National Inquiry into Missing and Murdered Indigenous Women and Girls
Truth-Gathering Process
Part 1 Statement Gathering
Hotel North Two
Happy Valley-Goose Bay, Newfoundland-and-Labrador

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Rose Pamack

Statement gathered by Alana Lee

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Witness: Rose Pamack
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Statement Gatherer: Alana Lee

Testimony of Rose Pamack ......................... 1

Reporter’s Certification .......................... 42

Documents submitted with testimony: none.
MS. ALANA LEE: Okay. I'm just going to set this right close to you, Rose. Okay. So it is March 7th, 2018. This is Alana Lee, statement gatherer, with the National Inquiry Into Missing and Murdered Indigenous Women and Girls. We are currently at Hotel North Two in Happy Valley-Goose Bay. I am with Rose Pamack. Pamack?

MS. ROSE PAMACK: Pamack.

MS. ALANA LEE: Pamack.

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: There. Thank you, Rose. It is currently 10:24, and, Rose, you're here to speak on your experiences as a survivor.

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Okay. And, Rose, you're originally from Nain, but you relocated to Happy Valley-Goose Bay in September of 1999?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Yes. Okay. We also have health support with us.

MS. AMELIA REIMER: Amelia Reimer.

MS. ALANA LEE: Oh, okay. Amelia -- do you want to state your name for the camera?
MS. AMELIA REIMER: Amelia Reimer.

MS. ALANA LEE: Amelia -- okay. And, Rose, you're here on a voluntary basis?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Okay. On behalf of the Inquiry, we'd like to thank you for sharing your truth, and I guess at this point, we'll begin. Rose, what would you like to tell us about your experiences as a survivor?

MS. ROSE PAMACK: You're welcome. I had wanted to talk about these two people that I was involved with in the '70s. I don't know if they were related, what they did -- if it was related to each other or not. I suffered a whole lot of domestic violence when I was married for three years, here, we married here for -- I was here for two years, and then I went to Nain, and we were there for a while, and the outcome of the relationship was that -- because he was Catholic, I -- I appealed to the Pope, and he annulled the marriage, and then I went to the Supreme Court in St. John's, Newfoundland, and -- and signed the papers there before Supreme Court that the marriage was now annulled.

And the other person, that was [Ex-husband]. That was his name, and he was a Mi'gmaw from Bay d'Espoir, Newfoundland, and the other person was [Senior Administrator 1], and the incident that happened, that was
in September of 1976, I think it was, that I -- I had started working in Nain, and -- it was a beautiful September morning, and I was walking to school. I lived in a little house across the harbour in Nain, and when I got close to the Labrador Inuit Association office -- they had huge long stairs there in the front -- I saw this man resting, and he had these bent trees -- like, you have to get bent trees -- when you're making a boat, you have to get bent trees for the prow, I think, or some part of it, and he was there resting, and I -- I -- I didn't know who he was, not really. I mean, I hadn't been in Nain for a while. I didn't know who lived there at the time, and I just spoke to him, like, casually, and he said he was making a boat and he's got these two cross pieces or whatever you call them, and -- and I just went in, and I think it was my first day of work. I had the key. I went into the main office, and my own office eventually was on the side, (indiscernible) cultural centre, but I think at the beginning, in the first year before we got our funding for cultural centres, I was working out of the main office, the land claims office for Labrador Inuit Association, and I wasn't expecting anything.

I went in, and I went to the phone in the first receptionist's office, and I went there, and I -- I called somebody, maybe my mother, I don't know, and let
them know that I'm -- I'm now in the office, and that's
where I'm -- I don't know if even I had a phone at home at
that point because I'd just gotten there, I'd just gotten
to Nain, and -- and this person burst in. I tried to
remember very hard. Did he have the same face as that
fellow that I just saw out there with the boat pieces, or
is this a different person?

Anyway, it was a very angry man, and I
didn't know who he was, not really, and he came into the
office, and he began to fight with me. He couldn't knock
me down, and somehow we kept fighting, and then we were in
the hallway because there was a hallway there, the
president's office, the second secretary, and the main
secretary, receptionist, secretary there, and then he drove
me into the secretary's office there, and -- still
fighting, and he couldn't get me off my feet still.

I guess by this time, he was getting
frustrated, and he began to -- there -- the secretary had a
little homemade shelving -- like, I don't know what you
call it, like, a counter that goes all around the small
room and the telephone, and everything very tidy because
she's so tidy, and he started throwing things on the floor.
I guess he was making room for -- for me to lie down or to
kill me, I don't know. He was still not able to get me off
my feet, and luckily for me, luckily for me, I wasn't in
the other office where I would have been alone. Luckily for me, [Senior Administrator 2], he came in, and he had a very shocked expression on his face. I don't know if I'd been talking to him and told him that I was in the office. I don't know -- I don't know how much I -- I was able to say over the telephone before all this started, and as soon as he came in, this man, [Senior Administrator 1] of [Community 1], he ran out -- he ran out really fast and left me in shock, too, and [Senior Administrator 2] went further up, and he was on the phone or something, doing something, and I didn't tell him what happened. I didn't tell my mother what happened. I didn't tell the police what happened. I was just -- I'd just been through two years of a very violent marriage, and I guess I'd been softened up, in a way, by the experience, but I didn't really know what was going on, and I didn't know who the person was, I mean, why he did that, and it was only much later, I think, that we began to find out that he did sexual assaults and he was violent.

