebo for Free” link that is highlighted in blue on your left
- This brings you to a sign up for free page where you need to enter your full name and email address along with some personal information (see Hotmail instructions below if you don’t have an email).
- It now brings you to a “find friends from Hotmail” option – either select, or there is an option to skip this on the right of the “find friends” button
- From here it takes you to a page on which you are able to edit your basic information, descriptive phrase, user names, contact details, education details, etc.
- This page also gives you the option to change your privacy settings – ensure you select privacy levels that allow you to share information, however protects your own personal information.
- You can navigate through Bebo by using the “navigation bar” at the top of the web page. This will provide you with options for checking your “home page”, your profile, finding and viewing friends, photos etc.

**Hotmail Instructions:**
- Type in www.hotmail.com and look to your bottom left to sign up for an account.
- You will be redirected to a page where you need to enter all your information and choose a name for your account.
- Make sure to pick a name that will be easy to remember, and write it down to avoid having to search or make up a new account. Often using a version of your first and last name is ideal if you are able to.
- When choosing your password try to choose wisely to ensure no-one can easily access your account. Choose something that is easy for you to remember but difficult for others to figure out.
- When you are asked for an alternate email address, and if you do not have one you will have the option of answering a security question.
- After all this information is entered, you will then be forwarded to your new Hotmail account with further instructions on managing it.

**Tip:** Add all your email contacts immediately to your “address book” so they are easy to access for sending email updates.

**Twitter Instructions:**
**Note:** In order to set-up a Twitter account you need a current email – if you do not have one, please go to the Hotmail instructions in this guide first to get an email account. All of your sign-up information will be sent to the email you provide to Twitter.

Twitter enables you to communicate quickly – kind of like sending a text to the world. You update your Twitter right from your cell phone, so you can do anywhere/anytime. The challenge with “tweets” is that you only have 140 characters to share what you want to say, and if no-one is following your page, your message doesn’t get heard, so you need to spend some time inviting people to follow you.
Guide to Working with Social Media

Twitter is a great way to communicate brief "sound-bites" however, it will take some time to get up and running and you need to be able to spend some time getting it active. *For Advanced Users: one advantage to a Facebook “page” rather than a group, is that you have the option to have all page status updates go immediately to Twitter.* See Facebook instructions for more details.

- Go to www.twitter.com to access the site.
- On the home page you will be prompted to enter your name, email and a password to sign up.
- You will then be directed you to a confirmation page, double check all your information before clicking ‘creating my account’
- This brings you to another security check, enter the information asked and click create my account.
- **STEP 1:** Select the topics you are interested in. Find a few people you want to hear from, then follow them as well as their messages
- **STEP 2:** Search the services you use to discover which of your friends are already using Twitter. Follow any of the friends you find to add their Tweets to your timeline.
- You are then directed to your home page, where you have the option of formatting your profile.
**Self Care - It's vital that you remember to take care of yourself**

**Stress symptoms** are normal under these circumstances. How you are feeling is normal and natural and may be experienced differently by each family member. These are some possible symptoms* that you, or others, may be feeling. Be mindful of:

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<thead>
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<th>Physical</th>
<th>Emotional</th>
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<td>Chills</td>
<td>Fear</td>
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<tr>
<td>Thirst</td>
<td>Guilt</td>
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<tr>
<td>Vomiting</td>
<td>Grief</td>
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<tr>
<td>Nausea</td>
<td>Denial</td>
</tr>
<tr>
<td>Dizziness</td>
<td>Anxiety</td>
</tr>
<tr>
<td>Headaches</td>
<td>Agitation</td>
</tr>
<tr>
<td>Chest pains</td>
<td>Depression</td>
</tr>
<tr>
<td>Elevated Blood Pressure</td>
<td>Intense anger</td>
</tr>
<tr>
<td>Shock symptoms</td>
<td>Feeling overwhelmed</td>
</tr>
<tr>
<td>Tension</td>
<td>Disconnection</td>
</tr>
<tr>
<td>Insomnia</td>
<td>Loss of emotional control</td>
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<tr>
<td>Fatigue</td>
<td>Inappropriate emotional responses</td>
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<tr>
<td>Exhaustion</td>
<td>Emotional outbursts</td>
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<tr>
<td>Stomach/digestive problems</td>
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<tr>
<td><em>Any of these symptoms may need medical attention. Maintain regular contact with your Doctor if any of these symptoms persist.</em></td>
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<th>Behavioural</th>
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</thead>
<tbody>
<tr>
<td>Confusion</td>
<td>Any change in normal behaviour</td>
</tr>
<tr>
<td>Nightmares</td>
<td>Withdrawal</td>
</tr>
<tr>
<td>Hyper-vigilance</td>
<td>Irritability</td>
</tr>
<tr>
<td>Suspiciousness</td>
<td>Anger</td>
</tr>
<tr>
<td>Difficulty problem solving</td>
<td>Restlessness</td>
</tr>
<tr>
<td>Difficulty making decisions</td>
<td>Irregular sleeping patterns</td>
</tr>
<tr>
<td>Poor concentration/memory</td>
<td>Change in social activity</td>
</tr>
<tr>
<td>Heightened/lowered alertness</td>
<td>Resorting to old coping habits</td>
</tr>
<tr>
<td>Hyper-critical</td>
<td>Loss/increase of appetite</td>
</tr>
<tr>
<td></td>
<td>Loss/increase of alcohol consumption</td>
</tr>
<tr>
<td></td>
<td>Increasing anxiety</td>
</tr>
<tr>
<td></td>
<td>Absenteeism</td>
</tr>
<tr>
<td></td>
<td>Pacing</td>
</tr>
</tbody>
</table>

*This is not a complete list; you may be experiencing other symptoms not included here. Be sure to talk to your doctor if symptoms continue more than a week. Refer to the Medicine Bear Resource Guide for different resources available to support you, your family and friends.*
Helpful tips...

Plan regular family meetings to check in with everyone and see how each of you is doing. This will also provide an opportunity to share information and plan together, which will reduce miscommunication.

- Know that you are not alone and that there are always people that want to help you search, people to support you, and people to talk to. Reach out – people do care!

- Talk with someone. Whether it is an Elder, therapist, family member or a friend, you need to be able to speak freely with someone who will listen openly to your feelings. Remember that you can also attend or request a ceremony.

- Make a commitment to do at least one thing for yourself and your well-being each day. This will help you stay balanced and reduce stress so you can continue to manage the situation. Try to

  - Go for a 10-15 minute walk
  - Call a friend to go out for coffee
  - Write in a journal
  - Connect with nature
  - Make time for exercise
  - Light a candle and have 5 minutes of quiet time
  - Take an afternoon nap
  - Talk to an Elder or other spiritual advisor

- Your body needs fuel and sleep to be able to stay healthy. Even though it may be hard, it is vital that you eat a balanced diet with regular meals and get at least 8 hours of sleep a night.

- Find a place with no distractions that you can go to and feel at peace. Even a few minutes will help.

- You may find that the strong emotions you are feeling help drive you in the search for your loved one. Remember that you need to be able to release these emotions in a positive way as they build up – allow yourself time to blow off steam in a safe and healthy way.

- Sometimes it may feel like you should have been there or done something differently in order to prevent this from happening. Be gentle with yourself and others, and know that blaming yourself or others isn’t fair to you, or helpful for your loved one.

- Some people find relief in writing, whether it be a letter, scribbles of thoughts, or just writing everything you’re feeling, thinking and what is going on around you.
Saskatchewan Community Resource Guide

Support Services for Families of Missing Persons

Last updated December 2015
Battlefords Victim Services
RCMP Battlefords Municipal Detachment
1052 - 101 Street, North Battleford, SK S9A 0Z3
Phone: (306) 446-1550 Fax: (306) 446-1638
Aboriginal Resource Officer: Phone: (306) 446-1552
Website: http://www.battlefordsvictimservices.ca
Encompasses: Glaslyn RCMP/Battlefords Municipal RCMP/Battlefords Rural RCMP/Moosomin & Saulteaux RCMP

Battlefords Interval House 306-445-2750
Battlefords Tribal Council 306-445-1383
Catholic Family Services 306-445-6960
Concern for Youth 306-441-5823
Kanaweyimik 306-445-3500
Mental Health Services 306-446-6500

Midwest Victim Services
RCMP Lloydminster Detachment
5106 – 44th Street, Lloydminster AB T9V 0W2
Phone: (780) 874-5022 Fax: (780) 808-8401
Website: http://www.midwestvictimservices.com
Encompasses: Lloydminster Municipal RCMP/Lloydminster Rural RCMP/Maidstone RCMP/
Onion Lake RCMP/Thunderchild Reserve RCMP/Turtleford RCMP

CARE Counselling 780-821-0377
Christian Counselling Services 306-825-6226
Community Counselling Services 306-820-6250
Freedom Counselling 780-808-3878
Interval Home (Women’s Shelter) 780-875-0966
Men’s Shelter 306-825-3977
Onion Lake Child and Family Services 306-344-4747
Onion Lake Healing and Wellness Center 306-344-5033
Premura Counselling 780-875-9084
Salvation Army 306-825-4840
The Walking Through Grief Support Group 780-846-2576
Thunderchild Human Services 306-845-4330
   (Counselling/programming for families and individuals)
Turtleford Mental Health 306-446-6546
Moose Jaw & District Victim Services
Moose Jaw Police Service
21 Fairford St. W., Moose Jaw SK S6H 1V2
Phone: (306) 694-7624 Fax: (306) 694-7610
Website: http://www.mjpoliceca/vs.htm
Encompasses: Moose Jaw Police Service/Moose Jaw RCMP

Canadian Red Cross 306-692-9776
Five Hills Mental Health and Addiction Services 306-691-6464
Ministry of Social Services 306-694-3647
Moose Jaw & District Food Bank 306-692-2911
Moose Jaw Women’s Transition House 306-693-6511
Salvation Army Community and Family Services 306-692-5899
Salvation Army Thrift Store 306-692-8858
The Moose Jaw Multicultural Council 306-693-4677
W.J. Jones & Son Family Resource Centre 306-691-4715
YMCA of Moose Jaw 306-692-0688

North Sask Victim Services
To access local services contact:
• RCMP Beauval Detachment
  Phone: (306) 288-6406 Fax: (306) 288-6402
• RCMP Buffalo Narrows Detachment
  Phone: (306) 235-4910 Fax: (306) 235-6662
• RCMP Canoe Lake Community Office
  Phone: (306) 829-5673 Fax: (306) 829-5672
• RCMP Creighton Detachment
  Phone: (306) 688-8201 Fax (306) 688-8885
• RCMP Fond du Lac Detachment
  Phone: (306) 686-2060 Fax (306) 686-4921
• RCMP Ile a la Crosse Detachment
  Phone: (306) 833-6309 Fax: (306) 833-6302
• RCMP La Loche Detachment
  Phone: (306) 822-1888 Fax: (306) 822-2314
• RCMP La Ronge Detachment
  Phone: (306) 425-4378 Fax: (306) 425-6742
• RCMP Montreal Lake Detachment
  Phone: (306) 663-4425 Fax: (306) 663-4421
• RCMP Pelican Narrows Detachment
  Phone: (306) 632-3308 Fax: (306) 632-3302
• RCMP Pinehouse Detachment
  Phone: (306) 884-2406 Fax: (306) 884-2402
• RCMP Sandy Bay Detachment
  Phone: (306) 754-4606 Fax: (306) 754-4601
• RCMP Southend Detachment
  Phone: (306) 758-5676; Fax: (306) 758-5672
• RCMP Stony Rapids Detachment
  Phone: (306) 439-2090  Fax: (306) 439-2071
• Aboriginal Resource Officer: Phone (306) 425-6453; Fax (306) 425-6451
• Administrative Office: Box 690 La Ronge SK S0J 1L0
  Phone: (306) 425-3235  Fax: (306) 425-6755

Black Lake  Contact local detachment

Beauval, Canoe Lake, English River, Ile-a-la-Crosse and Pinehouse

Addictions (Pinehouse)  306-884-5689
Beauval Aboriginal Head Start Inc.  306-288-2274
Beauval Recreation  306-288-2064
Beauval Village Ministry  306-288-2037
Beaver River Regional Housing Authority  306-288-2379
Beaver River Housing Authority (Pinehouse)  306-884-2038
Catholic Church  306-288-2019
Clinic  306-288-4800
Community Health Educator (Pinehouse)  306-884-5682
Community Health Manager (Pinehouse)  306-884-5677
Community Outreach & Education Worker  306-288-4807
English River First Nation Radio  306-396-4417
Family Services Worker/Buffalo Narrows Friendship Centre  306-235-4941
Home/School Councillor (Pinehouse)  306-884-2080
Keewatin Yathe Regional Health Authority  1-866-848-8011 Toll Free
  Autism Support Worker Main  306-833-5500
  Child and Youth Behavioural Worker  306-235-3003
  Cognitive Disabilities Consultant  306-833-3383
  Community Mobile Treatment Coordinator  306-235-5845
  Suicide Prevention Worker for the KYRHA  306-833-3384
  Youth Program Development Coordinator  306-235-3000
Kids First North  306-288-2232
Mental Health (Pinehouse)  306-884-5682
Northern Crisis Line  1-306-425-4090 Collect
Northern Lights School Division No 113 Sub Office  306-288-2310
Parent Aide (Pinehouse)  306-884-2149
Pinehouse Health Centre  306-884-5670
Police  306-288-6400
Public Library  306-288-2022
Sipisishk Communications (CIPI)  306-288-2222
Social Services Phone  306-235-1700
Social Development Coordinator  306-288-2110
Teen Daycare – Elementary School (Pinehouse) 306-884-2155
Valley View School 306-288-2022
Valley View Community School Coordinator 306-288-4544
Village Office/Administrator 306-288-2110
Wellness Centre (Pinehouse) 306-884-2076

Birch Narrows, Buffalo River and La Loche
Addiction Services 306-235-5800
or 306-235-5846
306-235-2290
or 306-235-4234

