

Theresa Lightfoot

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Education:

Masters of Arts in Environmental Policy (May 2015)

Memorial University of Newfoundland, Grenfell Campus

Corner Brook, NL

Research background in environmental policy's impact on cultural survival for Wabanaki people.

Bachelor of Arts

Double major in Psychology and Native Studies (April 2009)

St. Thomas University

Fredericton, NB

Research background on racialized sexualized violence against indigenous women

High School Diploma (June 2003)

Widdifield Secondary School

North Bay, ON

Certificates:

Indigenous Full Spectrum Doula Training (November 2017)

With Indigenous Birth of Alberta and The Native Youth Sexual Health Network

Amiskwaciwaskahikan, Treaty 6 Territory

Pigiarvik (Inuktitut second language level 1) (March 2017)

Pirurvik

Iqaluit, Nu

Nunavut Healing and Learning Together Module 1,2 and 3 (2016-2017)

Control theory in corrections, probation, counseling, family and for individual growth

Circle North Training

Iqaluit, Nu

Mental Health First Aid (Inuit focused) (2017)

Mental Health Commission of Canada

Iqaluit Nu

ASIST (2017)

Community Justice

Iqaluit, Nu

Sexual Assault Crisis Intervention Training (October 2016)

Fredericton Sexual Assault Centre

Fredericton NB

Employment Experience:

Trauma informed full spectrum Indigenous Doula (2017-current)

-Currently providing trauma informed doula care on a volunteer basis to Indigenous clients in a way that encourages sexual and reproductive justice. A full spectrum Indigenous Doula can provide education and direct support relating to issues across the life span. This includes but is not limited to: fertility, pregnancy, birth, menstruation, puberty, sexual health, birth control options, abortion aftercare, HIV/AIDS, sexual violence, menopause, end of life care. These supports that are accessible, body positive, culturally relevant, pro self-determination and ensure informed consent.

Sexual Health Coordinator (2018-present)

Government of Nunavut

Iqaluit, NU

-help to work on and coordinate sexual health materials for Nunavut communities. Work on territorial sexual reproductive health working groups. Provide advice and input into any materials related to sexual health.

Indigenous Teacher for kindergarten-grade 9 (December 2017-June 2018)

Newfoundland and Labrador English School Board

Nain, NL

-This position was responsible for developing and delivering the Illusivut program to children at Jens Haven Memorial School and requires a clear code of conduct and vulnerable sector check.

-I was responsible for the instruction and creation of projects that met the developmental skills milestones of each grade and providing students with support, evaluation of their projects and feedback.

-Using my knowledge of developmental psychology I applied different theories from positive psychology and mindfulness in shaping the current Illusivut program. I was also responsible for developing plans for the following year and taking stock of what materials maybe required.

Victim Care Coordinator (February 2016-June 2017)

Government of Nunavut

Department of Community Justice

Iqaluit, NU

-This position is responsible for researching and coordinating the training and skills maintenance for the victim coordinators. It also required the provision of frontline services for victims of crime in Nunavut.

-Develop and present current information and practices to the public as general awareness campaigns and information sessions.

-This position required a baseline knowledge of what emergency protection orders are and how

to obtain them, knowledge of the justice system and how to navigate it, knowledge of who provides mental health care/where to access it, who community stakeholders are and how to access them, and the continued maintenance of the Victim Services Community Support Directory.

-Helped to write the annual reports, the strategic planning report and application for funding to federal bodies. As well as maintain and analyzing the statistics for the victim services unit. This information was used for reporting purposes and is used to collaborate with the federal/provincial/territorial working group on victim's services data.

-Frontline skills required for this position included the use of: sexual assault crisis intervention, soft counseling skills, being available for other services providers as well as having intimate knowledge of the key service providers in Nunavut related to sexual and physical/family violence, suicide crisis intervention, safety planning and non-violent crisis intervention skills.

Teaching Assistant, Fine Arts Department (October 2013 – April 2014)  
Memorial University of Newfoundland  
Corner Brook, NL

- Co- lectured classes for 1st year Fine Arts students
- Course content and syllabus development as this course was not available prior to 2013
- Marked course work and co-developed course educational outcome requirements.

Substitute Teacher and Tutor (September 2009 – February 2012)  
John Christian Erhardt Memorial School  
Makkovik, Nunatsiavut

- Delivered course content, guest lecture on history of Indigenous people of the Maritimes for K-12
- Provided nonviolent crisis intervention, support team after critical incidents, student emotional support, assistance with academic course work, sexual health information/healthy relationships and teaching plans for K-12 apart of tutor program.

#### Volunteer Experience:

- Guest Lecture at St. Thomas University on racialized sexualized violence against Indigenous women and experience as a victim services worker.
- National Indigenous Young Women's Advisory Council Mentor (2016-current)
- National Indigenous Young Women's Advisory Council
- 2010 to 2015
- organized Sisters-in-Spirit events for Fredericton, NB and Makkovik, Nunatsiavut (Native Women's Association of Canada)
- 2008 – 2013
- Violence Prevention Labrador's Take Back the Night 2010
- Co-organized Nunatsiavut Status of Women's retreat 2010
- Hebron Relocation Commemoration Committee 2010
- Elsipogtog Suicide Prevention Sub-Committee 2006
- Elsipogtog Violence and Abuse Committee 2006

References:

Jasmine Redfern  
Native Youth Sexual Health  
Network

Rachel Clow  
Government of Nunavut

<b>Exhibit: National Inquiry into Missing and Murdered Indigenous Women and Girls</b>		
Location/Phase: <u>Parts 2/3 Iqaluit</u>		
Witness: <u>T.J Lightfoot</u>		
Submitted by: <u>Shelby Thomas</u>		
Add'l info: <u>P02-03 P01 P0301</u>		
Date: <u>SEP 12 2018</u>		
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<div>63</div>	<div></div>	<div>22</div>