But the person I saw outside, he was very friendly, and the person that came through the door, he was really angry, like, two different peoples, and -- and -- so -- so that was workplace harassment as I found out later.

**MS. ALANA LEE:** Did your -- you said [Senior
Administrator 2] had come in and stopped it. What was the [Senior Administrator 2]'s name again?

**MS. ROSE PAMACK:** [Senior Administrator 2].

He's in St. John's.

**MS. ALANA LEE:** And so did [Senior Administrator 2] report this to the police?

**MS. ROSE PAMACK:** I don't know. I didn't talk to him, and this person who was fighting with me, he didn't say anything. He didn't say, get out of this place, get out of -- he didn't say anything, you know?

**MS. ALANA LEE:** Hmm.

**MS. ROSE PAMACK:** I didn't know what it was all about.

**MS. ALANA LEE:** And so no police came to talk to you about it or anything?

**MS. ROSE PAMACK:** No. I didn't report it to anybody.

**MS. ALANA LEE:** Okay.

**MS. ROSE PAMACK:** I was too, too scared, and I was only able to talk -- tell people about it many years later, maybe in the '90s or '80s or some -- sometime around there when I began to hear, oh, yeah, he's been charged for this, he's been charged for that, you know? And I said, oh, yeah, oh, yeah, and he was, like, two people -- and I would watch him on TV, and you could see that he'd had that
face, really angry, angry, because they were -- [one line redacted - identifying information]. I worked there when [Senior Administrator 3] was there, I worked there when [Senior Administrator 4] was the president, and then [one line redacted - identifying information] and then I left.

I said, I can't do it. I'm not going to say nothing about nothing. I'm just going to leave.

MS. ALANA LEE: Oh. So was this when you were -- you -- so you were still working at the -- what did you say, the Labrador Inuit Association, and then he -- this [Senior Administrator 1], he came on as [position] there?

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: Oh, okay.

MS. ROSE PAMACK: Yes, and that made it even more frightening. Like --

MS. ALANA LEE: I -- I imagine it would have.

MS. ROSE PAMACK: Yes, and -- it just hurt me very much. Of course, I'd had a hard time finding a job after that. I mean...

MS. ALANA LEE: M'hm. And so was he convicted of other sexual offenses after [one line redacted - identifying information]?

MS. ROSE PAMACK: I believe so. I think
before -- before I left Nain, he -- he did do something to
a young girl who came to visit his daughter, but I think
sometime even before that, he was in trouble with the law.
I can't remember who -- who or what. You know, I don't
remember the details.

MS. ALANA LEE: M'hm. Do you know what year
[one line redacted - identifying information], and then you
left as a result? You left Nain?

MS. ROSE PAMACK: Yeah. Well, I went there
in 1976, so I worked there for seven years, so that -- I
think I might have left around 1984.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: I did work for OK Society
before I was a -- you know, retired with a disability
pension.

MS. ALANA LEE: Were --

MS. ROSE PAMACK: So --

MS. ALANA LEE: You mentioned that you also
wanted to talk about your relationship with your previous
husband?

MS. ROSE PAMACK: Yes. Yes.

MS. ALANA LEE: Okay. When were you
married?

MS. ROSE PAMACK: Well, I went back to
university in '73. I met him in January of '74, and then I
got a job back in Goose Bay with the Department of Education as curriculum consultants for Native schools.

Long title.

**MS. ALANA LEE:** Wow.

**MS. ROSE PAMACK:** And --and he didn't want to be left behind. He was working then with the -- there was a [Ex-husband’s employer 1].

**MS. ALANA LEE:** M'hm.

**MS. ROSE PAMACK:** And that's where he was working, so he got a job -- he got a [type of employment] job in Happy Valley-Goose Bay, Sheshashayee, somewhere around there, and so he came. We were both working, and the way he was in St. John's, the way that I knew him, he totally changed. I don't know if they were flashbacks to drugs or if something else happened because after maybe a year, I don't know, he -- he was laid off from the job -- like, you get funding cuts, he would get funding for a year, two years, and then after that, he was taking a course as a [Ex-husband’s studies], and --

**MS. ALANA LEE:** Sorry, Rose, what was his name?

**MS. ROSE PAMACK:** [Ex-husband].

**MS. ALANA LEE:** [Ex-husband]. Okay.

**MS. ROSE PAMACK:** Yeah. [Ex-husband].

**MS. ALANA LEE:** [Spells name]?
MS. ROSE PAMACK: [Spells name].

MS. ALANA LEE: Okay. Thank you. So sorry to interrupt you. You said he was taking a course at -- to be a [Ex-husband’s studies]?

MS. ROSE PAMACK: Yeah, after that, but after we were in Goose Bay, he was meeting people from Natuashish, and when we were in St. John's, yet, we would meet people from Natuashish and different parts of Newfoundland where there were Native people and Sheshashayee, and he became convinced that he shouldn't be married to me; he should be married to an Innu person because he's a -- he's a Mi'gmaw. He became very convinced of that, and he was Catholic, and he kept -- he kept feeling that he was -- he had no way of getting out of it, and I think that would bring on the violence, and his -- he would talk to his mother, and I don't know if the -- his family, you know, disapproved of it or not. They didn't come to the wedding, for sure, and he wanted to go to Natuashish, and so I had the marriage annulled because I just couldn't go through it anymore.