Bayside Guest House
Churchill Lake Guest House 306-235-4802
Courtesy Inn Motel 306-235-4425
Courtesy Restaurant 306-235-4425
Mental Health 306-235-5800
or 306-235-5809

Mental Health (La Loche)
Northern Store 306-235-4396
Northern Stores (La Loche) 306-822-2008
The Snack Shack Store 306-235-4466
Waterfront Restaurant 306-235-4830
Waterfront Hotel 306-235-4830

La Ronge and Stanley Mission
Crisis Line 306-425-4090
ECIP (Early Childhood Intervention Program) 306-425-6600
Gary Tinker Foundation 306-425-6612
ICFS 306-425-5511
Jeannie Bird Prevention and Recovery 306-425-9109
Kikinahk Friendship Centre 306-425-2051
La Ronge Hospital 306-425-2422
La Ronge Medical Clinic 306-425-2174
Legal Aid 306-425-4455
Mental Health Services 306-425-4840
Piwapin Women's Shelter 306-425-3900
Scattered Site (food bank) 306-425-4990
Social Services 306-425-4544

Sandy Bay
Fire Marshall/First Responders 306-754-7790
Mental Health & Addictions 306-754-5425
PBCN Child & Family Services 306-754-4422
Sandy Bay Health Centre 306-754-5400
Sandy Bay Community Resource Centre 306-754-2029
Northeast Regional Victim Services
RCMP Tisdale Detachment
Box 99, 1302-102nd Street, Tisdale SK SOE 1TO
Phone: (306) 878-3819 Fax: (306) 878-3813
Website: http://nervs.ca
RCMP Melfort Detachment
Phone: (306) 752-6435 Fax: (306) 752-2711
Encompasses: Carrot River RCMP/Cumberland House RCMP/Hudson Bay RCMP/Kelvington
RCMP/Melfort RCMP/Naicam RCMP/Nipawin RCMP/Porcupine Plain RCMP/Red Earth RCMP/
Rose Valley RCMP/Shoal Lake RCMP/Tisdale RCMP/Yellowquill RCMP

Hudson Bay
Food Bank 306-865-3064
Hudson Bay and Porcupine Plain Mental Health 306-865-4262
Pat Brooks (counsellor) 306-865-7022

Nipawin
Mental Health and Addictions 306-862-9822
Oasis Community Centre 306-862-5551
Salvation Army Food Bank 306-862-5335

Tisdale
Food Bank 306-873-2813
Mental Health and Addictions 306-873-3760

Melfort
Crisis Centre 306-752-9464
Food Bank 306-752-5506
Mental Health 306-752-8767

Cumberland House
Mental Health 306-888-2155

Northwest Regional Victim Services – RCMP Meadow Lake Detachment - No longer operational
Encompassed: Goodsoil RCMP/Green Lake RCMP/Loon Lake RCMP/Meadow Lake RCMP/
Pierceland RCMP/St. Walburg RCMP

Door of Hope 306-236-5537
Mental Health & Addiction Services 306-236-1580
Midwest Food Project 306-236-3966
MLTC Health 306-236-8251
Salvation Army 306-236-5177
Waskoosis Women’s Safe Shelter 306-236-5570

Parkland Victim Services
RCMP Yorkton City Detachment
37-3rd Ave. N., Yorkton SK S3N 1C1
Phone: (306) 786-2408 Fax: (306) 786-2415
Aboriginal Resource Officer: Phone: (306) 786-2416 Fax: (306) 786-2415
Website: http://www.parklandvictimsservices.ca
Encompasses: Cowessess RCMP/Kamsack RCMP/Pelly RCMP/Yorkton Municipal RCMP/Yorkton
Rural RCMP
Safe Haven 306-782-0676
Shelwin House 306-783-7233
Soup Haven 306-782-5666
Yorkton 1st Steps Aboriginal Head Start 306-783-1247
Yorkton Friendship Centre 306-782-2822
Yorkton Métis Youth Cultural Centre 306-782-4511
Yorkton Regional Health Centre 306-782-2401
Yorkton Tribal Council 306-782-3644
Yorkton Tribal Council (Child & Family Services) 306-782-8838

Prince Albert Regional Victim Services – to be replaced by “Gateway Regional Victim Services”
RCMP Prince Albert Detachment
150 - 15th Street NW, Prince Albert, SK S6V 2A4
Phone: (306) 765-5574 Fax: (306) 765-5503
Encompasses: Ahtahkakoop RCMP/Big River RCMP/Birch Hills RCMP/4 Nations RCMP/
Mistawasis RCMP/Muskoday RCMP/Prince Albert RMCP/Shellbrook RCMP/Smeaton RCMP/
Spiritwood RCMP/Wakaw RCMP/Witchekan & Chitek RCMP

Mental Health Services
Ahtahkakoop First Nations 306-468-2747
Big River 306-469-2055
Big River First Nations 306-469-2055
Pelican Lake First Nations 306-883-8653
Shellbrook 306-747-4278
Spiritwood 306-883-4262
Prince Albert Victim Services
Prince Albert Police Service
45 - 15th Street West, Prince Albert, SK S6V 3P4
Phone: (306) 953-4357  Fax: (306) 764-0011
Aboriginal Resource Officer
Phone: (306) 953-4259  Fax: (306) 764-0011
Encompasses: Prince Albert Municipal police

Catholic Family Services 306-922-3202
Children's Haven 306-922-4453
Food Bank 306-763-5040
Indian & Métis Friendship Centre 306-764-3431
Margo Fournier Centre (Youth Activity Centre) 306-764-4266
Mental Health Services 306-765-6055
Mobile Crisis 306-764-1011
NCC Family Services 306-764-1652
Our House (Shelter for homeless) 306-922-6162
Prince Albert Safe Shelter for Women 306-764-7233
Share-A-Meal 306-763-8161
Salvation Army 306-763-6078
YWCA (Shelter for Women & Children) 306-763-8571

Regina Region Victim Services Inc.
RCMP Regina Detachment
58 Great Plains Road, Emerald Park, SK S4L 1C3
Phone: (306) 781-5065 Fax: (306) 781-5070
Website: New website is pending – to be done in 2016
Encompasses: Avonlea RCMP/Balcarres RCMP/File Hills First Nation RCMP/Fort Qu'appelle RCMP/Indian Head RCMP/Lumsden RCMP/Milestone RCMP/Punnichy RCMP/Regina RCMP/Southey RCMP/Standing Buffalo RCMP/Strasbourgh RCMP

Qu'Appelle Valley Friendship Centre Inc. 306-332-5616
Social Services 306-332-3260
Touchwood Qu'Appelle Mental Health 306-332-3330
White Raven Healing Centre 306-332-2629
Regina Victim Services

Regina Police Service
1717 Osler Street, Box 196, Regina, SK S4P 2Z8
Phone: (306) 777-8660  Fax: (306) 777-6387
Aboriginal Resource Officers: Phone: (306) 777-6583 or 777-6296
Website: http://www.reginapolic e.ca/about us/community-services-division/victim-services
Encompasses: Regina Police Service

Aboriginal Family Service Centre 306-525-4161
Alzheimer Society of Saskatchewan 306-949-4141
Catholic Family Services 306-525-0521
Child & Youth Services 306-766-6700
Ehlro Counselling Services 306-751-2467
Family Service Regina 306-757-6675
First Nations Family Support Centre 306-522-6722
Greystone Bereavement Centre 306-766-6949
Indian Métis Christian Fellowship Regina 306-359-1096
Mental Health Crisis Response Team 306-766-7800
Mobile Crisis 306-757-0127
North Central Family Centre 306-347-2552
Open Door Society (Immigrant services) 306-352-3500
PATHS (Transition Housing) 306-522-3515
Public Guardian and Trustee 306-787-5424
Rainbow Youth Centre 306-757-9743
Red Feather Spirit Lodge 306-522-7494
Regina & District Food Bank 306-791-6533
Regina Rescue Mission 306-543-0011
 Salvation Army 306-757-3111
Social Services 306-787-1065
Souls Harbour RESCUE Mission 306-543-0011
YMCA 306-757-9622
YWCA 306-525-2141

Sask Central Victim Services
PO Box 179, 515 Centennial Drive South, Martensville SK S0K 2T0
Phone: (306) 361-9111 (cell) Fax: (306) 975 1612
Encompasses: Martensville, Kindersley and Humboldt
Saskatoon Victim Services
Saskatoon Police Service
76 - 25th Street East, Box 1728, Saskatoon SK S7K 3R6
Phone: (306) 975-8400 Fax: (306) 975-8401
Aboriginal Resource Officer: Phone (306) 975-1412 or 975-8329

Aids Saskatoon 306-665-9976
Crisis Line 306-242-2483
EGADZ 306-931-6644
Friendship Inn 306-242-5122
FSIN 306-665-1215
Métis Justice and Community 306-964-1440
PPC Counselling 306-664-0000
Salvation Army 306-242-6833
Saskatoon Tribal Council/CHUMS program/PALS Program 306-659-2500
The Bridge 306-382-2855
White Buffalo Youth Lodge 306-653-7676
Woman Walking Together (ISKWEWUK) 306-249-6237
YWCA 306-244-0944

Southeast Regional Victim Services
Weyburn Police Service
Box 776, 400 Coteau Avenue NE, Weyburn SK S4H 2K8
Phone: (306) 842-4797 Fax: (306) 842-9040
Encompasses: Carlyle RCMP/Carnduff RCMP/Estevan Police Service/Fillmore RCMP/Kipling
RCMP/Radville RCMP/Stoughton RCMP/Weyburn Police Service/Weyburn Rural RCMP

Estevan and Weyburn
Addictions 306-637-2422
or 306-637-2465 (Weyburn)
306-842-8693 (Estevan)
306-842-8821
or 306-637-4004
Toll Free 1-800-214-7083

Envision Counselling and Support Center

Estevan Housing Authority
Estevan Mental Health
Intake Mental Health
Medical Social Worker
Red Cross Community Outreach Coordinator

306-842-4513
or 306-861-9213
Salvation Army
306-634-2074 (Weyburn)
306-842-2280 (Estevan)
306-637-2400
306-848-4200

St. Josephs
Weyburn Housing Authority
Carlyle Resources
Grenfell Mental Health
Indian Child and Family Services
Moosomin Mental Health
RCMP
306-697-4020
306-462-2320 (On Call 306-577-8948)
306-435-3610
306-453-6707

Victim Services – South West
RCMP Swift Current Rural Detachment
2 – 1st Avenue NE, PO Box 998, Swift Current SK S9H 4W4
Phone: (306) 778-4898 Fax: (306) 778-4742
Website: http://www.southwestvictimservices.ca/
Encompasses: Cabri RCMP/Consul RCMP/Gravelbourg RCMP/Gull Lake RCMP/Leader RCMP/
Mânekota RCMP/Maple Creek RCMP/Morse RCMP/Ponteix RCMP/Shaunavon RCMP/Swift
Current Municipal RCMP/Swift Current Rural RCMP/Val Marie RCMP

Canadian Mental Health Association
Community Health Services, Mental Health (E.I. Wood Bldg)
Men’s Outreach Program
Red Cross – Swift Current & area Co-ordinator
Salvation Army (Food Bank)
South West Crisis Services
South West Family Life Centre
Women’s Safe Shelter
306-778-2440
306-778-5280
306-778-3433
306-741-5232 or 1-888-800-6493
306-778-0515 or 306-778-0886
306-778-3386
306-773-0614
306-778-3692

Saskatchewan Health Care Facilities

Five Hills Health Region
Moose Jaw
Moose Jaw Union Hospital
455 Fairford Street East
Moose Jaw, SK S6H 1H3
Ph: (306) 694-0200

Kincaid
Kincaid Health Centre
P.O. Box
Kincaid, SK
Ph: (306) 264-3233

Craik
Craik & District Health Centre
P.O. Box 208
Craik, SK S0G 0V0
Ph: (306) 734-2288
Lafleche
Lafleche & District Health Centre
Lafleche, SK SOH 2K0
Ph: (306) 472-5230

Rockglen
Grasslands Health Centre
1006 Highway No. 2
Rockglen SK SOH 3R0
Ph: (305) 476-2030

Mossbank
Mossbank Health Centre
3rd Ave. S
Mossbank SK SOH 3G0
Ph: (306) 354-2300

Willow Bunch
Willow Bunch Health Centre
17 - 3rd St. E.
Willow Bunch SK SOH 4K0
Ph: (306) 473-2310

Central Butte
Central Butte Regency Hospital
P.O. Box 40
Central Butte, SK SOH 0TO,
Ph: (306) 796-2190

Assiniboia
Assiniboia Union Hospital
501 6th Avenue
Assiniboia, SK SOH 0B0
Ph: (306) 642-3351

Gravelbourg
St. Joseph’s Hospital
216 Bettez Street
Gravelbourg SK SOH 1X0
Ph: (306) 648-3185

Heartland Health Region

Beechy
Beechy Health Centre
226 - 1st Avenue North
Box 68
Beechy, SK SO1 OCO
Ph: (306) 859-2118
Fax: (306)859-2206

Elrose
Elrose Health Centre
505 Main Street
Box 100
Elrose, SK SO1 0ZO
Ph: (306) 378-2882
Fax: (306) 378-2812

Dinsmore
Dinsmore Health Centre
#207 1st Street East
Box 219
Dinsmore, SK SO1 0TO
Ph: (306) 846-2222
Fax: (306) 846-2225

Eston
Eston Health Centre
800 Main Street
Box 667
Eston, SK SO1 1A0
Ph: (306) 962-3667
Fax: (306) 962-3900

Lucky Lake
Lucky Lake Health Centre
1st Avenue
Box 250
Lucky Lake, SK SO1 1ZO
Ph: (306)858-2133
Fax: (306)858-2312

Kyle
Kyle District Health Centre
208 - 3rd Avenue East
Box 70
Kyle, SK SO1 1TO
Ph: (306) 375-2251
Fax: (306) 375-2422