And the very worst incident I was going to talk about, when we were in the trailer, he came after me with a knife, quite a long blade, and I ran into the bedroom, which was at the end of the trailer, and I kicked him in the wrist so that the knife went clattering in the
hallway. He went to get it again, and he was there, close
to the wall, and he went like this and stabbed the wall and
broke off the tip of the knife, and then -- and I was lying
on the bed, and he was just about to draw and quarter me.
He said he was going to dismember me. He said he was going
to cut out my vagina, you know, very -- very horrible
things, and then he -- he used to see something that wasn't
there, either behind me or around me or here, and -- I had
a red gown in the closet that I had bought in St. John's.
I had it when -- you know, before and brought it to
Goose Bay. It was hanging in the closet, and then he saw
the grim reaper -- I just say grim reaper just -- just to
say, you know, it was something that he saw. He would
never talk about it. I used to plead with him, can't you
tell somebody? Can't you tell a friend? Can't you tell a
priest? Can't you tell a doctor, somebody from the
hospital? Can't you tell the police what's going on?
Because I didn't know what was going on, and the grim
reaper was in the closet, and he went into the closet, and
he -- he slashed that red dress so very, very, very much.

And it was these episodes that he -- that
came over him that happened to him that -- they would pass.
They would pass, he would seem like he's normal again.
It's just something that comes over him, and he's -- he's
in another world, and then he goes back down.
Well, this one time that -- he had a case of beer. He -- I ran away, then he chased me. The first door, the door was locked. I ran to the second door. The door was locked. He'd locked them, you know, before. I guess he had planned to do this, and -- so he caught up to me when I was at the second door I didn't know how to unlock it. He caught up to me and told me to stand by the door, so I didn't know what was going to happen next, and he went and sit down, watched TV, had his case of beer, drinking beer, and then after an hour or so, a couple of hours, maybe, he was getting drunk, I guess, and he started laughing, laughing, laughing, and -- and I said, I have to go down to the little store down the road, I have to go and get some dog food, and luckily he let me go, and I ran down to the hospital, and I can remember the horrible feeling, it was -- how horrible it was. It was like there is nowhere in the world where I could go to hide. There's no one to help me. You're totally helpless. I even wanted to go and crawl under the table. That's how bad it was, and -- so from there, I went to George Ford's, George and Sophie Ford's, and I stayed there overnight.

MS. ALANA LEE: Were they friends of yours?

MS. ROSE PAMACK: Yeah. He's my -- he was my uncle. He's passed away, and she's related to me. She was a Ford, too, and she's a -- my aunt's daughter, like,
a -- I think I -- he would say that he was my dad's brother, but it may be that because they were from Okak and their parents all died out that they were adopted by Willy Ford.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: And so they were brothers in that sense. I did never really find out, you know, if it was blood relative or adoptive relative, so that's where I went, and -- and the next day, he -- he followed me -- George followed me to the trailer, and I got a big trunk, and -- and I packed it, and I got on the boat, and I went to Nain, and it was while I was at Nain that this second person assaulted me, you know, [Senior Administrator 1] --

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: -- while I went to -- when I went to work. I don't know if they were connected in any way because [Senior Administrator 1]'s girlfriend, I found out later, she's also Catholic. She passed on, her brother passed on, and she was the secretary at the [Employer 1].

MS. ALANA LEE: M'hm. How long were you married --

MS. ROSE PAMACK: Three years.

MS. ALANA LEE: -- to [Ex-husband]? Okay.

MS. ROSE PAMACK: Yeah, because we got
married in '74, and then it was two years in Nain, and then
'76, I went to Nain, and I worked in Nain for seven years,
and sometime -- I was working for Inuit Cultural Institute,
and I would have to travel to Eskimo Point, Northwest
Territories, it was then before land claims, and -- so in
the second year, they got a grant, and -- well, all across
Canada, they set up cultural centres for Native people --

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: -- Aboriginal people, and
there was one set up in Nain, and I was its first director,
and that was 1977, and I came back from Eskimo Point, and
he was going out the door. He was leaving on the flight
that I -- I just arrived on, and I asked him, where are you
going? And he said he was going to Davis Inlet to work,
he got a job there, and I said, okay, I'll just unpack,
I'll come down with you. I -- I didn't know if I had to
move to Davis Inlet to -- to continue the marriage or -- I
didn't know, you know, because I hadn't been told anything,
but he'd left for good, and I didn't know. I went to
Davis Inlet, and he said he'd found somebody else. He
didn't want me to be there. He would lock me out. He'd
tell me to sleep on the floor, and -- so I went back to
Nain, and he had said that if I ever left, that he would
kill me. I mean, he was always trying to kill me anyway,
and I -- I just became so -- so frightened while I was in
Nain at that time that I became afraid to walk into the government store because there was a big space, and I was afraid to fly because you'd be in a small space, and -- you know, I didn't fly for even -- even for a long time. I don't know how long it took me to get over it, you know, the fear of flying that I didn't have before. I mean, I -- I -- I had jobs where I had to fly a lot, like -- two years as a consultant, we just never stopped, eh? You're always traveling, and then I had the Inuit Cultural Institute job and was always flying with that, but it just came over me like that, and -- like, and the house burnt down in 2013 -- 2015. There -- there were things that happened to you that you couldn't explain, like the crying every day, nightmares every day, and my brother disappeared, and nobody knew what had happened to him, my brother Richard Pamack, in -- we were --