Macklin
St. Joseph’s Health Centre
Highway 31 North
Box 190
Macklin, SK SO1 2C0
Ph: (306) 753-2115
Fax: (306) 753-2181

Biggar
Biggar Hospital
501 - 1st Avenue West
Box 130
Biggar, SK SO1 0MO
Ph: (306) 948-3323
Fax: (306) 948-2011

Wilkie
Willkie & District Health Centre
304-7th Street E
Box 459
Willkie, SK SO1 4W0
Ph: (306) 843-2644
Fax: (306) 843-3222
Davidson
Davidson Health Centre
00 Government Road
Box 758
Davidson, SK S0G 1A0
Ph: (306) 567-2801
Fax: (306) 567-2073

Outlook
Outlook Union Hospital
500 Semple Street
Box 369
Outlook, SK S0L 2N0
Ph: (306) 867-8676
Fax: (306) 867-9449

Kerrobert
Kerrobert Health Centre
635 Alberta, Avenue
Box 320
Kerrobert, SK S0L 1R0
Ph: (306) 834-2646
Fax: (306) 834-1007

Rosetown
Rosetown & District Health Centre, Hwy #4 N
Box 850
Rosetown, SK S0L 2V0
Ph: (306) 882-2672
Fax: (306) 882-3335

Kinderesley
Kinderesley & District Health Centre
1003-1st Street West
Kinderesley, SK S0L 1S2
Ph: (306) 463-1000
Fax: (306) 463-1117

Unity
Unity & District Health Centre
Airport Rd
Box 741
Unity, SK S0K 4L0
Ph: (306) 228-2666
Fax: (306) 228-2292

Keewatin Yatthé Health Region

Beauval
Beauval Health Centre
PO Box 68
Beauval, SK S0M 0G0
Ph: (306) 288-4800
Fax: (306) 288-2225

Ile a La Crosse
St. Joseph's Health Centre
PO Box 630
Ile a La Crosse, SK S0M 1C0
Ph: (306) 833-2016
Fax: (306) 833-2556

Buffalo Narrows
Buffalo Narrows Health Centre
PO Box 40
Buffalo Narrows, SK S0M 0J0
Ph: (306) 235-5800
Fax: (306) 235-4500

La Loche
La Loche Health Centre
Bag Service 1
La Loche, SK S0M 1G0
Ph: (306) 822-3200
Fax: (306) 822-2112

Kelsey Trail Health Region

Arborfield
Arborfield & District Health Care Centre
Box 160, 5th Ave.
Arborfield, SK S0E 0A0
Ph: (306) 769-8757
Fax: (306) 769-8759

Cumberland House
Cumberland House Health Centre
2nd Ave. PO Box 8
Cumberland House, SK S0E 0S0
Ph: (306) 888-2244
Fax: (306) 888-2269

Carrot River
Carrot River Health Centre
4101 - 1st Ave. W.
Box 250
Carrot River, SK S0E 0L0
Ph: (306) 768-2725
Fax: (306) 768-3233
<table>
<thead>
<tr>
<th>Region</th>
<th>Facility Name</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Rose Valley</td>
<td>Rose Valley Health Centre</td>
<td>Box 310, 119 McCallum St. Rose Valley, SK S0E 1M0</td>
<td>Ph: (306) 322-2115 Fax: (306) 322-2037</td>
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<td>Hudson Bay Health Care Facility</td>
<td>614 Prince Street Box 940. Hudson Bay, SK S0E 0Y0</td>
<td>Ph: (306) 865-2219 Fax: (306) 865-2429</td>
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<td>Smeaton Health Centre</td>
<td>Box 158 2nd Ave. Smeaton, SK S0J 2JO</td>
<td>Ph: (306) 426-2051 Fax: (306) 426-2299</td>
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<td>Melfort Hospital</td>
<td>Box 1480. 510 Broadway Avenue. Melfort, SK S0E 1A0</td>
<td>Ph: (306) 752-8700 Fax: (306) 752-8711</td>
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<td>Porcupine Plain</td>
<td>Porcupine-Carragana Hospital Windsor Avenue Box 70. Porcupine Plain, SK S0E 1H0</td>
<td>Ph: (306) 278-2211 Fax: (306) 278-3088</td>
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<td>Tisdale Hospital</td>
<td>2010 - 110th Avenue West PO Box: 1630 Tisdale, SK S0E 1T0</td>
<td>Ph: (306) 873-2621 Fax: (306) 873-5994</td>
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<td>Nipawin Hospital</td>
<td>800 6th St E, Nipawin, SK S0E 1E0</td>
<td>Ph: (306) 862-4643 Fax: (306) 862-9310</td>
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<td>Mamawietan Churchill River Health Region</td>
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<td>Pinmouse</td>
<td>Pinehouse Health Centre</td>
<td>PO Box: 70, Pinehouse, SK S0J 2B0</td>
<td>Ph: (306) 884-5670 Fax: (306) 884-5699</td>
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<td>La Ronge Health Centre</td>
<td>227 Backlund St. La Ronge, SK S0J 1L0</td>
<td>Ph: (306) 425-2422 Fax: (306) 425-4532</td>
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<td>Sandy Bay Health Centre</td>
<td>Hill Street PO Box: 210, Sandy Bay, SK S0P 0G0</td>
<td>Ph: (306) 754-5400 Fax: (306) 754-5429</td>
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<td>Prairie North Health Region</td>
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<td>Cut Knife Health Complex</td>
<td>Dion Ave. Box 220. Cut Knife, SK S0M 0N0</td>
<td>Ph: (306) 398-4718 Fax: (306) 398-2206</td>
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<td>Goodsoil L. Gervais Memorial Health Centre</td>
<td>Main Street Box 100. Goodsoil, SK S0M 1A0</td>
<td>Ph: (306) 238-2100 Fax: (306) 238-4449</td>
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<td>Edam Lady Minto Health Care Centre</td>
<td>PO Box: 330, Edam, SK S0M 0V0</td>
<td>Ph: (306) 397-5560 Fax: (306) 397-2225</td>
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<td>Neillburg Health Centre</td>
<td>105 - 2nd Avenue West Box 190 Neillburg, SK S0M 2C0</td>
<td>Ph: (306) 823-4262 Fax: (306) 823-4590</td>
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<td>St. Walburg Health Complex</td>
<td>410 - 3rd Avenue West Box 339 St. Walburg, SK S0M 2T0</td>
<td>Ph: (306) 248-6719 Fax: (306) 248-3413</td>
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<td>Paradise Hill Health Centre</td>
<td>1st Ave. Box 179 Paradise Hill, SK S0M 2GO</td>
<td>Ph: (306) 344-2255 Fax: (306) 344-2277</td>
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Loon Lake
Loon Lake Health Centre & Special Care Home
510 – 2nd Street, Box 69
Loon Lake, SK S0M 1L0
Ph: (306) 837-2114
Fax: (306) 837-2268

Turtleford
Riverside Health Complex
1st Street South
Box 10
Turtleford, SK S0M 2Y0
Ph: (306) 845-2195
Fax: (306) 845-2772

Maidstone
Maidstone Health Complex
214 - 5th Avenue East
PO Box 160
Maidstone, SK S0M 1M0
Ph: (306) 893-2622
Fax: (306) 893-2922

Meadow Lake
Meadow Lake Hospital
Suite 2-711 Centre St,
Meadow Lake, SK S9X 1E6
Ph: (306) 236-1500
Fax: (306) 236-3244

North Battleford
Battlefords Union Hospital
1092 - 107 Street
North Battleford, SK S9A 1Z1
Ph: (306) 446-6600
Fax: (306) 446-6561

Lloydminster
Lloydminster Hospital
3830 - 43 Ave.
Lloydminster, SK S9V 1Y3
Ph: (306) 820-6000
Fax: (306) 825-9869

Prince Albert Parkland Health Region

Birch Hills
Birch Hills Health Centre
# 3 Wilson Street
PO Box 578
Birch Hills, SK S0J 0G0
Ph: (306) 749-333
Fax: (306) 749-2440

Kinistino
Kinistino Health Centre
401 Myers Avenue
PO Box 100
Kinistino, SK S0J 1H0
Ph: (306) 864-2212
Fax: (306) 864-3220

Hafford
Hafford Special Care Centre
213 South Ave East
PO Box 130
Hafford, SK S0J 1A0
Ph: (306) 549-2108
Fax: (306) 549-2104

Leoville
Evergreen Health Centre
PO Box 160
Leoville, SK S0J 1N0
Ph: (306) 984-2136
Fax: (306) 984-2046

Spiritwood
Spiritwood Health Complex
PO Box 69
Spiritwood, SK S0J 2M0
Ph: (306) 883-2133
Fax: (306) 883-4440

Big River
Big River Health Centre
220 - 1st Ave N
PO Box 100
Big River, SK S0J 0E0
Ph: (306) 469-2220
Fax: (306) 469-2193

Shellbrook
Shellbrook Hospital
211 2nd Ave West
PO Box 70
Shellbrook, SK S0J 2E0
Ph: (306) 747-2603
Fax: (306) 747-3004

Prince Albert
Victoria Hospital
1200 24th Street West
PO Box 3000
Prince Albert, SK S6V 5T4
Ph: (306) 765-6000
Fax: (306) 765-6401
Regina Qu’Appelle Health Region

Cupar Health Centre
P.O. Box 100
Cupar, SK S0G 0Y0
Ph: (306) 723-4300
Fax: (306) 723-4416

Moosomin Southeast
Integrated Care Centre
601 Wright Rd E
Moosomin, SK S0G 3N0
Ph: (306) 435-3303
Fax: (306) 435-3211

Grenfell
Grenfell Health Centre
721 Stella St.
Grenfell SK S0G 2B0
Ph: (306) 697-2853
Fax: (306) 697-3459

Montmartre
Montmartre Integrated Health Centre, Box 206
Montmartre, SK S0G 3M0
Ph: (306) 424-2222
Fax: (306) 424-2227

Whitewood Community Health Centre, Box 699
Whitewood, SK S0G 5C0
Ph: (306) 735-2688
Fax: (306) 735-2512

Raymore Community Health & Social Centre, Box 134
806 2nd Avenue
Raymore, SK S0A 3J0
Ph: (306) 746-2231
Fax: (306) 746-4639

Balcarres Integrated Care Centre, Box 340
100 South Elgin Street
Balcarres, SK S0G 0C0
Ph: (306) 334-6260
Fax: (306) 334-2674

Fort Qu’Appelle
All Nations’ Healing Hospital
Box 300
450 - 8th Street
Fort Qu’Appelle, SK S0G 1S0
Ph: (306) 332-5611
Fax: (306) 332-5033

Broadview
Broadview Hospital
901 Nina Street
Box 100
Broadview, SK S0G 0K0
Ph: (306) 696-2441
Fax: (306) 696-2611

Indian Head
Indian Head Hospital
300 Hospital Street
Box 340
Indian Head, SK S0G 2K0
Ph: (306) 695-2272
Fax: (306) 695-2525

Wolseley
Wolseley Memorial Hospital
801 Ouimet Street
Box 458
Wolseley, SK S0G 5H0
Ph: (306) 698-2213
Fax: (306) 698-2988

Lestock
St. Joseph’s Integrated Care Centre
Box 280
Lestock, SK S0A 2G0
Ph: (306) 274-2215
Fax: (306) 274-2045

Regina Pasqua Hospital
4101 Dewdney Avenue
Regina, SK S4T 1A5
Ph: (306) 766-2222

Regina General Hospital
1440 - 14th Avenue
Regina, SK S4P 0W5
Ph: (306) 766-4444

Saskatoon Health Region

Borden Community Health Centre, Box 90
308 Shepard Street
Borden, SK S0K 0N0
Ph: (306) 997-2110

Delisle Community Health Centre, Box 119
305 First Street West
Delisle, SK S0L 0P0
Ph: (306) 493-2810

Wynyard
210 Avenue B East
P.O. Box 1539
Wynyard, SK S0A 4T0
Ph: (306) 554-3363
Leroy
Leroy Community Health & Social Centre
Box 7
LeRoy, SK SOK 2PO
Ph: (306) 286-3347

Quill Lake
Quill Lake Community Health & Social Centre
Box 126
Quill Lake, SK. SOA 3EO
Ph: (306) 383-2266

Nokomis
Nokomis Health Centre
103 – 2nd Avenue E.
Nokomis, SK SOG 3RO
Ph: (306) 528-2114

Spalding
Spalding Community Health Centre, Box 220
Spalding, SK SOK 4CO
Ph: (306) 872-2011

Watson
Watson Community Health Centre
Box 220
Watson, SK SOK 4VO
Ph: (306) 287-3791

Wadena
Wadena Hospital
Box 10
Wadena, SK. SOA 4JO
Ph: (306) 338-2515

Strasbourg
Strasbourg & District Health Centre
303 Edward Street
Strasbourg, SK SOG 4VO
Ph: (306) 725-3220

Lanigan
Lanigan Hospital
36 Downing Drive E.
Lanigan, SK SOK 2MO
Ph: (306) 365-1400

Rosthern
Rosthern Hospital
2016 – 2nd Street
Rosthern, SK SOK 3RO
Ph: (306) 232-4811

Wakaw
Wakaw Hospital
301 – 1st Street
Wakaw, SK SOK 4PO
Ph: (306) 233-4611

Saskatoon
St. Paul's Hospital
1702 – 20th Street West
Saskatoon, SK S7M 0Z9
Ph: (306) 655-5000

Watrous
Watrous Hospital
702 – 4th St. East
Watrous, SK SOK 4TO
Ph: (306) 946-1200

Humboldt
Humboldt District Hospital
515 14th Avenue, Box 10
Humboldt, SK SOK 2AO
Ph: (306) 682-2603

Saskatoon
Saskatoon City Hospital
701 Queen Street
Saskatoon, SK S7K 0M7
Ph: (306) 655-8000

Saskatoon
Royal University Hospital
103 Hospital Drive
Saskatoon, SK S7N 0W8
Ph: (306) 655-1000

Sun Country Health Region

Bengough
Bengough Health Centre
Box 399
400-2nd Street W.
Bengough, SK S0C 0K0
Ph: (306) 268-2048
Fax: (306) 268-4339

Fillmore
Fillmore Health Centre
Box 246
100 Main Street
Fillmore, SK S0G 1N0
Ph: (306) 722-3315
Fax: (306) 722-3877

Coronach
Coronach & District Health Centre
Box 150
240 South Avenue E.
Coronach, SK S0H 0Z0
Ph: (306) 267-2022
Fax: (306) 267-2324
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<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Gainsborough</td>
<td>Gainsborough Health Centre, Box 420, 312 Stephens Street, Gainsborough, SK S0C 0Z0</td>
<td>(306) 685-2277</td>
<td>(306) 685-4636</td>
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<td>Midale</td>
<td>Mainprize Manor and Health Centre, Box 239, 206 South Street, Midale, SK S0C 1S0</td>
<td>(306) 458-2300</td>
<td>(306) 458-2764</td>
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<td>Lampman</td>
<td>Lampman Health Centre, Box 100, 309-2nd Avenue, Lampman, SK S0C 1N0</td>
<td>(306) 487-2561</td>
<td>(306) 487-3103</td>
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<td>Oxbow</td>
<td>Galloway Health Centre, 917 Tupper St., Oxbow, SK</td>
<td>(306) 483-2956</td>
<td>(306) 483-5178</td>
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<td>Radville</td>
<td>Radville Marian Health Centre, Box 310, 217 Warren Street, Radville, SK S0C 0G0</td>
<td>(306) 869-2224</td>
<td>(306) 869-2653</td>
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<td>Pangman</td>
<td>Pangman Health Centre, Box 90, 211 Keeler Street, Pangman, SK S0C 2C0</td>
<td>(306) 442-2044</td>
<td>(306) 442-4227</td>
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<td>Wawato</td>
<td>Wawota Memorial Health Centre, Box 60, Choo Foo Crescent, Wawota, SK S0G 5A0</td>
<td>(306) 739-2306</td>
<td>(306) 739-2479</td>
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<td>Kipling</td>
<td>Kipling Memorial Health Centre, Box 420, 803 1st Street, Kipling, SK S0G 2S0</td>
<td>(306) 736-2552</td>
<td>(306) 736-8407</td>
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<td>Arcola</td>
<td>Arcola Health Centre, Box 419, 607 Prairie Avenue, Arcola, SK S0C 0G0</td>
<td>(306) 455-2771</td>
<td>(306) 455-2397</td>
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<td>Redvers</td>
<td>Redvers Health Centre, Box 30, 18 Eichhorst Street, Redvers, SK S0C 2H0</td>
<td>(306) 452-3553</td>
<td>(306) 452-3556</td>
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<td>Sunrise Health Region</td>
<td>Foam Lake Health Centre, 715 SK Avenue East, Foam Lake, SK S0A 1A0</td>
<td>(306)272-3325</td>
<td>(306)272-4449</td>
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<td>Ituna</td>
<td>Ituna Pioneer Health Care Complex, 320 Fifth Avenue NE, Ituna, SK S0A 1N0</td>
<td>(306)795-2471</td>
<td>(306)795-3592</td>
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<td>Invermay</td>
<td>Invermay Health Centre, 303 Fourth Avenue North, Invermay, SK S0A 1M0</td>
<td>(306)593-2133</td>
<td>(306)593-4566</td>
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<td>Weyburn</td>
<td>Weyburn General Hospital, 201 1 Ave. NE, Weyburn, SK S4H 0N1</td>
<td>(306) 842-8400</td>
<td>(306) 842-0737</td>
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<td>Estevan</td>
<td>St. Joseph's Hospital, Box 5000-200, 1174 Nicholson Road, Estevan, SK S4A 2V6</td>
<td>(306) 637-2400</td>
<td>(306) 637-2490</td>
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Langenburg
Langenburg Health Complex
200 Heritage Drive
Box 370
Langenburg, SK S0A 2A0
Ph: (306) 743-2661
Fax: (306) 743-5025

Theodore
Theodore Health Centre
615 Anderson Avenue
Box 70
Theodore, SK S0A 4CO
Ph: (306) 647-2115
Fax: (306) 647-2238

Norquay
Norquay Health Centre
Box 190
Norquay, SK S0A 2V0
Ph: (306) 594-2133
Fax: (306) 594-2488

Canora
Canora Hospital
1219 Main Street
Box 749
Canora, SK S0A 0L0
Ph: (306) 563-5621
Fax: (306) 563-5571

Kamsack
Kamsack Hospital
341 Stewart Street
Box 429
Kamsack, SK S0A 1S0
Ph: (306) 542-2635
Fax: (306) 542-4360

Esterhazy
St. Anthony's Hospital
216 Ancona Street
Box 280
Esterhazy, SK S0A 0X0
Ph: (306) 745-3973
Fax: (306) 745-3245

Preeceville
Preeceville & District Health Centre
712 7th Street NE, Box 459
Preeceville, SK S0A 3B0
Ph: (306) 547-2102
Fax: (306) 547-2223

Yorkton
Yorkton Regional Health Centre
270 Bradbrooke Drive
Yorkton, SK S3N 2K6
Ph: (306) 782-2401
Fax: (306) 786-6295

Melville
St. Peter's Hospital
200 Heritage Drive, Box 1810
Melville, SK S0A 2P0
Ph: (306) 728-5407
Fax: (306) 728-4870

Saskatchewan Addiction Treatment Services

Athabasca Health Authority
Addiction Services - Athabasca Health Facility
Box 124
BLACK LAKE SK S0J 0H0
Phone: (306) 439-2200
Fax: (306) 439-2211

Cypress Health Region

Addictions and Mental Health Services
350 Cheadle Street W
SWIFT CURRENT SK
S9H 4G3
Phone: (306) 778-5280
Fax: (306) 778-5408

Addictions and Mental Health Services
Maple Creek Hospital
Box 1328, 575 Hwy. 21 S
MAPLE CREEK SK
S0N 1N0
Phone: (306) 778-5280
Fax: (306) 778-5408

Addictions and Mental Health Services
519 Main St E
LEADER SK S0N 1H0
Phone: (306) 778-5280
Fax: (306) 778-5408

Addictions and Mental Health Services
Shaunavon Hospital
660 4th St E
SHAUNAVON SK S0N 2M0
Phone: (306) 778-5280
Fax: (306) 778-5408
Five Hills Health Region

Angus Campbell Centre
Box 118, 1405 Lakeview Service Rd
MOOSE JAW SK S6H 4N7
Phone: (306) 693-5977
Fax: (306) 693-0908

Mental Health and Addiction Services
4th Floor
455 Fairford St. E
MOOSE JAW SK S6H 1H3
Phone: (306) 691-6464
Fax: (306) 691-6461

Addiction Services
Assiniboia Union Hospital
Box 1120
501 - 6th Avenue East
ASSINIBOIA SK S0H 0B0
Phone: (306) 642-9425
Fax: (306) 642-9459

Heartland Health Region

Addiction Services
Rosetown Health Centre
Box 1300, Hwy 4 North
ROSE TOWN SK S0L 2V0
Phone: (306) 882-6413
Ext. 294
Fax: (306) 882-6474

Addiction Services
Biggar Hospital
Box 130, 501 1st Ave W
BIGGAR SK S0K 0M0
Phone: (306) 948-3323
Ext. 234
Fax: (306) 948-3881

Addiction Services
Kindersley Health Facility
1003 - 1st St. W
KINDERSLEY SK S0L 1S0
Phone: (306) 463-1000
Fax: (306) 463-552

Addiction Services
Unity and District Health Centre. Box 741
Airport access road
UNITY SK S0K 4L0
Phone: (306) 228-2666
Ext. 350
Fax: (306) 228-2281

Keewatin Yatthé Health Region

Addiction Services
Box 40
1491 Peterson Ave.
BUFFALO NARROWS SK S0M 0J0
Phone: (306) 235-2220
Fax: (306) 235-2229

Beauval Health Clinic
Box 68
288-4801 Lavoie St.
BEAUVAL SK S0M 0G0
Phone: (306) 288-4800
Fax: (306) 288-4622

Addiction Services
La Loche Health Centre
Box 89, La Loche Ave.
LA LOCHE SK S0M 1G0
Phone: (306) 822-3210
Fax: (306) 822-2274

Family Healing Unit
Box 340
ILE A LA CROSSE SK S0M 1C0
Phone: (306) 833-3390
Fax: (306) 833-2474
Kelsey Trail Health Region

Addiction Services
Box 1480
510 Broadway Ave.
MELFORT SK S0E 1A0
Phone: (306) 752-8767
Fax: (306) 752-8764

Addiction Services
Box 389
800 - 6th St. E
NIPAWIN SK S0E 1E0
Phone: (306) 752-8767
Fax: (306) 752-8764

Mental Health and
Addiction Services
Box 218
Cumberland St.
CUMBERLAND HOUSE
SK S0E 0S0
Phone: (306) 752-8767
Fax: (306) 752-8764

Addiction Services
Tisdale Hospital
Box 1630
2010 - 110th Ave. W
TISDALE SK S0E 1T0
Phone: (306) 752-8767
Fax: (306) 752-8764

Addiction Services
Box 940
614 Prince St.
HUDSON BAY SK S0E 0Y0
Phone: (306) 752-8767
Fax: (306) 865-3425

Mamawetan Churchill River Health Region

Mental Health &
Addiction Services
La Ronge Health Centre
Box 6000
227 Backlund St.
LA RONGE SK S0J 1L0
Phone: (306) 425-4840
Fax: (306) 425-8514

Youth Addiction
Services
320 Boardman St.
LA RONGE SK S0J 1L0
Phone: (306) 425-8572
Fax: (306) 425-8570

Addiction Services
Pinehouse Health
Centre
Box 70
PINEHOUSE SK S0J 2B0
Phone: (306) 884-5689
Fax: (306) 884-5699

Outpatient Centre
Box 40
SANDY BAY SK S0P 0G0
Phone: (306) 754-5425
Fax: (306) 754-2048

CADAC Outpatient Centre
Box 760, 430 Main St.
CREIGHTON SK S0P 0A0
Phone: (306) 688-8291
Fax: (306) 688-3784

Prairie North Health Region

Mental Health &
Addictions Services
3830 43rd Ave.
LLOYDMINSTER AB T9V 1Y3
Phone: (306) 820-6250
Fax: (306) 820-6256

Addiction Services
1092 - 107th St.
NORTH BATTLEFORD SK
S9A 1Z1
Phone: (306) 446-6440
Fax: (306) 446-7343

Mental Health &
Addictions Services
#8 - 711 Centre St.
MEADOW LAKE SK S9X
1E6
Phone: (306) 236-1580
Fax: (306) 236-1400

Thorpe Recovery Centre
4204 - 54th Ave.
LLOYDMINSTER AB T9V 2R6
Phone: (780) 875-8890
Fax: (780) 875-2161
Robert Simard Detox Unit
Northwest Health Facility
Room 1210
#3 - 711 Centre St.
MEADOW LAKE SK
S9X 1E6
Phone: (306) 236-1546
Fax: (306) 236-1607

Thorpe Recovery Centre
Harris House
5204 - 50th St.
LLOYDMINSTER AB
T9V 0M5
Phone: (780) 872-5582
Fax: (780) 872-5583

Hopeview Residence
1891 - 96th St.
NORTH BATTLEFORD SK
S9A 0J1
Phone: (306) 446-7370
Fax: (306) 445-0424

Prince Albert Parkland Health Region

Addiction Services - Youth
202 - 101 - 15th St. E
PRINCE ALBERT SK
S6V 6G1
Phone: (306) 765-6565
Fax: (306) 765-6567

Addiction Services - Adult
202 - 101 - 15th St. E
PRINCE ALBERT SK
S6V 6G1
Phone: (306) 765-6550
Fax: (306) 765-6554

Addiction Services
Spiritwood Health Complex
Box 69
SPIRITWOOD SK
S0J 2M0
Phone: (306) 883-4479
Fax: (306) 883-4440

Addictions Services
Shellbrook Hospital
Box 70, 211- 2nd Ave. W
SHELLBROOK SK S0J 2E0
Phone: (306) 747-4275
Fax: (306) 747-3004

MACSI -Prince Albert
334 - 19th St. E
PRINCE ALBERT S6V 1J7
Phone: (306) 953-8250
Fax: (306) 953-8261

Birch Hills Health Centre
Box 578, 7 Wilson St.
BIRCH HILLS SK S0J 0G0
Phone: (306) 749-3302
Fax: (306) 749-2440

Cooperative Health Clinic
110 - 8th St. E
PRINCE ALBERT SK
S6V 0V7
Phone: (306) 763-6464
Fax: (306) 763-2207

Brief and Social Detox
Victoria Hospital Site
1200 - 24th St. W
Box 3000
PRINCE ALBERT SK S6V 5T4
Phone: (306) 765-6700
Fax: (306) 765-6701

Pineview Youth Treatment Centre
Unit 7 701 - 13th St. W

Pineview Terrace
PRINCE ALBERT SK
S6V 3H2
Phone: (306) 765-6670
Fax: (306) 765-6674
Regina Qu’Appelle Health Region

**Addiction Services**
(Gambling and Youth)
2nd Floor - 2110
Hamilton St.
REGINA SK S4P 2E3
Phone: (306) 766-7910
Fax: (306) 766-7909

**Addiction Treatment Centre (Adult)**
1640 Victoria Ave
REGINA SK S4P 0P7
Phone: (306) 766-6600
Fax: (306) 766-7970

**Rural Addiction Services**
Box 970
721 Stella Street
GRENFELL SK S0G 2B0
Phone: (306) 697-4032
Fax: (306) 697-2556

**Addiction Services**
Box 1819
178 Boundary Ave.
FORT QU’APPELLE SK S0G 1S0
Phone: (306) 332-3300
Fax: (306) 332-1226

**MACSI - Regina**
(Inpatient, Outpatient)
329 College Ave. E
REGINA SK S4N 0V9
Phone: (306) 352-9601
Fax: (306) 347-7902