**MS. ALANA LEE:** When did -- when did Richard disappear?

**MS. ROSE PAMACK:** I think it was June -- June the 28th of 2011. I was at Headland Departments, and I was getting ready to go to Nain, and --

**MS. ALANA LEE:** And this was -- was this in Happy Valley-Goose Bay that he went missing?

**MS. ROSE PAMACK:** Yes.

**MS. ALANA LEE:** Okay. Sorry. Keep going.
MS. ROSE PAMACK: Yes, he lived at Newman's Boarding House since the time it was started, maybe 30 years or so, and they were closing down Newman's just before that happened when he went missing, and I would go and live there every now and then, and I'd live at different addresses. I lived in a lot of different places, maybe 23, 25 different places in the valley and in Spruce Park, and...

MS. ALANA LEE: Was housing an issue for you? Like, was it hard to find housing? Is that why?

MS. ROSE PAMACK: Oh, yes. We'd get -- I'd get housing, but it wouldn't be good, you know? There'd always be something wrong, and move on, go back to Newman's, try to find another place, and -- and I lived in Spruce Park, and then I went to live in the valley. (Indiscernible) know when that was.

MS. ALANA LEE: Has your brother been found since?

MS. ROSE PAMACK: No.

MS. ALANA LEE: No?

MS. ROSE PAMACK: No. Keep trying to ask and try to keep asking the RCMP. They always say they don't have any information. They searched, and they didn't find him.

MS. ALANA LEE: Okay. And did you -- do you
know when he was reported missing? Did you report him missing?

MS. ROSE PAMACK: No. I was at Headland Departments, and the RCMP -- two RCMP officers came and asked if my brother was there, and I said, no. They say, he's been missing now for three days; and my brother was at Newman's, and I stayed for another month. I was checking out of Headland, but I told them, there's something happened to my brother, I'm going to wait and see if they'll find him or if there's any news of what's happened, and...

So I -- I don't know if [Ex-Husband] had anything to do with the [Senior Administrator 1] incident. If he has been, like, influencing things in my life without my knowing it, I don't know, because after the marriage was annulled, I didn't make any attempt to talk to him or call him or find out where he was, and I don't know if he had anything to do with my missing brother because we don't know what's -- what happened.

MS. ALANA LEE: Yeah. What -- do you know what RCMP detachment it was? Was it here in Happy Valley-Goose Bay?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Okay. Have they contacted you recently with any information?
MS. ROSE PAMACK: No. They've never contacted me. At the time that it happened, I would go in there and ask if there's any news, or call, and once when I went in, they said -- it was a staff sergeant. He came down. His face was red and sweating. It was summertime, and he told me, you're not to come in here and ask -- ask questions. You're not to come and ask us. You're -- you're -- you -- you're not allowed in here to come and do that to us, and -- so I didn't go there. I didn't try to ask any more. I don't know why he would have been like that to me, but he said they -- we can only tell one person, and that person is in Nain, and I said, who is it, because I have a brother in Nain, and he -- he just said, I -- he didn't know.

And at that time -- the one I was starting to tell you about when he had the knife, he --

MS. ALANA LEE: And this is when [Ex-husband] --

MS. ROSE PAMACK: I tried to get the police to help me, and they told me they can't help. They said they don't get mixed up with domestic squabbles, and I was surprised because my father, he worked in -- as a special constable for the RCMP for many years, and around 1955, there was resettlement, relocation from Hebron and Nutak (ph) and there was a whole influx of people, at least
300 more people came into town, and there was a lot of
drinking, a lot of assault and domestic violence, and he
would be called out at least once a night, you know?

**MS. ALANA LEE:** M'hm.

**MS. ROSE PAMACK:** They were really, really
involved with it.

**MS. ALANA LEE:** Yeah, and it's their duty to
get involved.

**MS. ROSE PAMACK:** And my mother and -- and a
few other women, they were -- we formed the Nain Women's
Group, and we wanted to build a refuge for victims of
domestic violence, and I think they have one now, I know
they have one here, and we didn't make much headway, and
one of the women who was involved with us, it was mostly
older ladies, and -- it was Joanna Anderson, and she was
murdered in -- and that time, when -- when we worked
for -- worked in Nain, there was myself and William Callio
(ph), he died of cancer, we would always have trouble with
our glasses. I remember one year that six times I had to
replace my glasses. All my money, whatever money I made
had to go to buying glasses, and William Callio and I had
the same problem, broken glasses, and this was one of the
times -- it was summertime, and my glasses were broken, and
I had old glasses on, but I couldn't see very good out of
them, and was in the evening just before nightfall, and I
saw this man running. He was running, like, from the main
part of Nain. Like, we were sort of at the end of Nain,
toward the airstrip, and -- (indiscernible) basement, and
he came running, and he -- he looked like he was running
like this, like -- like [G.S.] (ph) would run.

MS. ALANA LEE: Hm.