**Detox Centre**
1640 Victoria Ave.
REGINA SK S4P 0P7
Phone: (306) 766-6600
Fax: (306) 766-7969

**Methadone Clinic**
1048 Albert St.
REGINA SK S4R 2P8
Phone: (306) 766-6350
Fax: (306) 766-7327

**Secure Youth Detox Centre**
Box 1452
Ritter Avenue & Tcot Hill
REGINA SK S4P 3C2
Phone: (306) 787-1058
Fax: (306) 798-4307

**Pine Lodge Treatment Centre**, Box 457
211 Otterloo St.
INDIAN HEAD SK S0G 2K0
Phone: (306) 695-2251
Fax: (306) 695-2514

Saskatoon Health Region

**Addiction Services**
(Adult)
Suite 156
122 - 3rd Ave. N.
SASKATOON SK S7K 2H6
Phone: (306) 655-4100
Fax: (306) 655-4115

**Methadone Clinic**
Methadone Assisted Recovery Services
345 - 4th Ave. S.
SASKATOON SK S7K 5S5
Phone: (306) 655-0480
Fax: (306) 655-0459

**Mental Health & Addiction Services**
Youth Resource Centre
311 - 20th St. E
SASKATOON SK S7K 0A9
Phone: (306) 655-7950
Fax: (306) 655-4931

**Youth Addictions Services**
715 Queen Street
2nd floor
SASKATOON SK S7K 4X4
Phone: (306) 655-7950
Fax: (306) 655-7811

**Mental Health and Addiction Services**
Box 216
2014 - 6th Street
ROSTHERN SK S0K 3R0
Phone: (306) 232-6001
Fax: (306) 232-4269

**Mental Health & Addiction Services**
Box 1060
36 Downing Drive
LANIGAN SK S0K 2M0
Phone: (306) 365-3400
Fax: (306) 365-2099
Calder Youth Stabilization
2003 Arlington Ave.
SASKATOON SK S7J 2H6
Phone: (306) 655-4526
Fax: (306) 655-4527

MACSI-Saskatoon
335 Avenue G South
SASKATOON SK S7M 1V2
Phone: (306) 652-8951
Fax: (306) 665-0703

Calder Centre
(same address)
Phone: (306) 655-4500
Fax: (306) 655-4545

Sun Country Health Region

Addiction Services
Box 2003
900 Saskatchewan Drive
WEYBURN SK S4H 2Z9
Phone: (306) 842-8693
Fax: (306) 842-8692

Addiction Services
(Youth)
Box 5000
1176 Nicholson Road
ESTEVAN SK S4A 2V6
Phone: (306) 637-2465
Fax: (306) 634-2015

St. Joseph's Addiction Services
1176 Nicholson Road
ESTEVAN SK S4A 2V6
Phone: (306) 637-2422
Fax: (306) 637-2498

Community Support Program
1176 Nicholson Road
ESTEVAN SK S4A 2V6
Phone: (306) 637-2420
or (306) 637-2757

Sunrise Health Region

Mental Health and Addiction Services
270 Bradbrooke Drive
YORKTON SK S3N 2K6
Toll-free: 1-888-989-8444
Fax: (306) 786-0556

Addiction Services
Saul Cohen Centre
200 Heritage Drive
MELVILLE SK S0A 2P0
Toll-free: 1-888-989-8444
Fax: (306) 786-0556
# Saskatchewan Law Enforcement Agencies

## Municipal Police

<table>
<thead>
<tr>
<th>Service</th>
<th>Address</th>
<th>Phone</th>
<th>Fax</th>
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<tbody>
<tr>
<td>Regina Police Service</td>
<td>P.O. Box 196, 1717 Osler St, Regina SK S4P 2Z8</td>
<td>(306) 777-6612</td>
<td>(306) 347-0889</td>
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<tr>
<td>Saskatoon Police Service</td>
<td>P.O. Box 1728, 76 - 25th Street East, Saskatoon SK S7K 3R6</td>
<td>(306) 975-8300</td>
<td>(306) 975-8319</td>
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<tr>
<td>Moose Jaw Police Service</td>
<td>21 Fairford St W, Moose Jaw SK S6H 1V2</td>
<td>(306) 694-7600</td>
<td>(306) 694-2167</td>
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<tr>
<td>Prince Albert Police Service</td>
<td>45 - 15th Street W, Prince Albert SK S6V 3P4</td>
<td>(306) 953-4240</td>
<td>(306) 953-4239</td>
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<tr>
<td>Estevan Police Service</td>
<td>301 - 11th Avenue, Estevan SK S4A 1C7</td>
<td>(306) 634-4767</td>
<td>(306) 634-7025</td>
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<tr>
<td>Weyburn Police Service</td>
<td>P.O. Box 776, 400 Coteau Ave NE, Weyburn SK S4H 2K8</td>
<td>(306) 848-3250</td>
<td>(306) 842-9040</td>
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<tr>
<td>Caronport Police Service</td>
<td>Officer in Charge, P.O. Box 550, 201 Valleyview Dr, Caronport SK S0H 0S0</td>
<td>(306) 756-2522</td>
<td>(306) 756-5007</td>
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<tr>
<td>Dalmeny Police Service</td>
<td>P.O. Box 820, Dalmeny SK S0K 1E0</td>
<td>(306) 254-2114</td>
<td>(306) 254-4372</td>
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<tr>
<td>Luseland Police Service</td>
<td>Officer in Charge, P.O. Box 548, 508A Grand Ave, Luseland SK S0L 2A0</td>
<td>(306) 372-4844</td>
<td>(306) 372-4977</td>
</tr>
<tr>
<td>Stoughton Police Service</td>
<td>P.O. Box 384, 400 Assiniboia Ave, Stoughton SK S0G 4T0</td>
<td>(306) 457-2288</td>
<td>(306) 457-3754</td>
</tr>
<tr>
<td>R.M. of Corman Park Police Service</td>
<td>#344 -111 Pinehouse Dr, Saskatoon SK S7K 5W1</td>
<td>(306) 242-8808</td>
<td>(306) 242-6965</td>
</tr>
<tr>
<td>VANSCOY</td>
<td>Officer in Charge, #345 RM of Vanscoy Police Service, P.O. Box 356, Vanscoy SK S0L 3J0</td>
<td>(306) 493-7651</td>
<td>(306) 668-1338</td>
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<tr>
<td>File Hills First Nations Police Service</td>
<td>P.O. Box 460, Balmurrres SK S0G 0C0</td>
<td>(306) 334-3222</td>
<td>(306) 334-3223</td>
</tr>
<tr>
<td>WILTON R.M. of Wilton Police Service</td>
<td>#472 P.O. Box 40, Marshall, SK S0M 1R0</td>
<td>(306) 387-6244</td>
<td>(306) 387-6598</td>
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<tr>
<td>Community</td>
<td>Address</td>
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<tr>
<td>Assiniboia</td>
<td>Box 1358</td>
<td>(306) 642-7110</td>
<td>(306) 642-7113</td>
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<tr>
<td>Battlefords Municipal</td>
<td>1052 101st Street</td>
<td>(306) 446-1720</td>
<td>(306) 446-1738</td>
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<tr>
<td>Bengough Community</td>
<td>Box 268</td>
<td>(306) 268-2144</td>
<td>(306) 268-2977</td>
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<tr>
<td>Birch Hills Community</td>
<td>2020 9TH Avenue W</td>
<td>(306) 749-2200</td>
<td>(306) 749-2213</td>
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<tr>
<td>Buffalo Narrows</td>
<td>320 Lowe Street</td>
<td>(306) 235-6660</td>
<td>(306) 235-6662</td>
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<tr>
<td>Carlyle</td>
<td>502 Railway Ave W</td>
<td>(306) 453-6707</td>
<td>(306) 453-2265</td>
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<tr>
<td>Avonlea Community</td>
<td>245 Main Street</td>
<td>(306) 869-2302</td>
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<tr>
<td>Battlefords Rural</td>
<td>1052 101st Street</td>
<td>(306) 446-1720</td>
<td>(306) 446-1738</td>
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<tr>
<td>Big River</td>
<td>Box 187</td>
<td>(306) 469-2590</td>
<td>(306) 469-2592</td>
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<tr>
<td>Blaine Lake</td>
<td>English Only</td>
<td>(306) 497-3600</td>
<td>(306) 497-3602</td>
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<tr>
<td>Cabri Community</td>
<td>Bag Service 5001</td>
<td>(306) 587-6400</td>
<td>(306) 587-6402</td>
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<tr>
<td>Carnduff</td>
<td>Box 310</td>
<td>(306) 482-4400</td>
<td>(306) 482-4402</td>
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<td>Balcarres Community</td>
<td>Box 910</td>
<td>(306) 334-3210</td>
<td>(306) 334-3212</td>
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<tr>
<td>Beauval</td>
<td>Box 9</td>
<td>(306) 288-6400</td>
<td>(306) 288-6402</td>
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<td>Biggar</td>
<td>Box 640</td>
<td>(306) 948-6600</td>
<td>(306) 948-6602</td>
</tr>
<tr>
<td>Broadview</td>
<td>Box 280</td>
<td>(306) 696-5200</td>
<td>(306) 696-5203</td>
</tr>
<tr>
<td>Canora</td>
<td>Box 176</td>
<td>(306) 563-4700</td>
<td>(306) 563-4702</td>
</tr>
<tr>
<td>Carrot River</td>
<td>Box 127</td>
<td>(306) 768-1200</td>
<td>(306) 768-1202</td>
</tr>
<tr>
<td>Community</td>
<td>Box/Address</td>
<td>Phone/Ext</td>
<td>Fax</td>
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<tr>
<td>Colonsay Community</td>
<td>400 Brand Place, Saskatoon S7J 5L6</td>
<td>(306) 255-3700</td>
<td>(306) 255-3702</td>
</tr>
<tr>
<td>Coronach</td>
<td>Box 268, Coronach SOH 0Z0</td>
<td>(306) 267-1830</td>
<td>(306) 267-1832</td>
</tr>
<tr>
<td>Cralk</td>
<td>Box 480, Craik SOG 0V0</td>
<td>(306) 734-5200</td>
<td>(306) 734-5202</td>
</tr>
<tr>
<td>Creighton</td>
<td>Box 40, Creighton S0P 0A0</td>
<td>(306) 688-8888</td>
<td>(306) 688-8885</td>
</tr>
<tr>
<td>Cumberland House</td>
<td>Box 160, Cumberland House SOE 0SO</td>
<td>(306) 888-5550</td>
<td>(306) 888-5552</td>
</tr>
<tr>
<td>Cut Knife</td>
<td>Box 339, Cut Knife SOM ON0</td>
<td>(306) 398-3500</td>
<td>(306) 398-3502</td>
</tr>
<tr>
<td>Deschambault Community (CTA)</td>
<td>Box 40, Pelican Narrows S0P OE0</td>
<td>(306) 632-2392</td>
<td>(306) 632-2396</td>
</tr>
<tr>
<td>Delisle Community</td>
<td>103 6th Avenue S, Box 670</td>
<td>(306) 493-3240</td>
<td>(306) 493-3242</td>
</tr>
<tr>
<td>Elbow Community</td>
<td>Box 326, Outlook S0L 2N0</td>
<td>(306) 854-1830</td>
<td>(306) 854-1832</td>
</tr>
<tr>
<td>Esterhazy</td>
<td>Box 160, Esterhazy S0A 0X0</td>
<td>(306) 745-4740</td>
<td>(306) 745-4742</td>
</tr>
<tr>
<td>Eston Community</td>
<td>Box 1538, Kindersley S0L 1SO</td>
<td>(306) 962-8530</td>
<td>(306) 962-8532</td>
</tr>
<tr>
<td>Fillmore Community</td>
<td>540 11th Street NE, Weyburn S4H 1J8</td>
<td>(306) 722-3400</td>
<td>(306) 722-3402</td>
</tr>
<tr>
<td>Fond du Lac</td>
<td>Box 214, Fond du Lac S0L 0W0</td>
<td>(306) 686-2060</td>
<td>(306) 686-4921</td>
</tr>
<tr>
<td>Fort Qu'Appelle</td>
<td>Box 910, Fort Qu'appelle S0G 1SO</td>
<td>(306) 332-2222</td>
<td>(306) 332-2224</td>
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<tr>
<td>Foam Lake Community</td>
<td>Box 70, Wadena S0A 4J0</td>
<td>(306) 272-6660</td>
<td>(306) 272-6662</td>
</tr>
<tr>
<td>Gravelbourg</td>
<td>Box 747, Gravelbourg S0H 1X0</td>
<td>(306) 648-4350</td>
<td>(306) 648-4352</td>
</tr>
<tr>
<td>Glaslyn Community</td>
<td>505 Main Street, Box 190</td>
<td>(306) 342-2005</td>
<td>(306) 342-2047</td>
</tr>
<tr>
<td>Green Lake Community</td>
<td>Box 1209, Meadow Lake SOM 1V0</td>
<td>(306) 832-4810</td>
<td>(306) 832-4812</td>
</tr>
<tr>
<td>Greenwater (Rose Valley)</td>
<td>Box 70, Rose Valley SOE 1MO</td>
<td>(306) 322-2550</td>
<td>(306) 322-2552</td>
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<tr>
<td>Gull Lake Community</td>
<td>Bag Service 5001, Swift Current S9H 4Y2</td>
<td>(306) 672-3140</td>
<td>(306) 672-3142</td>
</tr>
</tbody>
</table>
Hafford Community
Box 250
Blaine Lake S0J 0J0
Ph: (306) 549-4280
Fax: (306) 549-4282

Hanley Community
400 Brand Place
Saskatoon S7J 5L6
Ph: (306) 544-3400
Fax: (306) 544-3402

Hudson Bay
(English Only)
Box 96
Hudson Bay S0E 0Y0
Ph: (306) 865-5550
Fax: (306) 865-5554

Humboldt
Box 1480
Humboldt S0K 2A0
Ph: (306) 682-2535
Fax: (306) 682-5566

Ile A La Crosse
Box 40
Ile A La Crosse S0M 1C0
Ph: (306) 833-6300
Fax: (306) 833-6302

Indian Head
Box 910
Indian Head S0G 2K0
(306) 695-5200
(306) 695-5203

Ituna Community
Box 880
Melville S0A 2P0
Ph: (306) 795-6400
Fax: (306) 795-6402

Kamsack
305 Queen Elizabeth Blvd, Box 369
Kamsack S0A 1S0
Ph: (306) 542-5560
Fax: (306) 542-5565

Kelvington
Box 70
Rose Valley S0E 1M0
Ph: (306) 327-1200
Fax: (306) 327-1202

Kerrobert Community
Box 1538
Kinderlsey S0L 1S0
Ph: (306) 834-6550
Fax: (306) 834-6552

Kipling Community
Box 610
Kipling S0G 2S0
Ph: (306) 736-6400
Fax: (306) 736-6402

Kinderlye
Box 1538
Kinderlsey S0L 1S0
Ph: (306) 463-4642
Fax: (306) 463-2311

La Loche
Box 5
La Loche S0M 1G0
Ph: (306) 822-2010
Fax: (306) 822-2314

La Ronge
Box 690
La Ronge S0J 1L0
Ph: (306) 425-6730
Fax: (306) 425-6742

Langenburg Community
Box 160
Esterhazy S0A 0X0
Ph: (306) 743-5600
Fax: (306) 743-5602

Lanigan
Box 10
Lanigan S0K 2M0
Ph: (306) 365-1370
Fax: (306) 365-1372

Leader
348 Allowance Road E
Box 277, Leader S0N 1H0
Ph: (306) 628-4600
Fax: (306) 628-4602

Lloydminster Municipal
(K Division)
4201 47th Avenue
Lloydminster S9V 0Y9
Ph: (306) 825-6350
Fax: (306) 825-6356

Lloydminster Rural
Box 250
Loon Lake S0M 1L0
Ph: (306) 803-6350
Fax: (306) 825-6356

Loon Lake
Box 250
Loon Lake S0M 1L0
Ph: (306) 837-2440
Fax: (306) 837-2442

28
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<th>Location</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td>Lumsden</td>
<td>Box 478</td>
<td>(306) 731-4270</td>
<td>(306) 731-4272</td>
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<td></td>
<td>Lumsden SNG 3CO</td>
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<td>Ph: (306) 731-4270</td>
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<td>Fax: (306) 731-4272</td>
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<td>Martensville</td>
<td>103 6th Ave S Box 670</td>
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<td>Community</td>
<td>Warman SNG 450</td>
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<td>Ph: (306) 975-1610</td>
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<td></td>
<td>Fax: (306) 975-1612</td>
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<td>Melville</td>
<td>515 Main Street Box 880</td>
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<td>Melville SNG 2P0</td>
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<tr>
<td></td>
<td>Ph: (306) 728-1700</td>
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<td></td>
<td>Fax: (306) 728-1703</td>
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<tr>
<td>Moose Jaw</td>
<td>240 Saskatchewan St E</td>
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<td>Moose Jaw SNG 6E8</td>
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<tr>
<td></td>
<td>Ph: (306) 691-4670</td>
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<td></td>
<td>Fax: (306) 693-0988</td>
<td></td>
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<td>Naicam Community</td>
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<td>Melfort SNG 1A0</td>
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<td>Ph: (306) 874-2142</td>
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<td>Fax: (306) 874-5549</td>
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<td>Onion Lake</td>
<td>Box 40</td>
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<td>Onion Lake SNG 2E0</td>
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<td>Ph: (306) 344-5550</td>
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<td>Fax: (306) 344-5552</td>
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<tr>
<td>Pierceland</td>
<td>Box 220</td>
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Porcupine Plain Community
Box 96
Hudson Bay S0E 0Y0
Ph: (306) 278-8180
Fax: (306) 278-8182

Prince Albert
2020 9th Avenue W
Prince Albert S6V 6J7
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Punnichy
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Fax: (306) 835-5203

Radisson Community
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Fax: (306) 827-3462

Radville Community
540 11th Street NE
Weyburn S4H 1J8
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Fax: (306) 869-4603

Regina
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Regina S4P 3K7
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Rose Valley
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Fax: (306) 322-2552

Rosetown
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Rosetown S0L 2V0
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Fax: (306) 882-5702

Rosthern
721 5th Avenue
Box 969
Rosthern S0K 3R0
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Fax: (306) 232-6408

Sandy Bay Community
Box 100
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Fax: (306) 754-4601

Saskatoon
400 Brand Place
Saskatoon S7J 5L6
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Fax: (306) 975-4538

Shaunavon
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Shaunavon S0N 2M0
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Fax: (306) 297-5554

Skeffington
Furnas
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Fax: (306) 898-5272

Shellbrook
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Shellbrook S0J 2E0
Ph: (306) 747-2606
Fax: (306) 747-2607

Smeaton Community
119 Nipawin Road E
Box 2250
Nipawin S0E 1E0
Ph: (306) 426-2630
Fax: (306) 426-2632

Southend
General Delivery
Southend S0J 2L0
Ph: (306) 758-5670
Fax: (306) 758-5672

Southev
Box 278
Southev S0G 4P0
Ph: (306) 726-5230
Fax: (306) 726-5232

Spiritwood
Box 904
Spiritwood S0J 2M0
Ph: (306) 883-4210
Fax: (306) 883-4212

St Walburg Community
505 Main Street
Turtleford S0M 2Y0
Ph: (306) 248-6250
Fax: (306) 248-6252

Stony Rapids
Box 40
Stony Rapids S0J 2R0
Ph: (306) 439-2185
Fax: (306) 439-2071

Stasburgh Community
Box 278
Southey S0G 4P0
Ph: (306) 725-3520
Fax: (306) 725-3522

Stanley Mission Community (FNP)
Box 690
La Ronge S0J 1L0
Ph: (306) 635-2390
Fax: (306) 635-2391

Strasbourg
Box 10
Strasbourg S0A 3C0
Ph: (306) 835-5200
Fax: (306) 835-5203
Sturgis
Box 176
Canora S0A 0L0
Ph: (306) 548-6250
Fax: (306) 548-6253

Swift Current City
Box 998
Swift Current S9H 3X1
Ph: (306) 778-4870
Fax: (306) 778-4882

Swift Current Rural
Box 5001
Swift Current S9H 4Y2
Ph: (306) 778-5550
Fax: (306) 778-5553

Tisdale
Box 99
Tisdale S0E 1T0
Ph: (306) 878-3810
Fax: (306) 878-3813

Turnor Lake/
Birch Narrows Community (FNP)
Box 160
Turnor Lake S0M 3E0
Ph: (306) 894-4420
Fax: (306) 894-4423

Turtleford
505 Main Street
Box 190
Turtleford S0M 2Y0
Ph: (306) 845-4520
Fax: (306) 845-4522

Unity
Box 250
Unity S0K 4L0
Ph: (306) 228-6300
Fax: (306) 228-6303

Vonda Community
400 Brand Place
Saskatoon S7J 5L6
Ph: (306) 258-3270
Fax: (306) 258-3274

Wadena
Box 70
Wadena S0A 4J0
Ph: (306) 338-6500
Fax: (306) 338-6502

Waskesiu Lake
Box 8
Waskesiu Lake S0J 2Y0
Ph: (306) 663-4400
Fax: (306) 663-4402

Wakaw
Box 100
Wakaw S0K 4P0
Ph: (306) 233-5810
Fax: (306) 233-5812

Warman
103 6th Avenue S Box 670
Warman S0K 4S0
Ph: (306) 975-1670
Fax: (306) 975-1672

Weyburn
540 11th Street NE
Weyburn S4H 1J8
Ph: (306) 848-4640
Fax: (306) 848-4642

Wilkie Community
Box 250
Unity S0K 4L0
Ph: (306) 843-3480
Fax: (306) 843-3482

Watrous
405 Main Street
Box 1000
Watrous S0K 4T0
Ph: (306) 946-3316
Fax: (306) 946-2500

Weyburn Municipal
Box 506
Wynyard S0A 4T0
Ph: (306) 554-5550
Fax: (306) 554-5552

Winston Community
Box 110
Unity S0K 4L0
Ph: (306) 228-6300
Fax: (306) 228-6303

Yorkton Municipal
37 3rd Avenue N
Yorkton S3N 1C1
Ph: (306) 786-2400
Fax: (306) 786-2415

Yorkton Rural
15 Palliser Way
Yorkton S3N 2W2
Ph: (306) 786-4500
Fax: (306) 786-4506
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<td>P.O. Box 220</td>
<td>Shell Lake, Saskatchewan</td>
<td>(306) 468–2326</td>
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<td>(306) 724–4700</td>
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<td>(306) 398–4942</td>
<td>(306) 398–2377</td>
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<td>Makwa Sahgalehcan First Nation</td>
<td>P.O. Box 340</td>
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<td>(306) 837–2102</td>
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<td>P.O. Box 250</td>
<td>Leask</td>
<td>S0J 1MO</td>
<td>(306) 466–4800</td>
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<td>P.O. Box 98</td>
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<td>S0M 0L0</td>
<td>(306) 386–2206</td>
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<td>Mosquito Grizzly Bear’s Head First Nation</td>
<td>P.O. Box 177</td>
<td>Cando</td>
<td>S0K 0V0</td>
<td>(306) 937–7707</td>
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<td>James Smith Cree Nation</td>
<td>P.O. Box 1059</td>
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<td>S0E 1A0</td>
<td>(306) 864–3636</td>
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<td>Kawacatoose First Nation</td>
<td>P.O. Box 640</td>
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<td>S0A 3J0</td>
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<td>Kinstin First Nation</td>
<td>P.O. Box 2590</td>
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<td>(306) 873–5235</td>
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<td>Little Pine First Nation</td>
<td>P.O. Box 70</td>
<td>Paynton</td>
<td>S0M 2J0</td>
<td>(306) 398–4942</td>
<td>(306) 398–2377</td>
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<td>Little Pine First Nation</td>
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<td>S0M 2J0</td>
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<td>(306) 398–2377</td>
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Muscowpetung First Nation
P.O. Box 1310
Fort Qu'Appelle, Saskatchewan
SOG 150
Ph.: (306) 723-4747
Fax: (306) 723-4710

Muskeg Lake Cree Nation
P.O. Box 248
Marcelin, Saskatchewan
S0J 1R0
Ph: (306) 466-4959
Fax: (306) 466-4951

Muskhoday First Nation
P.O. Box 9
Birch Hills, Saskatchewan
S0J 0G0
Ph: (306) 764-1282
Fax: (306) 764-7272

Neekaneet First Nation
P.O. Box 548
Maple Creek, Saskatchewan
S0G 1N0
Ph.: (306) 662-3660
Fax: (306) 662-4160

Ocean Man First Nation
P.O. Box 157
Stoughton, Saskatchewan
S0G 4T0
Ph: (306) 457-2679
Fax: (306) 457-2933

Ochapowace First Nation
P.O. Box 550
Whitewood, Saskatchewan
S0G 5C0
Ph: (306) 696-2425
Fax: (306) 696-2426

Okanese First Nation
P.O. Box 759
Balcarres, Saskatchewan
S0G 0C0
Ph.: (306) 334-2532
Fax: (306) 334-2545

One Arrow First Nation
P.O. Box 147
Bellevue, Saskatchewan
S0K 3Y0
Ph: (306) 423-5900
Fax: (306) 423-5904

Onion Lake First Nation
P.O. Box 100
Onion Lake, Saskatchewan
S0M 2E0
Ph: (306) 847-2200
Fax: (306) 847-2226

Pasqua First Nation
P.O. Box 968
Fort Qu'Appelle, Saskatchewan
S0G 1N0
Ph: (306) 332-5697
Fax: (306) 332-5199

Peepeekisis First Nation
P.O. Box 518
Balcarres, Saskatchewan
S0G 0C0
Ph.: (306) 334-2573
Fax: (306) 334-2280

Pelican Lake First Nation
P.O. Box 399
Leoville, Saskatchewan
S0J 1N0
Ph: (306) 984-2313
Fax: (306) 984-2029

Peter Ballantyne Cree Nation
P.O. Box 2320
Prince Albert, Saskatchewan
S6V 6Z1
Ph.: (306) 953-4400
Fax: (306) 953-4420

Pheasant Rump Nakota Nation
P.O. Box 238
Kisbey, Saskatchewan
S0C 1L0
Ph: (306) 462-2002
Fax: (306) 462-2003

Piapot First Nation
General Delivery
Zehner, Saskatchewan
S0G 5K0
Ph: (306) 781-4848
Fax: (306) 781-4853

Poundmaker Cree Nation
P.O. Box 220
Paynton, Saskatchewan
S0M 2J0
Ph: (306) 398-4971
Fax: (306) 398-2522

Red Earth First Nation
P.O. Box 109
Red Earth, Saskatchewan
S0E 1K0
Ph.: (306) 768-3640
Fax: (306) 768-3440