MS. ROSE PAMACK: Same -- same shape, it
seemed like, and -- but [G.S.] was in the Federal
penitentiary in Springhill, Nova Scotia, Dorchester,
somewhere over there, and -- it wasn't him, I don't think,
and anyway, he -- he ran along the edge of John Igloo's
(ph) house, and then there were two houses right here. He
ran that way, and then the -- there's -- there's the main
road. There's two houses there. He went down there. I
could see him there in the middle of the road, and he tried
to run up to Nain, and then he turned back, and then he
started running toward the airstrip, like, to the end of
our road, and -- and I didn't see him after that. I
thought he went into [L.O.]'s house, and I didn't ever find
out who it was.

I was on the phone at the time to my mother,
and -- and I told her, yeah, there's somebody running. It
was only later that we found out. That was the night that
Joanna Anderson was murdered. I don't know if she was
murdered during the day or if was during the night.
He -- I know this man who was running, he would look back
to see if he was being chased, you know?

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: He used to look back, you
know, like, if somebody was chasing him.

MS. ALANA LEE: Did anybody -- did the
police ever come and talk to you about this?

MS. ROSE PAMACK: No.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: They didn't.

MS. AMELIA REIMER: You said you went to
John Igloo's house?

MS. ROSE PAMACK: No. He --

MS. AMELIA REIMER: No?

MS. ROSE PAMACK: He ran -- like --

MS. ALANA LEE: Sorry. That was
just -- whenever you --

MS. AMELIA REIMER: Oh, sorry.

MS. ALANA LEE: No, it's -- and it's okay.

Whenever you speak -- that was just Amelia --

MS. AMELIA REIMER: Yeah.

MS. ALANA LEE: -- health support. Whenever
you speak, just state your name.

MS. AMELIA REIMER: Sure.

MS. ALANA LEE: Just so that the
transcriber --

(LAUGHTER)

**MS. AMELIA REIMER:** I just wanted to make sure we understood what you were talking about, so -- yeah.

So he ran past John's house, then?

**MS. ROSE PAMACK:** There was a house here, John Igloo.

**MS. AMELIA REIMER:** Yeah.

**MS. ROSE PAMACK:** And there were two relocation houses over here. Joh’s house is there, so he ran along the edge of John Igloo’s house. He ran between the two relocation houses, and then he ran toward the main road, and that's where I saw him. He tried to run toward Nain, but then he seemed to change his mind, and he ran down the end of Nain instead, our end, that way. I didn't see him again, so I thought he must have gone into the second relocation house, which would be [L.O.], and she, also, was a member of the Nain Women's Group.

I know that when we were talking, there was a -- somebody, a woman, she came and talked to us about being involved in domestic violence and all that. She said, it's quite dangerous because you could be killed; the same person who attacked the victim could also attack you, could kill you. But we kept together, and that is what happened to one of our members. She was murdered, and from
what I hear, they didn't ever find out who murdered her.

MS. ALANA LEE: Do you know -- what was the date that -- you said Joanna, right? What was the date Joanna was murdered?

MS. ROSE PAMACK: I'm not too sure. I think -- 1984, I was in my new house. This might have been June of 1984.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: Or it could be '85. Somewhere around there, and there were two murders. The other one was a young man, Bill Webb's (ph) son, Jason. He was my relative.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: And the person that they said did it, he lived in this relocation house. I didn't know he was there.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: And then they were saying -- at court where I was called in to -- you know, the court worker -- the secretary for the magistrate or whatever, she -- she couldn't make it, so I was there, and [D.Z.] from OK Society was there, and he was saying that he didn't do it, and the woman who owned that house, she said that he was taken by her family to a camp -- like, there's camps were -- outlying camps where people live part of the
year, and he was coerced in making this confession by
knife -- knifing marks on the legs and arm, body, and that
they got him to confess to doing it, to having done it, and
he was in jail, and he committed suicide in jail, and
wasn't allowed back to be buried in Nain, and he was buried
in Happy Valley, and I think his name was [S.U.].
[S.U.] -- something like that. I didn't know him before.
I only saw him once after -- you know, because he didn't
always live in that house, you know?

**MS. ALANA LEE:** Yeah. Just to go back, when
you said that -- when the incident -- when the assault
happened, like, the knife, with [Ex-husband], did you call
the police?

**MS. ROSE PAMACK:** Yes.

**MS. ALANA LEE:** And did they come to the
house --

**MS. ROSE PAMACK:** No.

**MS. ALANA LEE:** -- like, did they come to
your residence, or they just --

**MS. ROSE PAMACK:** No. They said they
couldn't be involved in domestic, and I had been given
antipsychotic drugs from the hospital, and -- that might
have been the time before because there were so many
assaults, I hardly know, but anyway, in one of the times, I
took a -- an overdose of the antipsychotic drugs, and I
call my friend, and he -- I guess he must have called the hospital because the ambulance came and took me to the hospital, and I slept for three days, and then I went back home again. You know, I tried to commit suicide, but that was the only occasion when I tried to commit suicide, but it was horrific, horrific, horrible, whatever you want to call it. I don't know how I lived through it.

**MS. ALANA LEE:** Yeah. And was the suicide attempt due to the domestic violence that you were experiencing?

**MS. ROSE PAMACK:** Yes.

**MS. ALANA LEE:** Okay.

**MS. ROSE PAMACK:** Because I felt it was out of control. There was nobody to help me.

**MS. ALANA LEE:** M'hm.

**MS. ROSE PAMACK:** And I didn't know what was wrong. I didn't know what was wrong. Definitely something wrong. I didn't know if the wrong came from him having taken drugs in St. John's and having flashbacks or -- although he said he -- he didn't take drugs in the valley, and that he had been on drugs and -- you know, that was happening, and we had a dog, a black dog, a black lab, and during one of the times when I was gone, because I had to travel all the time, I came back, and the dog is gone. I said, what happened? The dog died because some Innu
friends from Sheshashayee came in, and they ran over him in
the yard, and that's how he died.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: That -- you know? It was
a very sad kind of life.

MS. ALANA LEE: Yeah. Yeah. You mentioned
that you were taking antipsychotic medication and that's
what you overdosed. Do you have any diagnosis of any
mental health issues?

MS. ROSE PAMACK: So all these events, they
all affected the rest of my life. Like, I -- I wasn't
allowed to work anymore after I worked at OK Society, and I
was put on disability pension, and while I was working in
Nain, a nurse had written in my chart that I was a
schizophrenic. Of course, that -- I was, like, discredited
in every way possible, I would say, because that stuck,
that I was a schizophrenic, although I wasn't a
schizophrenic.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: I was given Modecate, I
think, for a while -- for -- in 1984, I was given medicine,
like, for a year, I think it was, that's to get off from
drinking, and I can't remember if it was
Modecate -- something start with M, Modecate or Melleril
or -- something like that.
MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: But I didn't take it after that here. I mean, you took it so long, and then you were weaned off it, and then you were off it, and -- and for me, it made me really, really fat, and -- and it was really horrible, you know, because you couldn't sit down even for five minutes. You couldn't sit down and have a smoke.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: And I was in the hospital for a month, and it was at the time when Kennedy crashed in the Mealy Mountains. I remember that. It was September, and there was a [Doctor 1] here, and he would say he was a psychiatrist when in actual fact he wasn't. They found out later in -- he was let go from the hospital, and then he had an office in the valley, and -- so he said, I can't give you this medicine, you have to go down to North West River, and there's a doctor down there, a [Doctor 2], and he's going to give you a needle, and -- so while I was there, I phoned up, and I said, I can't stay down here, I'm feeling really, really strange, really weird, and he said, you come up here now. So I went up to the hospital in -- in Goose Bay, and -- and I was given more of this thing, hey, and they didn't have -- like, when you have -- something has side effects, and then you use the something else to control the side effects, they said they
didn't have it, and I was in the hospital for a month, and at night -- by day, I'd be scurrying around, never stop, never stop, and -- and then at night, they would give you sleeping pills so that you could sleep.

**MS. ALANA LEE:** Hm.

**MS. ROSE PAMACK:** And at the -- I remember at the end of the -- end of the month, toward the end of the month, I was so, so tired from the constant motion. I was down on the floor, and I was crawling on the floor, and I was saying, I want to die; I can't do it anymore. And there was two men there. They both passed away now, Winters (ph) and Carson (ph), and they were there. They saw me do that.

But I went through really hellish things, and I remember being taken out of Nain, and I had been given some Haldol, I think, some kind of drug, sent to Goose Bay, and it made you -- it did something to your tongue. It looked like your tongue was sticking out or your tongue was curved like that.

**MS. ALANA LEE:** M'hm.

**MS. ROSE PAMACK:** And I was flying, like, maybe three hours to Goose Bay. So I went through all these really bad drug experiences and being told that I'm schizophrenic, and I'm not schizophrenic.

**MS. ALANA LEE:** M'hm.
MS. ROSE PAMACK: And -- but I went through a really bad time in my life when -- because of the domestic violence and the fear of what this person would do because he said he would kill me if I ever left him.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: And that's why I wonder -- I wondered -- like, I know that I have to come up here and talk about it because I feel that I have to do something to -- to help women who are subjected to domestic violence and talk about my experience. I don't know if these two people I mentioned -- [Senior Administrator 1], [Ex-husband] -- I don't know if these are the people who went and murdered Joanna Anderson. I don't know, but I can tell you how these people acted.

One -- I -- I'm getting mixed up now. Did I tell you about the time he stabbed the pork chop at noon, you know?

MS. ALANA LEE: No. No. So this was [Ex-husband]?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Yeah. Tell me about that.

MS. ROSE PAMACK: Yes, he would see this -- this thing around me, behind me.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: And we were in [address],
and --

**MS. ALANA LEE:** And so [building number], just so everybody's clear, that's on the military base?

**MS. ROSE PAMACK:** Military base on Canadian side --

**MS. ALANA LEE:** Okay. Yeah.

**MS. ROSE PAMACK:** -- that had been vacant and -- and the people from -- working at the college in Department of Education, they -- they occupied these barrack buildings.

**MS. ALANA LEE:** Okay.

**MS. ROSE PAMACK:** And I was getting ready -- they would give me a whack of money to take with me when I had to travel, and I was getting ready, hurrying up, getting my things ready, and I took the money, and I put it on one -- by the TV, and -- and then it disappeared, and I told [Ex-husband], oh, I don't know what happened, the money's gone. And then I went back in the room, and it was back there again, same place where I -- where I had placed it, and he got very angry, and he was punching me, and I was in the closet, and I went like this, and my -- my hands were really bruised -- bruised up because I was trying to save my face because I had to travel.