Red Pheasant First Nation
P.O. Box 70
Cando, Saskatchewan
S0K 0V0
Ph: (306) 937-7717
Fax: (306) 937-7727
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<th>Address</th>
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<td>(306) 697–2831</td>
<td>(306) 697–3565</td>
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<td>Standing Buffalo First Nation</td>
<td>P.O. Box 128</td>
<td>(306) 332–4685</td>
<td>(306) 332–5953</td>
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<td>Sweetgrass First Nation</td>
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<td>(306) 937–2990</td>
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<td>Waterhen Lake First Nation</td>
<td>P.O. Box 9</td>
<td>(306) 236–6717</td>
<td>(306) 236–4632</td>
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<td>Witchekan Lake First Nation</td>
<td>P.O. Box 879</td>
<td>(306) 883–2787</td>
<td>(306) 883–2008</td>
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<td>Young Chippewayan First Nation</td>
<td>P.O. Box 66</td>
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<td>(306) 937–7010</td>
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<td>Saulteaux First Nation</td>
<td>P.O. Box 159</td>
<td>(306) 386–2424</td>
<td>(306) 386–2444</td>
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<td>Star Blanket Cree Nation</td>
<td>P.O. Box 456</td>
<td>(306) 334–2206</td>
<td>(306) 334–2606</td>
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<td>Thunderchild First Nation</td>
<td>P.O. Box 600</td>
<td>(306) 845–3424</td>
<td>(306) 845–3230</td>
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<td>White Bear First Nation</td>
<td>P.O. Box 700</td>
<td>(306) 577–2461</td>
<td>(306) 577–2496</td>
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<td>Wood Mountain First Nation</td>
<td>P.O. Box 104</td>
<td>(306) 266–4420</td>
<td>(306) 266–2023</td>
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<td>Shoal Lake Band of the Cree Nation</td>
<td>P.O. Box 51</td>
<td>(306) 768–3551</td>
<td>(306) 768–3486</td>
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<td>Sturgeon Lake First Nation</td>
<td>Box 5, Site 12, R.R.#1</td>
<td>(306) 764–1872</td>
<td>(306) 764–1877</td>
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<tr>
<td>Wahpeton Dakota Nation</td>
<td>P.O. Box 128</td>
<td>(306) 764–6649</td>
<td>(306) 764–6637</td>
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<td>Whitecap Dakota/Sioux First Nation</td>
<td>Site 507, Box 28, R.R.#5</td>
<td>(306) 477–0908</td>
<td>(306) 374–5899</td>
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<tr>
<td>Yellow Quill First Nation</td>
<td>P.O. Box 40</td>
<td>(306) 322–2281</td>
<td>(306) 322–2304</td>
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(* A complete list of Chief and Council is included with this guide)
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<tr>
<th>FIRST NATION</th>
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<th>CHIEF</th>
<th>COUNCILLORS</th>
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<tr>
<td>Email: <a href="mailto:derkk@brfn.ca">derkk@brfn.ca</a></td>
<td>Oct 3, 2011 to Oct 2, 2015</td>
<td>Chief Bruce Morin (R)</td>
<td>Robert Bear (N)          Marshal Dreaver (N)      Larry Joseph (N)  Adam Joseph (N) Kenny Netmeker (N) Samerle Rabbitskin (N) Berno Bear (R) Leonard Lachance (R) Randy Lachance (R) Brian Morin (R) Wilfred Rabbitkin (R) Isadore Weenonis (R)</td>
<td>P.O. Box 327, Spiritwood SK S0J 2M0</td>
<td>883-3880</td>
<td>883-3336</td>
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<td><strong>Pelican Lake First Nation</strong></td>
<td>Mar 12, 2013 to Mar 11, 2015</td>
<td>Chief Dennis Lewis (R)</td>
<td>David Thomas (N)          Lee Bill (N)        Willie P. Thomas (R) Calvin Thomas (R) Peter Sakebow (R) Jimmy Bill (R)</td>
<td>P.O. Box 399, Leoville SK S0J 1N0</td>
<td>984-2313</td>
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<tr>
<td>Email: <a href="mailto:chitek.band@sasktel.net">chitek.band@sasktel.net</a></td>
<td>Dec 16, 2014 to Dec 15, 2016</td>
<td>Chief Kenneth Thomas (N)</td>
<td>Roger Tipewan (R)        Raymond Witchekan (N) Wayne Jim (N) Johnny Tipewan (R)</td>
<td>P.O. Box 879, Spiritwood SK S0J 2M0</td>
<td>883-2787</td>
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<td><strong>Witchekan Lake First Nation</strong></td>
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<td><strong>Battleford Tribal Council</strong></td>
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<td>Email: <a href="mailto:miltol@tribal.ca">miltol@tribal.ca</a></td>
<td>Nov 26, 2013 to Nov 27, 2017</td>
<td>Chief Wayne Semaganis (R)</td>
<td>Serinda Baptiste (R) Russel Bearsears (R) Earl Chekovskis (N) Lawrence Kennedy (N) Christina Thomas (R)</td>
<td>P.O. Box 1300, North Battleford SK S9A 3U8</td>
<td>445-1383</td>
<td>446-0612</td>
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<tr>
<td>Email: lpf@ Sasktel.net</td>
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74 First Nations - 10 Tribal/Grand/Agency Council - 1 Affiliated

(R) = Re-Elected and (N) = Newly Elected
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<th>Nation</th>
<th>Election Term</th>
<th>Chief, Name</th>
<th>Councillors</th>
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<td>Lucky Man First Nation</td>
<td>Jul 5, 2008 – Jul 4, 2012</td>
<td>Richard Okemow (N)</td>
<td>Leona Bird (N)</td>
<td>103-103B Parkham Ave, Saskatoon SK S7N 4K4</td>
<td>374-2828</td>
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<td>6</td>
<td>Mosquito Grizzly Bear's Head</td>
<td>Apr 20, 2011 – Apr 19, 2013</td>
<td>Noel Stone Jr. (N)</td>
<td>Anderson Moosomin (N)</td>
<td>P.O. Box 177, Cando SK S0K 0V0</td>
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<td>937-3678</td>
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<td>Glenda Wehobin (N)</td>
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<td>Poundmaker First Nation</td>
<td>May 15, 2012 – May 16, 2016</td>
<td>Duane Antoine (R)</td>
<td>Vernon Antoine (N)</td>
<td>P.O. Box 610, Cutknife, SK S0M 0N0</td>
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<td>Paul Favel (N)</td>
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<td>Jul 6, 2011 – Jul 5, 2013</td>
<td>Larry Ahenakow (R)</td>
<td>Cheryl Bird (N)</td>
<td>P.O. Box 220, Shell Lake SK S0J 2G0</td>
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<td>Glen Leslie Bird (N)</td>
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<td>Irvin Thomas Little (N)</td>
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<td>Neil Ahenakow (R)</td>
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<td>Eliza Saskakmoose (R)</td>
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<td>Jan 23, 2013 – Jan 22, 2015</td>
<td>Bradley Swiftwolfe (N)</td>
<td>Jamie Mooswa (N)</td>
<td>P.O. Box 98, Cochin SK S0M 0L0</td>
<td>386-2208</td>
<td>386-2098</td>
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<td>Quentin Swiftwolfe (N)</td>
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<td>Vice Chair</td>
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<td>14</td>
<td>Carry the Kettle First Nation</td>
<td>Chief Kenneth Kennedy (N)</td>
<td>Joel (Orton) Ashdohonk (N) Melissa Eashaple (N) Vincent Eashaple (R) Lynda Francis-Ryder (R) Victor Prettyshield (R) Roxanne Thomson (R)</td>
<td>Apr 1, 2012 – Mar 31, 2014</td>
<td>P.O. Box 57</td>
<td>Sintaluta SK S0G 4N0</td>
<td>727-2135</td>
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<td>15</td>
<td>Little Black Bear First Nation</td>
<td>Chief Todd Cappo (R)</td>
<td>Albert L. Bellegarde (Urban) Lonny McNab (N) Michael J. Bellegarde (R) Denise McNabb (R)</td>
<td>Feb 28, 2010 – Feb 28, 2013</td>
<td>P.O. Box 40</td>
<td>Goodeve SK S0A 1C0</td>
<td>334-2269</td>
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<td>16</td>
<td>Muscowpetung First Nation</td>
<td>Chief Jordi Fourhorns (N)</td>
<td>Christopher Agecoutay (N) Kamoo Cappo (N) Stanley (Fella) Poltras (N) Keith Pratt (N) Byron Toto (N)</td>
<td>Apr 3, 2010 – Apr 2, 2012</td>
<td>P.O. Box 1310</td>
<td>Fort Qu'Appelle SK S0G 1S0</td>
<td>723-4747</td>
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<td>Nekaneet First Nation</td>
<td>Chief Todd Pelgan (R)</td>
<td>Beverly Chicoose (N) Elain Chicoose (N) Gwendolyn Cyr (R) Kevin Massens (R) Lyle Pelgan (R) Cecelia Asham (R) Lindsay Cyr (R) Leroy Obey (R)</td>
<td>Apr 1, 2011 – Mar 31, 2014</td>
<td>P.O. Box 548</td>
<td>Maple Creek SK S0N 1N0</td>
<td>662-3660</td>
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<td>Okanese First Nation</td>
<td>Chief Marie-Anne Day Walker-Pelletier (R)</td>
<td>Ronald Elliot (R) Richard Stonechil (R) Barry Tuckanow (R) Daniel Walker (R)</td>
<td>Oct 13, 2011 – Oct 12, 2014</td>
<td>P.O. Box 769</td>
<td>Balcarres SK S0G 0C0</td>
<td>334-2532</td>
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<td>Pasqua First Nation</td>
<td>Chief Michael Kookicic (R)</td>
<td>Stuart McNabb (N) Allan Bird (N) Richard Ironquil (R) Francis Dieter (R)</td>
<td>Mar 1, 2013 – Feb 28, 2015</td>
<td>P.O. 79</td>
<td>Pasqua, SK S0G 5M0</td>
<td>332-5697</td>
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<td>20</td>
<td>Pesepeeklis First Nation</td>
<td><strong>Note: Pesepeeklis has elections 2 councillors Term: Dec 16, 2012 Dec 16, 2015</strong></td>
<td>Stuart McNabb (N) Allan Bird (N) Richard Ironquil (R) Francis Dieter (R)</td>
<td>Box P.O. 518</td>
<td>Balcarres SK S0G 0C0</td>
<td>334-2573</td>
<td>334-2280</td>
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74 First Nations - 10 Tribal/Grand/Agency Council - 1 Affiliated
(R) = Re-elected and (N) = Newly Elected
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<tr>
<td>27</td>
<td>Canoe Lake First Nation</td>
<td>Dec 19, 2010 – Dec 18, 2012</td>
<td>Chief Robert Opikokew (R)</td>
<td>Franola Iron (N)</td>
<td>Box 231 Canoe Narrows SK SOM 0K0</td>
<td>829-2150</td>
<td>829-2101</td>
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<td>August Iron (R)</td>
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<td>Chief Robert Cheecham (R)</td>
<td>Gabrielle Fontaine</td>
<td>P.O Box 5050 Clearwater River SK SOM 3H0</td>
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<td>Bob Piche</td>
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<td>Gloria A pes (R)</td>
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<td>Flying Dust First Nation</td>
<td>Dec 8, 2012 – Dec 7, 2014</td>
<td>Chief Robert A. Merasty (N)</td>
<td>Maria McCallum (N)</td>
<td>8001 Flying Dust Reserve Meadow Lake SK S9X 1T8</td>
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<td>Island Lake First Nation (Ministikwan Lake Cree Nation)</td>
<td>Mar 29, 2011 – Mar 28, 2013</td>
<td>Chief Leslie Crookedneck (R)</td>
<td>Gabe Alexan (N)</td>
<td>P.O. Box 240 Island Lake SK SOM 3G0</td>
<td>837-2188</td>
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<td>Harold Chief (R)</td>
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<td>32</td>
<td>Makwa Sahgahiehcan First Nation</td>
<td>Feb 25, 2013 – Feb 24, 2015</td>
<td>Chief Richard Ben (R)</td>
<td>Derrick Centre (N)</td>
<td>P.O. Box 340 Loon Lake SK SOM 1L0</td>
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<td>Election Term</td>
<td>Chief</td>
<td>Gordon Burns (N) Waylon McLeod (N) Robin Moostoos (R) Gerald McKay (R)</td>
<td>P.O. Box 1090 Melfort SK S0E 1A0</td>
<td>864-3638 864-3338</td>
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<td>James Smith Cree Nation</td>
<td>Jan 19, 2012 - Jan 30, 2015</td>
<td>Chief Wally Burns (R)</td>
<td>La Ronge: Michael J Bird (N) Ann R Ratt (N) Harry Roberts (R) Larry Roberts (R) Stanley Mission: Bernice Roberts (N) Lester G Roberts (N) John P Roberts (R) Grandmother's Bay: Leon J Charles (R) Sucker River: Kenneth G Ratt (R) Hall Lake: Sampson A Ratt (R) Little Red River: John R Halkett (R) Keith R Mirasty (R)</td>
<td>P.O. Box 480 Lac La Ronge SK S0J 1L0</td>
<td>425-2183 425-2590</td>
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<td>39</td>
<td>Lac La Ronge Indian Band</td>
<td>Apr 1, 2011 - Mar 31, 2014</td>
<td>Chief Tammy Cook-</td>
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<td>Stanley Mission Grandmothers Bay Sucker River Hall Lake Little Red River</td>
<td>635-2115 635-2265</td>
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<td>Website: <a href="http://www.lrrib.ca">www.lrrib.ca</a></td>
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<td>Searson (R)</td>
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<td></td>
<td>Email: <a href="mailto:mlnn@sk.sympatico.ca">mlnn@sk.sympatico.ca</a></td>
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<td>Henderson (N)</td>
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<td>Website: <a href="http://www.montreallake.com">www.montreallake.com</a></td>
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74 First Nations - 10 Tribal/Grand/Agency Council - 1 Affiliated