And -- and then on another time, he -- he had me down on the floor, and he was choking me. He was
sitting on my chest so that I couldn't breathe, and he was
choking me so that I couldn't breathe, and -- and he kept
saying, do you want to die? Do you want to die? Like
that, eh? And luckily, he -- he would stop himself.

And then just before Christmas, we went to
get the Christmas tree, and we came back, we had an axe,
and then all of a sudden, it would -- these things would
happen so suddenly without any warning, and he went down to
get the -- I'm going to get the axe, I'm going to chop you
in half. I think he said something like that, and -- and I
was just sitting in the armchair, the phone was here, and
he came upstairs, just like in the horror movie, running
upstairs, opens the door, and he's got the axe, and he's
coming toward me. I didn't know what to do. I just stood
up, and I stood to the side, and he came over, and he
chopped the phone in half.

And when we were at barrack block, I was at
the stove. I was getting some dinner out of
the -- potatoes or something out of the pot and put it on
the table. All of a sudden, he throws a knife and
hit -- and hit the wall, eh, and every time he -- he would
attack, he would use some kind of blade, some kind of
knife, axe, knife, flicky carpenter things, and -- so it
wasn't always the same. It wasn't always the same weapon,
but it was always the same sort of weapon, like a blade,
and that time that he had me down on the bed, he was going to dismember me. He told me that, and -- and -- and we were -- and that happened in the trailer.

So one dinner hour, I cooked some pork chops, I gave him his pork chops, and he stabbed -- he began to stab the pork chop, and he stabbed it so hard, so violently, that he broke the plate, and these things would come over him, and then they would leave.

And one night, we were at the trailer, and it was darkness, and he was looking out the window -- I mean, the window wasn't closed. Like, it wasn't -- there was no curtain there or anything to cover it, and he put his fist through the window, and -- it didn't go all the way through, but it injured his hand, and also -- I'm sort of losing track. I guess I probably tell the same story over and over. Yeah.

MS. ALANA LEE: No. No, you're telling it -- it's -- it's -- that's a lot to talk about. It sounds like, you know, you've been through a lot. That's a lot of violence.

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Yeah.

MS. ROSE PAMACK: And after I -- I was in Nain, I had left September 1976 to work in Nain, and then he turns up, and he's sitting on the chesterfield, and he
would not speak. You know, he got into that state where he
doesn't speak, and I would plead with him, tell somebody,
tell your friend, tell a priest, tell a medical person,
tell the police, tell somebody what's going on, and that
was when we were in Goose Bay yet, and -- and he was there
in Nain, and there's the chesterfield, and he was
there -- he had by that time one of those flicky knives you
use for carpentry, I don't know what you called, and he
would just sit there. He wasn't saying a word, just
flicking, flicking, flicking, flicking, like that with
the -- with the knife, eh, and -- you know? Sometimes he
would be all right. He'd be normal again, but he'd be in
the states where he would -- where he would talk -- he
wouldn't talk, eh? He was just -- I don't know what you
call it.

MS. ALANA LEE: Hm.

MS. ROSE PAMACK: And we lived across the
harbour, and...

MS. ALANA LEE: Did you have any children
together?

MS. ROSE PAMACK: No.

MS. ALANA LEE: No?

MS. ROSE PAMACK: I don't think he could
have any. He went to Davis Inlet, and he met somebody
there, and he claims that he had one there, but I don't
know, you know? That was the last time that I saw him, and he -- he was quite changed again. He seemed taller than me. He had a bald head, and it was outside the Friendship Centre. He said he's going to Davis Inlet because he has to go and look after his grandson or grandchild of some -- I think it was grandson, and he said he's going back there, and he hugged me, and -- but I knew, you know, I'm never, never going back to this person. I'm never going to talk to him. I'm never going to make any gesture toward him. I never want to go back because I -- I've already been burnt. You know, I could not possibly live through that again.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: And that was the last time I -- no, that wasn't, because I saw him -- the woman that he lived with, she was diabetic, and she died here in the valley not very long ago, within the decade, and my daughter and her two boys had come up. They were going on the boat, so I went to see them off, and he was there, and he was with a deaf and dumb lady, fairly attractive, and we would, like, make signs, and -- her name was [G.], but I've forgotten her second name, and that's who he was with -- that's the last time I saw him, I think. I don't know if he's alive. I don't know, you know, what happened to him, in the time. I know that I hadn't seen him for a
long time.

So I saw this person from Davis Inlet and I asked him, how's [Ex-husband] doing? And he said, oh, he left seven years or whatever, long time ago, anyway, and he went back to his home in [Town 1], but I -- I really didn't know, you know, what he was doing or, you know, what he was involved with.

MS. ALANA LEE: And so you grew up in Nain?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Did you grow up with both of your parents?

MS. ROSE PAMACK: Yes. Yes, I had -- my parents had a violent marriage.

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: So we went through that, and when I was about 2 years old, maybe -- before -- before I went to school --

MS. ALANA LEE: M'hm.

MS. ROSE PAMACK: -- my -- my mother had a nervous breakdown. She was taken to the Waterford in St. John's for maybe a year or part of a year. We were in Nain, and my dad had done some fox-trapping, so he made enough money to buy a boat and build a house and that, and then during the summer, we went to Anitsakak (ph), not too far from Nain where I did char-fishing, and after we came
back from the -- Nain, that's when she had her nervous
breakdown, and she thought she saw -- it was nighttime. I
don't know where my brothers and sisters were. I don't
know if they were living in the house, because I was too
small, and -- or whether they were in the boarding school.
There was a boarding school in Nain, and...

MS. ALANA LEE: Did you attend the boarding
school as well?

MS. ROSE PAMACK: No. I was the youngest
because I was close to confederation. I was confederation
baby, I guess, and Aunty Katie had already left, like,
in -- and it was a while. They were still a missionary
school, but we were then under a Provincial government.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: So -- so we -- we had
missionary teachers. We had one from Switzerland, and she
would teach us French before French became -- you know,
before Canada was bilingual, and we had to do it anyway,
and when I went teaching -- I used to teach French. It was
oral French, and I traveled different places as a teacher.

MS. ALANA LEE: Wow. You have quite
a -- like, quite an amazing employment history.

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: (Indiscernible).

MS. ROSE PAMACK: Yeah.
MS. ALANA LEE: Yeah, you've done a lot of jobs, a lot in education.

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: So your mom returned home after about a year, you said?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Yeah.

MS. ROSE PAMACK: Yes, and I remember that she was quite changed. Like, she had a perm in her hair, and she had lipstick on and handbag and -- you know, where they had been, you know, dressed in St. John's, like...

MS. ALANA LEE: Hm.

MS. ROSE PAMACK: And she would tell us that they would walk along the road and pick up bottles; recycling, I guess. That's what they would do while they were there.

MS. ALANA LEE: Is there anything else that you would like to share?

MS. ROSE PAMACK: Well, I've been through a lot of different violent episodes. I don't know if I've covered everything because I might have been repeating myself or -- or I was talking to her when I began telling the story.

MS. AMELIA REIMER: (Indiscernible).

MS. ROSE PAMACK: I might have told a story
more than once.

MS. ALANA LEE: Well, yes, and you covered everything.

(LAUGHTER)

MS. ALANA LEE: When you were talking to Lily (ph) earlier in the health intake --

MS. ROSE PAMACK: Yeah. Yeah.

MS. ALANA LEE: -- yeah, you did cover everything, and so you said that you wanted to talk about what -- your previous marriage, so with [Ex-husband], and then, also, with what happened at work, with [Senior Administrator 1], and you also did talk about your brother being -- Richard, missing, right?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: And not hearing anything back, and just one -- one thing I wanted to clarify, when you had called the -- when you had called the police for the domestic violence with [Ex-husband], did -- that was the RCMP in Happy Valley-Goose Bay?

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: Yes, they wouldn't respond. They said they don't get mixed up in domestic
squabbles, like, eh?

MS. ALANA LEE: Hm.

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: Hm. And so you -- you had also mentioned that you were part of a women's group. You formed a women's group --

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: -- looking at helping -- I guess more like a healing lodge or a shelter to help women?

MS. ROSE PAMACK: No. We didn't have anything at the time I was involved with them, this small group of women, Nain Women's Group, and we kept asking for money so we could have a place where women who were being assaulted could go and get help, eh, and stay there and get away from their husbands --

MS. ALANA LEE: Yeah.

MS. ROSE PAMACK: -- because there was just no way for them to get away, especially if you didn't speak English that well --

MS. ALANA LEE: Yeah.

MS. ROSE PAMACK: -- and you were being battered, and a lot of women in Nain were being battered at that time.

MS. ALANA LEE: Well, Rose, thank you. I'm just wondering -- we covered, I think, pretty much
MS. ROSE PAMACK: Yes.

MS. ALANA LEE: -- that you said that you wanted to cover --

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: -- at the beginning of the interview. Is there any -- anything else you can think of?

MS. ROSE PAMACK: No. I -- I think I've covered the worst parts. I mean, I've been through other violence, but those were the most pressing ones, I would say --

MS. ALANA LEE: Yeah. And so --

MS. ROSE PAMACK: -- that hurt me very much because I couldn't tell anybody, and they affected my work life and my mental health life and...

MS. ALANA LEE: M'hm. Absolutely. Is there -- is there a place where women can go in Nain now that you know of, for help?

MS. ROSE PAMACK: I -- I had a stroke, and I can't remember clearly. I think there is. I'm pretty sure there is.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: And are you aware of any supports and services in -- here in Happy Valley-Goose Bay
for women?

MS. ROSE PAMACK: Yes. Libra House.

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: We -- we live not too far from Libra House, and -- I should be moving in June from where I am down to another house there they're working on down by [location].

MS. ALANA LEE: Okay.

MS. ROSE PAMACK: Yeah.

MS. ALANA LEE: Okay. Well, thank you, Rose. It is 11:27, and I guess we're going to conclude the interview.

MS. ROSE PAMACK: Yes.

MS. ALANA LEE: Thank you.

MS. ROSE PAMACK: Yeah.

MS. AMELIA REIMER: You're going to do this part?

MS. ALANA LEE: Yeah. I'm just going to stop this.

--- Upon adjourning at 11:27 a.m.
LEGAL DICTA-TYPIST'S CERTIFICATE

I, Jenessa Leriger, Court Transcriber, hereby certify that I have transcribed the foregoing and it is a true and accurate transcript of the digital audio provided in this matter.

Jenessa Leriger

March 25, 2018