(R) = Re-Elected and (N) = Newly Elected
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<th>Councillors</th>
<th>Address</th>
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<td>45</td>
<td>Wahpeton Dakota First Nation</td>
<td>May 27, 2011 – May 27, 2014</td>
<td>Chief Leo Omani (N)</td>
<td>Pearl Tacan, Gary Standing, Janice Standing, John Waditaka</td>
<td>P.O. Box 128, Prince Albert SK</td>
<td>764-8649</td>
<td>764-8637</td>
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<td>7</td>
<td>Saskatoon Tribal Council</td>
<td></td>
<td>Tribal Chief</td>
<td>Felix Thomas, Chief(Ex officio), Ascot</td>
<td>Suite 200, 335, #4, 401</td>
<td>956-6100</td>
<td>244-7275</td>
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<td>46</td>
<td>Kinistin First Nation</td>
<td>May 27, 2011 – May 26, 2013</td>
<td>Chief Albert Scott (N)</td>
<td>David Scott, Martha Smokeyday, Sheri Thomas, Trevor Thomas, Cyrus Smokeyday</td>
<td>P.O. Box 2590, Tisdale SK</td>
<td>878-8188</td>
<td>873-5235</td>
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<td>Mistawasis First Nation</td>
<td>Apr 10, 2011 – Apr 9, 2013</td>
<td>Chief Norma Johnstone (N)</td>
<td>Gall Badger, Derek Sanderson, Debra Watson, Lawrence Johnstone, Chris Peachwa, Melvin Watson</td>
<td>P.O. Box 250, Leask SK</td>
<td>466-4800</td>
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<td>48</td>
<td>Muskeg Cree Nation</td>
<td>Feb 13, 2012 - Feb 12, 2016</td>
<td>Chief: Clifford Tawpisin Jr. (R)</td>
<td>Les Arcand, Orin Greyeyes, Delores Greyeyes-Sand, Harry Lafond, Josephine Longneck, Albert Dean Lafond</td>
<td>P.O. Box 248, Marcellin SK</td>
<td>466-4959</td>
<td>466-4951</td>
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<td>49</td>
<td>Muskoday First Nation</td>
<td>Mar 22, 2011 – Mar 21, 2013</td>
<td>Chief Austin Bear (R)</td>
<td>Merle Crain, Ennie Dreaver, Erald James Bear, Eldon Roy Crain, Herman Dale Crain</td>
<td>P.O. Box 99, Muskoday, SK</td>
<td>764-1282</td>
<td>764-7272</td>
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<td>50</td>
<td>One Arrow First Nation</td>
<td>Mar 28, 2011 - Mar 25, 2014</td>
<td>Chief Kirk Matchap (N)</td>
<td>Christina Matchap, Kelvin Paintednose, Mervin Thomas, Allan Patrick Matchap, Dalvis T G Matchap, George Melvin Paul</td>
<td>P.O. Box 147, Bellevue SK</td>
<td>423-5900</td>
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(R) = Re-elected and (N) = Newly Elected

74 First Nations - 10 Tribal/Grant/Agency Council - 1 Affiliated

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<td>George Gordon First Nation</td>
<td>Apr 1, 2012 - Mar 31, 2014</td>
<td>Shawn Longman (N)</td>
<td>Howie Anderson (N) Cory Blind (N) Nathan Bitternose (N) Terry-Lynn McNab (N)</td>
<td>P.O. Box 248 Punlchny SK S0A 3C0</td>
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<td>Kawacatoose First Nation</td>
<td>May 20, 2012 - May 19, 2014</td>
<td>Darin Poorman (N)</td>
<td>Walter Assecow (N) Lillian Ewenin (N) Wesley Machekinie (N) Brian Mahingen (N)</td>
<td>P.O. Box 640 Raymore SK S0A 3J0</td>
<td>835-2125</td>
<td>835-2178</td>
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<td>Cote First Nation</td>
<td>Aug 29, 2010 - Aug 28, 2013</td>
<td>Norman Whitehawk (R)</td>
<td>Michael Bryant Cheryl Cadotte Vincent Cadotte Floydene Cote Reynold Cote Loretta Friday Randy Friday Josephine Norton James Severight James A. Severight George Tourangeau Frances Whitehawk</td>
<td>P.O. Box 1659 Kamsack SK S0A 1S0</td>
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(R) = Re-elected and (N) = Newly Elected
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<td>65 Beardy's &amp; Okemasis First Nation</td>
<td>Apr 1, 2011 - Mar 31, 2014</td>
<td>Remonda Gardipy (N)</td>
<td>Reviene Gardipy (R), Bernadette L Thomas (R), Richard Donald Gamble (R), Kurt Seeseesquias (N), Andrew Michael (N), Ralph Gardiphy (R), Barbara Gamble (N), Ruby Eyephase (N)</td>
<td>P.O. Box 340, Duck Lake SK S0K 1J0</td>
<td>467-4523</td>
<td>467-4404</td>
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<td>66 Big Bear Band (new Band)</td>
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<td>Alex Littlebear (N)</td>
<td>Alex Littlebear Jr., Carrie Littlebear, Christopher Keith Littlebear, Daniel Littlebear</td>
<td>P.O. Box 399, Cando, Sk. S0K 0V0</td>
<td>446-1583</td>
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<td>67 Chakastaypasin First Nation</td>
<td>Jan 19, 2012 - Jan 19, 2015</td>
<td>Calvin Sanderson (R)</td>
<td>Edward Stonestand (N), Leslie Oponechaw (N), Tanya Sanderson (R), Derrick Sanderson (R)</td>
<td>PO Box 1059, Melfort SK S0E 1A0</td>
<td>864-3636</td>
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<td>68 Onion Lake First Nation</td>
<td>Jun 16, 2012 - Jun 17, 2014</td>
<td>Wallace Fox (R)</td>
<td>Joe Dillon (R), Roy Littlewaffle (R), Walter Pahtsaykun Sr. (R), Leon Whistle (R), Tommy Chief (R), Delores Gamble (R), George Dillon (N), Coreen Masson (N)</td>
<td>P.O. Box 100, Onion Lake SK S0M 2E0</td>
<td>780-847-2200</td>
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<td>69 Peter Chapman First Nation</td>
<td>Feb 10, 2011 - Feb 10, 2014</td>
<td>Robert Head (N)</td>
<td>Brian Keith Whitehead (R), Brian Head (R), Phillip Whitehead (N), Valerie Whitehead (N)</td>
<td>P.O. Box 1059, Melfort SK S0E 1A0</td>
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(R) = Recently Elected and (N) = Newly Elected
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<td>Fishing Lake First Nation</td>
<td>Feb 26, 2015 to Feb 25, 2018</td>
<td>Chief Derek Sunshine (N)</td>
<td>Tracey Brania (N) Terance Sabit (R) Sheryl Kayeas (R) Corbitt Sabit (N) Colin Labanovich (N) Randall Sabit (N) Willard Young (N) Steve Sunshine (N)</td>
<td>P.O. Box 508 Wadena SK S0A 4J0</td>
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<td>Okemow Wallace Fox (R)</td>
<td>Joe Dillon (R) Doreen Masson (R) Walter Pahtayken Sr. (R) Leon Whittstone (R) Florence Blois (N) Hubert Pahtayken (N) Joe Waskewitch (N) Quincy Littlewolfe (N)</td>
<td>P.O. Box 100 Onion Lake SK S0M 2EO</td>
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<td>Peter Chapman First Nation</td>
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<td>Brian Keith Whitehead (R) Briani Head (R) Philip Whitehead (N) Valarie Whitehead (N)</td>
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<td>Thunderchild First Nation</td>
<td>Oct 20, 2014 to Oct 18, 2018</td>
<td>Chief Delbert Wapass (R)</td>
<td>Delores Thunderchild (R) James Snakeskin (R) Norman Moyal (R) Annette Jimmy (N) Andrea Armstrong-Paddy (N) Cameron Jack (N) John Noon (N)</td>
<td>P.O. Box 600 Turtleford SK S0M 2Y0</td>
<td>845-4300</td>
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**NOT a MEMBER of FSIN**

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**please note when preparing for meetings. Thank you.**

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<tr>
<td>Big Island Cree Nation</td>
<td>Apr 1, 2011 to Mar 31, 2015</td>
<td>Chief David Sandfly</td>
<td>Jeanette Kapanapit Roger Kiywaynat Bernadine Wahplistikwan Colleen Sandfly</td>
<td>P.O. Box 399 Pierceland, Sk. S0M 2K0</td>
<td>B.O: 839-2277</td>
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74 First Nations - 10 Tribal/Grand/Agency Council - 1 Affiliated

(R) = Re-Elected and (N) = Newly Elected
INTERNET LINKS

www.canadasmissing.ca

The National Centre for Missing Persons and Unidentified Remains (NCMPUR) of the Royal Canadian Mounted Police (RCMP) is Canada’s national centre that assists law enforcement, medical examiners and chief coroners with missing persons and unidentified remains investigations across the country. The NCMPUR incorporates the existing National Missing Children Operations (NMCO).

www.childfind.sk.ca

Child Find Saskatchewan is a provincial charitable organization that educates and advocates for the protection and rights of children and youth.

http://crcvc.ca/links/#missingPersons

Provides resources and information for families of missing persons and victims of crime.

www.DoeNetwork.org

The Doe Network is a volunteer organization devoted to assisting Law Enforcement in solving cold cases concerning Unexplained Disappearances and Unidentified Victims from North America, Australia and Europe. The public can submit information on new and existing cases.

www.justice.gov.sk.ca/MissingPersons

This information will help facilitate access to information for families, for the general public, and for agencies involved with Missing Persons.

www.kanikanichihk.ca

Provides traditional First Nations support and resources for families of missing persons and prevention strategies for families of risk.

www.missingadults.ca

An information resource for families, police and anyone searching for a missing adult in the Province of Ontario.

www.missingkids.ca

Offers families support in finding their missing child and provide educational materials to help prevent children from going missing.
www.missingpersons.police.uk/

Offers support and advice to police forces in order to resolve cases and act as a hub for the exchange of information and expertise in the area.

www.nwac.ca

A plain-language publication that has been designed to assist educators, health and service providers and other allies with the necessary information and tools to work in a culturally appropriate and sensitive manner with families who have lost a loved one. 
(http://www.nwac.ca/sites/default/files/imce/2012-02-14_NWAC_CommunityResourceGuide_full_e.pdf)

www.projectjason.org

Organization is to create and increase public awareness of missing people through a variety of outreach and educational activities. Project Jason seeks to bring hope and assistance to families of the missing by providing resources and support.

http://protectchildren.ca

Accepts tips from the public, offers families support in finding their missing child and provides educational materials to help prevent children from going missing. Advocates on issues relating to missing and sexually exploited children

www.sacp.ca

Long-term missing persons are men, women and children from all areas of the province. Police continue looking for missing persons until the case is solved or until all investigational avenues have been exhausted. We invite everyone to view the information on this site.

www.salvationarmy.ca

Provides a family tracing service. (http://www.salvationarmy.ca/tag/family-tracing/)

www.teamhope.org

Provides peer hope, guidance, friendship, understanding, coping skills, emotional support and resources.

www.webhealing.com

An online support for families dealing with loss.
Prevention and Safety Tips for Families

- Talk with your children regularly about how to be safe, and about dangerous situations that may potentially occur for children and young adults.

- Make a plan for, and/or ‘role-play’, unsafe scenarios and teach children/youth how to handle these situations. Make them aware of resources available to them to stay safe (like neighbours, safe places in the community, friends and family etc.).

- Know the friends and contacts your child/friend has. Try to listen and remember when they’re talking about where they’re hanging out, and with whom.

- Teach them about how to stay safe from internet predators (including on Facebook and other social media) by never meeting strangers in person, never releasing personal details like age or address during online chat, and by using secure privacy settings for photographs online.

- Take lots of regular photographs of your family and friends. Having current photos is a great way to remember special moments, but it is also important so that you have updated photographs of your loved ones.

- Make sure your child memorizes phone numbers and/or addresses in case of an emergency. If they have a cell phone, make sure these emergency numbers are programmed into the phone.

- Enrolling your child in fun and engaging activities with other friends and loved ones not only boost self esteem but also supports a sense of belonging and supports making connections to their community. There are many low-cost and free activities available through local organizations.

- Encourage your loved one to always travel in a group, rather than walking alone. Whether it’s 2 or 20 people, travelling with others usually makes it less likely something will happen.

- Make sure that your loved one never accepts rides from anyone except trusted family or friends. Even if they do know the person they should call and check with you before getting into any vehicle. Have a “code word” that they have to say before they get in a car so you know they’re safe and not coerced.

- Let your loved one know that you will ALWAYS help them/pick them up if they are in a tough situation even if it’s late or they think you’ll be upset.

- Let your loved one know that if they were ever to go missing that you would not stop looking for them (just in case someone were to try telling them differently).
- Teach your loved ones that if something or someone does not seem quite right, that they should trust their gut feelings and instincts and get out of that situation.

- Pay closer attention than you normally do if your child’s behaviour seems to be changing significantly, and/or you notice a sudden change in their friends.

- Parents who have reason to be concerned with their child’s safety may choose to save a toothbrush or hairbrush in a sealed Ziploc bag.

NOTES:
MISSING

NAME OF MISSING
Missing Since: dd mmm yyyy

MISSING FROM: CITY, PROVINCE
SEX: YOUR DATA

AGE AT DISAPPEARANCE: XX
RACE: YOUR DATA

HEIGHT: YOUR DATA
HAIR: YOUR DATA

WEIGHT: YOUR DATA
EYES: YOUR DATA

MANNERISMS: YOUR DATA
IDENTIFYING MARKS: YOUR DATA

CLOTHING OR JEWELRY: YOUR DATA
BUILD: YOUR DATA

THIS AREA CAN BE USED TO PROVIDE A SUMMARY OF THE CIRCUMSTANCES SURROUNDING THE DISAPPEARANCE. ADDITIONAL DETAILS MAY INCLUDE WHERE THE MISSING PERSON WAS LAST SEEN (E.G. AREA OF CITY, MALL, PARK, ETC.), WHERE THE PERSON WAS HEADING, DESCRIPTION OF VEHICLE OR MODE OF TRAVEL, ETC.

IF APPROPRIATE, YOU MAY WISH TO INCLUDE THE FOLLOWING:
FOR UPDATED INFORMATION, VISIT URL OF WEBSITE OR NAME OF FACEBOOK PAGE

If you have any information about XXXXXXXX’s whereabouts, please contact:

XXXXX Police Service
XXX-XXX-XXXX

Crime Stoppers
1-800-222-TIPS (8477)